

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Monday, March 6, 2023

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 10:30 AM Adventures in Visual Art: Painting a Cherry Blossom Scene
Terrace Art Studio
- 11:00 AM Indoor Walks
South Lobby
- 11:00 AM Life & Music of Beethoven with trio
Social Hall
- 12:00 PM Noon News
Channels 975 and 8
- 12:00 PM Resident Council Meeting
T.V. Room
- 1:00 PM Chair Yoga
Meeting Room
- 1:30 PM Balance
Meeting Room
- 2:00 PM Bingo
Meeting Room
- 3:00 PM Ro Cube Trio- Pop Rock and Standards
Social Hall
- 4:00 PM Great Courses: "Dead Sea Scrolls" (Lecture 19)
Channels 975 and 8

7:00 PM Megillah Reading
Meeting Room

7:00 PM Noon News
Channels 975 and 8

8:00 PM Monday Night Movie: "The Volcano Rescue From Whakaari"
Channels 975 and 8



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LIFE COMMUNITIES

Tuesday, March 7, 2023

- 9:00 AM Fun Finds at 9
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 10:00 AM Megillah Reading
Meeting Room
- 11:00 AM Purim Play!
Social Hall
- 12:00 PM Noon News
Channels 975 and 8
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 2:00 PM Culinary Explorations: Hamantaschen
North Lobby
- 4:00 PM Great Courses: "The Wonders of American State Parks"
(Lecture 21)
Channels 975 and 8
- 7:00 PM Noon News
Channels 975 and 8
- 7:30 PM Movie in the Meeting Room: "Little Miss Sunshine"
Meeting Room
- 8:00 PM Tuesday Night Movie: "All the Places"
Channels 975 and 8



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Wednesday, March 8, 2023

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Guided Meditation
Channels 975 and 8
- 12:00 PM Town Hall
Channels 975 and 8
- 1:00 PM Seated Cardio Kickboxing
Meeting Room
- 1:30 PM Traveling Chairs
Meeting Room
- 2:00 PM Adventures in Visual Art (bring and work on your own art projects)
Terrace Art Studio
- 2:00 PM Visiting Jewish Scholars: The Rabbi's Ancient Passover with Rabbi Greenspoon
Meeting Room
- 3:00 PM Ring House Road Show: Share one song or artist who you like
Social Hall
- 7:00 PM Singer and Keyboardist Bob Clark
Social Hall
- 8:00 PM Opera Film: "La Traviata"
Channels 975 and 8



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Thursday, March 9, 2023

- 9:00 AM Fun Finds at 9
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 11:00 AM French Conversation with Eliana
T.V. Room
- 11:00 AM Life & Music of Judy Garland with Bernie & Jiyong
Social Hall
- 12:00 PM Noon News
Channels 975 and 8
- 1:00 PM Writing and Reciting and Trivia
Meeting Room
- 1:00 PM Ping Pong with Mary
Activity Room #3
- 1:00 PM Ice Cream Thursdays
North Lobby
- 2:00 PM Bingo
Meeting Room
- 3:00 PM Ayo Owolabi Duo-Jazz/soul
Social Hall
- 7:00 PM Noon News
Channels 975 and 8
- 8:00 PM Thursday Night Movie: "Kangaroo Valley"
Channels 975 and 8



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LIFE COMMUNITIES

Friday, March 10, 2023

- 9:00 AM Fun Finds at 9
Channels 975 and 8
- 10:00 AM Movement
Meeting Room
- 11:00 AM Indoor Walks
South Lobby
- 12:00 PM Noon News
Channels 975 and 8
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Dancing with Bernie and Happy Hour
North Lobby
- 1:00 PM Chair Yoga
Meeting Room
- 1:30 PM Balance
Meeting Room
- 3:00 PM Back to Bach with Lauren
Social Hall
- 4:15 PM Shabbat Services
Meeting Room
- 7:00 PM Noon News
Channels 975 and 8
- 8:30 PM Friday Night Movie: The Lorax (In Honor of Dr. Seuss's
Birthday)
Channels 975 and 8



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LIFE COMMUNITIES

Saturday, March 11, 2023

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 10:30 AM Shabbat Services
Meeting Room
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Virtual Exploration
Channels 975 and 8
- 2:00 PM Saturday Afternoon Movie: "Once"
Channels 975 and 8
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 7:15 PM Music Listening Evening: Mickey Katz American Composer
North Lobby
- 8:00 PM Saturday Night Movie: "Definitely Maybe"
Channels 975 and 8



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LIFE COMMUNITIES

Sunday, March 12, 2023

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 11:00 AM Ariel Jacobsen-Pop Rock
Social Hall
- 12:30 PM Adventures in Visual Art:
Terrace Art Studio
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Virtual Explorations
Channels 975 and 8
- 1:00 PM Poker Players
Activity Room #2
- 2:00 PM Claudia Gargiulo & Company- Jazz/latin
- 2:00 PM Sunday Afternoon Movie: "Summer Catch"
Channels 975 and 8
- 3:00 PM Russian Speakers Group
Activity Room #2
- 3:15 PM Knitting and Crocheting Club
Activity Room #1
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 8:00 PM Sunday Night Movie: "Something New"
Channels 975 and 8

Movies

8:00 PM Monday, March 6th “The Volcano Rescue from Whakaari” 2022 PG-13/1h 28m Portrays human bravery and resilience after a tragic volcano disaster in New Zealand.

7:30 PM Movie in the Meeting Room Tuesday March 7th “Little Miss Sunshine” 2006 R/ 1h 41m A family determined to get their young daughter in the finals of beauty pageant take a cross-country trip in their VW bus.

8:00 PM Tuesday, March 7th “All the Places” 2023 TV-MA/1h 37m An estranged brother and sister reunite at their father’s funeral and make a spur of the moment decision to fulfill their childhood dream of driving across Mexico on their old motorbike.

8:00 PM Wednesday, March 8th **Opera Film** “La Traviata” Spain, early 19th century, during the Peninsular War. The commander of the Royalist Aragon troops, Count di Luna, is obsessed with Leonora, a young noblewoman in the queen’s service, who does not return his love. Outside the royal residence, his soldiers keep watch at night. They have heard an unknown troubadour serenading Leonora, and the jealous count is determined to capture and punish him.

8:00 PM Thursday, March 9th “Kangaroo Valley” 2022 TV-PG/1h 16m Coming-of age story of a young kangaroo joey call Mala, learning what it takes to survive her incredible first year. Only one in five joeys make it to their first birthday. Mala’s greatest enemy is the dingo pack that stalks her family.

8:30 PM Friday, March 10th “The Lorax” 2012 PG/1h 26m A 12-year-old boy searches for the one thing that will enable him to win the affection of the girl of his dreams. To find it he must discover the story of the Lorax, the grumpy yet charming creature who fights to protect the world.

2:00 PM Saturday, March 11th “Once” 2007 R/1h 26m A modern-day musical about a busker and an immigrant and their eventful week in Dublin, as they write, rehearse and record songs that tell their love story.

8:00 PM Saturday, March 11th “Definitely Maybe” 2008 PG-13/1h 52m A political consultant tries to explain his impending divorce and past relationship to his 11-year old daughter.

2:00 PM Sunday, March 12th “Summer Catch” 2001 PG-13/ 1h 44m A rich girl whose family simmers on Cape Cod has a romance with a local poor boy who hopes to become a major league baseball player.

8:00 PM Sunday, March 12th “Something New” 2006 PG-13/1h 39m Kenya
McQueen, an accountant finds love in the most unexpected place when she agrees to go on a blind date with Brian Kelly, a sexy and free-spirited landscaper.