

# April 2024



# Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>11:00 AM</b> Iris Music Project: "The Last Repair Shop": Oscar Winner Screening and Discussion (MR)  <b>12:00 PM</b> Resident Council Meeting (TR)  <b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)  <b>1:30 PM</b> Make your own Friendship Bracelets with Milton Students (SH)  <b>2:00 PM</b> Balance (MR)  <b>2:00 PM</b> Bingo (MR)  <b>3:00 PM</b> Patty Reese (Rock, Rhythm, and Blues) (MR)  <b>7:15 PM</b> Mahjong Game (Resident Run) (#1)  <b>7:30 PM</b> Movie in the Meeting Room: "Hidden Figures" (MR)  <b>8:00 PM</b> Monday Night Movie "Housekeeping" (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)  <b>10:00 AM</b> Poker Game (#2)  <b>11:30 AM</b> Adventures in Visual Art: Jellyfish Water Color Painting Part 1 (TART)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>2:00 PM</b> Rosh Chodesh Group (#2)  <b>3:00 PM</b> BW &amp; The Danger (Three-Piece Acoustic Cover Band) (SH)  <b>7:30 PM</b> Sing Along Group (Resident Run) (MR)  <b>8:00 PM</b> Tuesday Night Movie "Runt" (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>11:00 AM</b> Guided Meditation (975 &amp; 8)  <b>11:00 AM</b> Art with Martina (TART)  <b>11:00 AM</b> History Discussion Group (Resident Run) (MR)  <b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR)  <b>2:00 PM</b> Jewish Scholar: Elijah-The Man, The Myth, the Legend with Steve Kerbel (MR)  <b>3:00 PM</b> Perspectives (Current Events) (MR)  <b>8:00 PM</b> Ballet: Tchaikovsky - Swan Lake (Bolshoi Ballet) (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)  <b>11:00 AM</b> French Conversation with Eliana (TR)  <b>1:00 PM</b> Ice Cream Thursdays (NL)  <b>1:00 PM</b> Iris Music Project: Music Committee (MR)  <b>2:00 PM</b> Chug Ivri- Hebrew Club (TR)  <b>2:00 PM</b> Bingo (MR)  <b>2:00 PM</b> Adventures in Visual Art: Jellyfish Water Color Painting Part 2 (TART)  <b>3:00 PM</b> Iris Music Project: Sammy Davis Jr. with Bernie and Lauren (SH)  <b>7:00 PM</b> Poker Game (Resident Run) (#2)  <b>7:30 PM</b> Movie in the Meeting Room: "While You Were Sleeping" (MR)  <b>8:00 PM</b> Thursday Night Movie "Boulevard" (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>11:00 AM</b> Iris Music Project: Ring House Singers (MR)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)  <b>2:00 PM</b> Diana Quinn (Country, bluegrass, and rock and roll from the 40s, 50s, and 60s) (SH)  <b>4:15 PM</b> Shabbat Services (MR)  <b>7:15 PM</b> Zemerot Sing Along  <b>8:30 PM</b> Friday Night Movie "Wild Prairie Rose" (975 &amp; 8)</p>	<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)  <b>10:00 AM</b> Movement (975 &amp; 8)  <b>10:00 AM</b> Poker Game (#2)  <b>10:30 AM</b> Shabbat Services (MR)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>1:00 PM</b> Scrabble Games (Resident Run) (#2)  <b>2:00 PM</b> Saturday Afternoon Movie "The Way Home" (975 &amp; 8)  <b>3:00 PM</b> Yiddish Speaking group (NL)  <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)  <b>8:00 PM</b> Saturday Night Movie "Before the Flood" (975 &amp; 8)</p>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)  <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>1:00 PM</b> Adventures in Visual Art: Fish with Magazine Scales (craft) (TART)  <b>2:00 PM</b> Brain Games (MR)  <b>2:00 PM</b> Sunday Afternoon Movie: "The Earthing Movie" (975 &amp; 8)  <b>3:00 PM</b> Russian Speakers Group (#2)  <b>3:00 PM</b> Laurie Handman Mangold (Jewish Music) (SH)  <b>3:15 PM</b> Mahjong Game (Resident run) (#1)  <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)  <b>7:00 PM</b> Poker Game (#2)  <b>8:00 PM</b> Sunday Night Movie "Just in Time" (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>11:00 AM</b> Iris Music Project: "Painting to Music with Lauren and Joanna (TART)  <b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)  <b>2:00 PM</b> Bingo (MR)  <b>3:00 PM</b> Seka Tokic (Piano/vocals pop rock) (SH)  <b>7:15 PM</b> Mahjong Game (Resident Run) (#1)  <b>7:30 PM</b> Movie in the Meeting Room: (MR)  <b>8:00 PM</b> Monday Night Movie (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)  <b>10:00 AM</b> Poker Game (#2)  <b>10:15 AM</b> Iris Music: Open Rehearsal (NL)  <b>11:00 AM</b> Life &amp; Leisure and transportation Committee Meeting (MR)  <b>11:30 AM</b> Adventures in Visual Art (TART)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>2:00 PM</b> Brain Fitness with Dana (TR)  <b>2:00 PM</b> Culinary Explorations (MR)  <b>2:00 PM</b> Technology Support with Jonathan (#2)  <b>3:00 PM</b> Iris Music Project: Poetry set to music-a creative match of art forms with Jeff and Joanna (SH)  <b>7:30 PM</b> Sing Along Group (Resident Run) (MR)  <b>8:00 PM</b> Tuesday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>10:00 AM</b> Jewish Committee Meeting (#1)  <b>11:00 AM</b> Guided Meditation (975 &amp; 8)  <b>11:00 AM</b> Poetry By the Fire Side (NL)  <b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR)  <b>2:00 PM</b> Jewish Scholar: Elijah-The Man, The Myth, the Legend with Steve Kerbel (MR)  <b>3:00 PM</b> Perspectives (Current Events) (MR)  <b>8:00 PM</b> Ballet Film (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)  <b>11:00 AM</b> Write in the Moment Creative Writing Course with Dana Tate Adams (TART)  <b>1:00 PM</b> Ice Cream Thursdays (NL)  <b>1:00 PM</b> Iris Music Project: Music Program Focus Group with Lauren (MR)  <b>2:00 PM</b> Bingo (MR)  <b>2:00 PM</b> Adventures in Visual Art (TART)  <b>3:00 PM</b> Iris Music Project: Popular works of classical music: Bach Brandenburg concerto (SH)  <b>7:00 PM</b> Poker Game (Resident Run) (#2)  <b>7:30 PM</b> Movie in the Meeting Room: (MR)  <b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)  <b>10:00 AM</b> Movement (MR)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)  <b>2:00 PM</b> Susan McNeilis (Pop, Jazz, Country, and Folk, Showtunes, Acoustic Guitar) (SH)  <b>3:00 PM</b> Learning and Discussion with Nina: "Balfour Declaration" (MR)  <b>4:15 PM</b> Shabbat Services (MR)  <b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)  <b>10:00 AM</b> Movement (975 &amp; 8)  <b>10:00 AM</b> Poker Game (#2)  <b>10:30 AM</b> Shabbat Services (MR)  <b>12:30 PM</b> Bridge (Resident Run) (#1)  <b>1:00 PM</b> Scrabble Games (Resident Run) (#2)  <b>2:00 PM</b> Saturday Afternoon Movie (975 &amp; 8)  <b>3:00 PM</b> Yiddish Speaking group (NL)  <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)  <b>7:15 PM</b> Music Listening Evening  <b>7:15 PM</b> Book Club (Resident Run) (#1)  <b>8:00 PM</b> Saturday Night Movie (975 &amp; 8)</p>

