

Activities Calendar



Charles E. Smith
LIFE COMMUNITIES

Monday, September 18, 2023

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Music and Movement with Jiyoung
Meeting Room
- 11:00 AM Painting to Music with Jiyoung and Lauren
Terrace Art Studio
- 11:00 AM Indoor Walks
South Lobby
- 1:30 PM Balance
Social Hall
- 2:00 PM Bingo
Meeting Room
- 2:00 PM Short Story Group
T.V. Room
- 3:00 PM Group Guided Meditation
Activity Room #4
- 7:30 PM Movie in the Meeting Room: "The World According to Garp"
Meeting Room
- 8:00 PM Monday Night Movie: "Love at First Sight"
Channels 975 and 8



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LIFE COMMUNITIES

Tuesday, September 19, 2023

- 10:00 AM Movement
Channels 975 and 8
- 12:30 PM Theater J: Finding Your Voice: A Storytelling Journey Course
Terrace Art Studio
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM National Voter Registration Day
Meeting Room
- 2:00 PM Culinary Explorations
North Lobby
- 7:00 PM Poker Game
Activity Room #2
- 7:30 PM Sing Along Group (Resident Run)
Meeting Room
- 8:00 PM Tuesday Night Movie: "Anchorman"
Channels 975 and 8



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LIFE COMMUNITIES

Wednesday, September 20, 2023

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Art with Marina
Terrace Art Studio
- 11:00 AM Guided Meditation
Channels 975 and 8
- 11:00 AM Outdoor Walks
South Lobby
- 1:00 PM Adventures in Visual Art: Painting one of Vica's Photos
Terrace Art Studio
- 1:30 PM Balance
Social Hall
- 2:00 PM Jewish Scholar: Jonah, the Reluctant Prophet part 2 with Steve Kerbel
Meeting Room
- 7:00 PM Perspectives
Meeting Room
- 8:00 PM Opera Film: "The Barber of Seville"
Channels 975 and 8



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LIFE COMMUNITIES

Thursday, September 21, 2023

- 10:00 AM Movement
Channels 975 and 8
- 11:00 AM French Conversation with Eliana
T.V. Room
- 1:00 PM Ice Cream Thursdays
North Lobby
- 1:00 PM Ping Pong with Mary
Activity Room #3
- 1:00 PM Brain Games: Word in a Word
Meeting Room
- 2:00 PM Chug Ivri- Hebrew Club
T.V. Room
- 2:00 PM Bingo
Meeting Room
- 3:00 PM Laurie Mangold Music Performance (Guitar/Vocals- Rock,
Jewish Folk)
Social Hall
- 7:00 PM Poker Game (Resident Run)
Activity Room #2
- 7:30 PM Movie in the Meeting Room: White Nights
Meeting Room
- 8:00 PM Thursday Night Movie: "Field of Dreams"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Friday, September 22, 2023

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Iris Music Project: The Singing Group with Roz and Jiyoung
Meeting Room
- 11:00 AM Outdoor Walks
South Lobby
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Dancing with Bernie and Happy Hour
North Lobby
- 1:30 PM Balance
Social Hall
- 3:00 PM Iris Music Project: Music for Days of Awe
Social Hall
- 4:15 PM Shabbat Services
Social Hall
- 8:30 PM Friday Night Movie: "Audrey"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Saturday, September 23, 2023

- 10:00 AM Movement
Channels 975 and 8
- 10:30 AM Shabbat Services
Social Hall
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Scrabble Games (Resident Run)
Activity Room #2
- 2:00 PM Saturday Afternoon Movie: "The Perfect Bid"
Channels 975 and 8
- 3:00 PM Yiddish Speaking group
North Lobby
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 8:00 PM Saturday Night Movie: "Uncle Buck"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Sunday, September 24, 2023

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:00 AM Movement
Channels 975 and 8
- 11:00 AM Iris Music Project: Kol Nidre and other works with Cello
Crossing
Social Hall
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Adventures in Visual Art: Paint one of Vica's Photos
Terrace Art Studio
- 2:00 PM Seka Tokic Music Performance
Social Hall
- 2:00 PM Sunday Afternoon Movie: Surfs Up
Channels 975 and 8
- 3:00 PM Russian Speakers Group
Library
- 3:15 PM Knitting and Crocheting Club
Activity Room #1
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 7:00 PM Kol Nidre Services with Rabbi Michaels
Social Hall

Movies

7:30 PM Monday Movie in the Meeting Room September 18 **“The World According to Garp”** 1982 R/ 2h 16m A struggling young writer finds his life and work dominated by his unfaithful wife and his feminist mother, whose best-selling manifesto turns her into a cultural icon.

8:00 PM Monday Night Movie September 18 **“Love at First Sight”** 2023 PG-13/1h 30m Hadley and Oliver begin to fall for each other on their flight from New York to London. The probability of ever finding each other again seems impossible, but love and London may have a way of defying the odds.

8:00 PM Tuesday Night Movie September 19 **“Anchorman: The Legend of Ron Burgundy”** 2004 PG-13/1h 34m In the 1970s, an anchorman's stint as San Diego's top-rated newsreader is challenged when an ambitious newswoman becomes his co-anchor.

8:00 PM Wednesday Opera September 20 **“The Barber of Seville”** is a witty tale of bribery, deception, disguise, and of course, true love. Figaro – the local barber who, in fact, does much more than cut hair – is the ultimate “wingman.”

7:30 PM Thursday Movie in the Meeting Room September 21 **“White Nights”** 1985 PG-13/2h 16m A Russian American ballet dancer's airplane is forced to land in USSR, where he's “repatriated”. He stays with an American man married to a Russian. Will the American help him flee USSR?

8:00 PM Thursday Night Movie September 21 **“Field of Dreams”** 1989 PG/1h 47m Iowa farmer Ray Kinsella is inspired by a voice he can't ignore to pursue a dream he can hardly believe. Supported by his wife, Ray begins the quest by turning his ordinary cornfield into a place where dreams can come true.

8:30 PM Friday Night Movie September 22 **“Audrey”** 2020 TV-14/1h 40m An intimate portrait of legendary Hollywood actress, fashion icon and humanitarian Audrey Hepburn, who stood for love above all else.

2:00 PM Saturday Afternoon Movie September 23 **“The Perfect Bid”** 2017 TV-PG/1h 12m The story of Ted Slauson, a contestant who gamed the rules of The Price is Right (1972) extensive analysis and became a sensation on the game show.

8:00 PM Saturday Night Movie September 23 **“Uncle Buck”** 1989 PG/1h 40m Laid back commitment-phobe Buck babysits his brother's rebellious teenage daughter and cute younger brother and sister.

2:00 PM Sunday Afternoon Movie September 24 **“Surfs up”** 2007 PG/1h 25m A behind-the-scenes look at the annual Penguin World Surfing Championship, and its new participant, up-and-comer Cody Maverick.