

# May 2024



# Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Guided Meditation (975 & 8) <b>11:00 AM</b> History Discussion Group (Resident Run) (MR) <b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR) <b>2:00 PM</b> Jewish Scholar: Series: Jerusalem in Words and Images with Rabbi David Greenspoon (MR) <b>3:00 PM</b> Perspectives (Current Events) (MR) <b>7:15 PM</b> JewKvox "Jewish Acapella" Performance (SH) <b>8:00 PM</b> Opera Film: "Puccini: Madama Butterfly (975 & 8)	<b>2</b> <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>1:00 PM</b> Ice Cream Thursdays (NL) <b>2:00 PM</b> Chug Ivri- Hebrew Club (TR) <b>2:00 PM</b> Bingo (MR) <b>2:00 PM</b> Adventures in Visual Art Paint Rain Scenery (TART) <b>3:00 PM</b> Janet Greene -Voilin-classical and or/singalong (SH) <b>7:00 PM</b> Poker Game (Resident Run) (#2) <b>7:30 PM</b> Movie in the Meeting Room: "The Thing About My Folks" (MR) <b>8:00 PM</b> Thursday Night Movie "Married Life" (975 & 8)	<b>3</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Iris Music Project: Ring House Singers (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL) <b>2:00 PM</b> Patty Reese- Vocals-Rock Rhythm and Blues (MR) <b>4:15 PM</b> Shabbat Services (MR) <b>7:15 PM</b> Zemerot Sing Along (#4) <b>8:30 PM</b> Friday Night Movie "Tempest" (975 & 8)	<b>4</b> <b>9:00 AM</b> Soothing Nature Sounds (975 & 8) <b>10:00 AM</b> Movement (975 & 8) <b>10:00 AM</b> Poker Game (#2) <b>10:30 AM</b> Shabbat Services (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Scrabble Games (Resident Run) (#2) <b>2:00 PM</b> Saturday Afternoon Movie, "Finding Love in Big Sky, Montana" (975 & 8) <b>3:00 PM</b> Yiddish Speaking group (NL) <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 & 8) <b>8:00 PM</b> Saturday Night Movie "The Magic of Ordinary Days" (975 & 8)
<b>5</b> <b>9:00 AM</b> Soothing Nature Sounds (975 & 8) <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Adventures in Visual Art Cinco De Mayo: Abstract Cactus, Frida Kahlo Painting (TART) <b>2:00 PM</b> Brain Games (MR) <b>2:00 PM</b> Sunday Afternoon Movie: "Crazy on the Outside" (975 & 8) <b>3:00 PM</b> Russian Speakers Group (#2) <b>3:00 PM</b> Empty Ecstasy Duo- Vocals, guitar, pop, and rock (SH) <b>3:15 PM</b> Mahjong Game (Resident run) (#1) <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 & 8) <b>7:00 PM</b> Poker Game (#2) <b>8:00 PM</b> Sunday Night Movie " Life Changes Everything" (975 & 8)	<b>6</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Iris Music Project: Marking Yom HaShoah with the Trio (SH) <b>12:00 PM</b> Resident Council Meeting (TR) <b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART) <b>2:00 PM</b> Bingo (MR) <b>3:00 PM</b> Learning and Discussion with Nina: (MR) <b>7:15 PM</b> Mahjong Game (Resident Run) (#1) <b>7:30 PM</b> Movie in the Meeting Room: "Fool's Gold" (MR) <b>8:00 PM</b> Monday Night Movie "Nothing in Common" (975 & 8)	<b>7</b> <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>10:00 AM</b> Poker Game (#2) <b>10:15 AM</b> Iris Music Project: A celebration of Beethoven featuring the Ring House Singers (SH) <b>11:30 AM</b> Adventures in Visual Art May Seasonal Veggie Water Painting (TART) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>3:00 PM</b> Performer TBD (Please check Cubigo for updates) (SH) <b>3:00 PM</b> Anna Ellsworth (Harpist) (SH) <b>7:30 PM</b> Sing Along Group (Resident Run) (MR) <b>8:00 PM</b> Tuesday Night Movie "Northern Borders" (975 & 8)	<b>8</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Jewish Committee Meeting (#4) <b>10:00 AM</b> Movement (SH) <b>11:00 AM</b> Guided Meditation (975 & 8) <b>11:00 AM</b> Poetry & writing by the Fire (NL) <b>12:30 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (SH) <b>2:00 PM</b> Jewish Scholar: (SH) <b>3:00 PM</b> Resident Town Hall (SH) <b>7:00 PM</b> Singer and Keyboardist Bob Clark Performance (SH) <b>8:00 PM</b> Ballet Film "Coppelia" (975 & 8)	<b>9</b> <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>1:00 PM</b> Ice Cream Thursdays (NL) <b>2:00 PM</b> Bingo (MR) <b>2:00 PM</b> Rosh Chodesh Group (#4) <b>2:00 PM</b> Adventures in Visual Art May Seasonal Strawberry Acrylic Painting (TART) <b>3:00 PM</b> Ari Jacobson (Vocalist & Guitar) (SH) <b>7:00 PM</b> Poker Game (Resident Run) (#2) <b>7:30 PM</b> Movie in the Meeting Room: "My Blue Heaven" (MR) <b>8:00 PM</b> Thursday Night Movie "Bonneville" (975 & 8)	<b>10</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Iris Music Project: Music Program with Jiyoung (SH) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL) <b>2:00 PM</b> Abby Schaffer (Vocalist & Keyboardist) (SH) <b>4:15 PM</b> Shabbat Services (MR) <b>8:30 PM</b> Friday Night Movie "These Old Broads" (975 & 8)	<b>11</b> <b>9:00 AM</b> Soothing Nature Sounds (975 & 8) <b>10:00 AM</b> Movement (975 & 8) <b>10:00 AM</b> Poker Game (#2) <b>10:30 AM</b> Shabbat Services (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Scrabble Games (Resident Run) (#2) <b>2:00 PM</b> Saturday Afternoon Movie "An American Rhapsody (975 & 8) <b>3:00 PM</b> Yiddish Speaking group (NL) <b>4:00 PM</b> Seated Chair Exercise: Yoga (975 & 8) <b>7:15 PM</b> Music Listening Evening <b>7:15 PM</b> Book Club (Resident Run) (#4) <b>8:00 PM</b> Saturday Night Movie " Like Dandelion Dust" (975 & 8)
<b>12</b> <b>9:00 AM</b> Soothing Nature Sounds (975 & 8) <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1)	<b>13</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement and Music with Joanna (MR) <b>11:00 AM</b> Paining to Music (TART) <b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)	<b>14</b> <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>10:00 AM</b> Poker Game (#2) <b>10:15 AM</b> Iris Music: Open Rehearsal (NL) <b>11:00 AM</b> Life & Leisure and transportation Committee Meeting (#4)	<b>15</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Guided Meditation (975 & 8) <b>11:00 AM</b> History Discussion Group (Resident Run) (MR) <b>1:00 PM</b> Great Courses: "From Monet to Van	<b>16</b> <b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR) <b>11:00 AM</b> Write in the Moment Creative Writing Course with Dana Tate Adams (TART) <b>11:00 AM</b> TaylorMarie's Shopping for your Fashion, Your Style, Your Place (MR)	<b>17</b> <b>9:30 AM</b> Blood Pressure Checks (WC) <b>10:00 AM</b> Movement (MR) <b>11:00 AM</b> Iris Music Project: Ring House Singers (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Dancing with DJ Foxy Frankie and	<b>18</b> <b>9:00 AM</b> Soothing Nature Sounds (975 & 8) <b>10:00 AM</b> Movement (975 & 8) <b>10:00 AM</b> Poker Game (#2) <b>10:30 AM</b> Shabbat Services (MR) <b>12:30 PM</b> Bridge (Resident Run) (#1) <b>1:00 PM</b> Scrabble Games (Resident Run)

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<p><b>1:00 PM</b> Adventures in Visual Art: May Seasonal Rhubarb Acrylic Painting (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: "5 Golden Hours" (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:00 PM</b> Poker Game (#2)</p> <p><b>8:00 PM</b> Sunday Night Movie " Smothered by Mothers" (975 &amp; 8)</p>	<p><b>2:00 PM</b> Bingo (MR)</p> <p><b>3:00 PM</b> Guitarist Vladimir Friedman Performance (SH)</p> <p><b>7:15 PM</b> Mahjong Game (Resident Run) (#1)</p> <p><b>7:15 PM</b> Sing Along with Jewish Social