**Bold activity** = Sign up mandatory

WC = Wellness Center, MR = Meeting Room, TR = T.V. Room, TART = Terrace Art Studio, SH = Social Hall, #1 = Activity Room #1, 975 & 8 = Channels 975 and 8, #2 = Activity Room #2, NL = North Lobby, DR = Dining Room

14	15	16	17	18	19	20
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>11:00 AM</b> 9th Street Chamber Music Peformance (SH)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Adventures in Visual Art: (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:00 PM</b> Alan MacEwan &amp; the Grandsons (American, Island Music and more) (SH)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:00 PM</b> Poker Game (#2)</p> <p><b>8:00 PM</b> Sunday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Iris Music Project: "Beethoven's Debut: Iris Trio plays Opus 1, No 1 (SH)</p> <p><b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)</p> <p><b>1:00 PM</b> Voting Registration with the League of Woman Voters (MR)</p> <p><b>2:00 PM</b> Short Story Group (TR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>3:00 PM</b> Sally Mae Foster (Folk and American) (SH)</p> <p><b>7:15 PM</b> Mahjong Game (Resident Run) (#1)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Monday Night Movie (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>10:15 AM</b> Iris Music: Open Rehearsal (NL)</p> <p><b>11:00 AM</b> Poker Game (#2)</p> <p><b>11:15 AM</b> Hadassah Meeting: (MR)</p> <p><b>11:30 AM</b> Adventures in Visual Art (TART)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>3:00 PM</b> Iris Music Project: Helaine's Shows (SH)</p> <p><b>7:30 PM</b> Sing Along Group (Resident Run) (MR)</p> <p><b>8:00 PM</b> Tuesday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Guided Meditation (975 &amp; 8)</p> <p><b>11:00 AM</b> Art with Martina (TART)</p> <p><b>11:00 AM</b> History Discussion Group (Resident Run) (MR)</p> <p><b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR)</p> <p><b>2:00 PM</b> Jewish Scholar: (MR)</p> <p><b>3:00 PM</b> Resident Town Hall (SH)</p> <p><b>3:00 PM</b> Perspectives (Current Events) (MR)</p> <p><b>7:15 PM</b> Game Night with Jewish Social Scene (MR)</p> <p><b>8:00 PM</b> Opera Film: (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>11:00 AM</b> Jewish Art Education: 100 Jewish Artists: Mid-20th Century - Europe and Beyond (MR)</p> <p><b>1:00 PM</b> Ice Cream Thursdays (NL)</p> <p><b>1:00 PM</b> Iris Music Project: Discussion Group: What is Music and Why do we love it (MR)</p> <p><b>2:00 PM</b> Chug Ivri- Hebrew Club (TR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>2:00 PM</b> Adventures in Visual Art (TART)</p> <p><b>3:00 PM</b> Larzine Talley (Big Band/Jazz) (SH)</p> <p><b>7:00 PM</b> Poker Game (Resident Run) (#2)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Iris Music Project: Ring House Singers (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)</p> <p><b>1:30 PM</b> "Educational Lecture by Dr. Joanne Kinney of HIRSH Health Center" (SH)</p> <p><b>2:30 PM</b> Kristoffer Belgica (Jewish Music) (SH)</p> <p><b>4:15 PM</b> Shabbat Services (MR)</p> <p><b>7:15 PM</b> Zemerot Sing Along</p> <p><b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement (975 &amp; 8)</p> <p><b>10:00 AM</b> Poker Game (#2)</p> <p><b>10:30 AM</b> Shabbat Services (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Scrabble Games (Resident Run) (#2)</p> <p><b>2:00 PM</b> Saturday Afternoon Movie (975 &amp; 8)</p> <p><b>3:00 PM</b> Yiddish Speaking group (NL)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>8:00 PM</b> Saturday Night Movie (975 &amp; 8)</p>
21	22	23	24	25	26	27
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Adventures in Visual Art: (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:00 PM</b> Gail Shanta (Harpist) (SH)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:00 PM</b> Poker Game (#2)</p> <p><b>8:00 PM</b> Sunday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Iris Music Project: Music for Passover with the Trio (SH)</p> <p><b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)</p> <p><b>2:00 PM</b> Bingo (SH)</p> <p><b>3:00 PM</b> Once Upon a Time on Washington's Finest Pianos Performance (MR)</p> <p><b>4:30 PM</b> Passover Dinner (No Rabbi or Seder) (DR)</p> <p><b>6:00 PM</b> Passover Dinner (with Rabbi and Seder) (DR)</p>	<p><b>4:30 PM</b> Passover Dinner (No Rabbi or Seder) (DR)</p> <p><b>6:00 PM</b> Passover Dinner (with Rabbi and Seder) (DR)</p>	<p><b>2:00 PM</b> Chocolate Seder with Rabbi Emily Meyer (MR)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>1:00 PM</b> Ice Cream Thursdays (NL)</p> <p><b>1:00 PM</b> Iris Music Project: Reflecting on the music program with Lauren (Survey) (MR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>2:00 PM</b> Adventures in Visual Art (TART)</p> <p><b>2:00 PM</b> Technology Support with Jonathan (#2)</p> <p><b>3:00 PM</b> Iris Music Project: Shakespeare's Influence on Music (SH)</p> <p><b>7:00 PM</b> Poker Game (Resident Run) (#2)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)</p> <p><b>2:00 PM</b> Eric Scott Duo (Popular oldies Music) (SH)</p> <p><b>4:15 PM</b> Shabbat Services (MR)</p> <p><b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement (975 &amp; 8)</p> <p><b>10:00 AM</b> Poker Game (#2)</p> <p><b>10:30 AM</b> Shabbat Services (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Scrabble Games (Resident Run) (#2)</p> <p><b>2:00 PM</b> Saturday Afternoon Movie (975 &amp; 8)</p> <p><b>3:00 PM</b> Yiddish Speaking group (NL)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:15 PM</b> Music Listening Evening</p> <p><b>8:00 PM</b> Saturday Night Movie (975 &amp; 8)</p>
28	29	30				
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p>	<p><b>10:30 AM</b> Passover Services with Rabbi Mark Raphael (MR)</p>	<p><b>10:30 AM</b> Passover Services with Yizkor with Rabbi Mark Raphael (MR)</p>				

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<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Adventures in Visual Art: (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:00 PM</b> David Pearl Duo (Jewish Music) (SH)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:00 PM</b> Poker Game (#2)</p> <p><b>8:00 PM</b> Sunday Night Movie (975 &amp; 8)</p>						
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