Scene (MR)</p> <p><b>8:00 PM</b> Monday Night Movie (975 &amp; 8)</p>	<p><b>11:30 AM</b> Adventures in Visual Art (TART)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>2:00 PM</b> Brain Fitness with Dana (TR)</p> <p><b>3:00 PM</b> Iris Music Project: "Parisian "Clair De Lune" with Joanna (SH)</p> <p><b>7:30 PM</b> Sing Along Group (Resident Run) (MR)</p> <p><b>8:00 PM</b> Tuesday Night Movie (975 &amp; 8)</p>	<p>Gogh: A History of Impressionism" (MR)</p> <p><b>2:00 PM</b> Jewish Scholar: (MR)</p> <p><b>3:00 PM</b> Perspectives (Current Events) (MR)</p> <p><b>8:00 PM</b> Opera Film: (975 &amp; 8)</p>	<p><b>12:00 PM</b> TaylorMarie's Fashion Show (NL)</p> <p><b>1:00 PM</b> Ice Cream Thursdays (NL)</p> <p><b>1:00 PM</b> Iris Music Project: Reflecting on the Music Program: Survey (#4)</p> <p><b>2:00 PM</b> Chug Ivri- Hebrew Club (TR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>2:00 PM</b> Adventures in Visual Art (TART)</p> <p><b>3:00 PM</b> Eric Selby (Singer, Guitar, and Drums) (SH)</p> <p><b>7:00 PM</b> Poker Game (Resident Run) (#2)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p>Happy Hour (NL)</p> <p><b>2:00 PM</b> Iris Music Project: "The Neils: Neil Sedaka and Neil Dimond with Carol and Lauren (SH)</p> <p><b>4:15 PM</b> Shabbat Services (MR)</p> <p><b>7:15 PM</b> Zemerot Sing Along (#4)</p> <p><b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	<p>(#2)</p> <p><b>2:00 PM</b> Saturday Afternoon Movie (975 &amp; 8)</p> <p><b>3:00 PM</b> Yiddish Speaking group (NL)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>8:00 PM</b> Saturday Night Movie (975 &amp; 8)</p>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>11:00 AM</b> Rear View Mirror Performance (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Adventures in Visual Art: (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:00 PM</b> Susan McNeils (Vocalist &amp; Guitarist) (MR)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:00 PM</b> Poker Game (#2)</p> <p><b>8:00 PM</b> Sunday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Iris Music Project: Ring Birthday Party (Jan-May) (SH)</p> <p><b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)</p> <p><b>2:00 PM</b> Short Story Group (TR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>3:00 PM</b> Learning and Discussion with Nina: (MR)</p> <p><b>7:15 PM</b> Mahjong Game (Resident Run) (#1)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Monday Night Movie (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>10:00 AM</b> Poker Game (#2)</p> <p><b>10:15 AM</b> Iris Music: Open Rehearsal (NL)</p> <p><b>11:15 AM</b> Hadassah Meeting: (MR)</p> <p><b>11:30 AM</b> Adventures in Visual Art (TART)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>3:00 PM</b> Iris Music Project: Silences and Pauses- When no music is good music with Joanna (SH)</p> <p><b>7:30 PM</b> Sing Along Group (Resident Run) (MR)</p> <p><b>8:00 PM</b> Tuesday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Guided Meditation (975 &amp; 8)</p> <p><b>11:00 AM</b> Poetry &amp; writing by the Fire (NL)</p> <p><b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR)</p> <p><b>2:00 PM</b> Jewish Scholar: (MR)</p> <p><b>3:00 PM</b> Perspectives (Current Events) (MR)</p> <p><b>8:00 PM</b> Ballet Film (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>11:00 AM</b> Jewish Art Education: 100 Jewish Artists: Mid-20th Century - Europe to America (MR)</p> <p><b>1:00 PM</b> Ice Cream Thursdays (NL)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>2:00 PM</b> Adventures in Visual Art (TART)</p> <p><b>3:00 PM</b> Hays Dowdy (Vocalist, Guitar) (SH)</p> <p><b>7:00 PM</b> Poker Game (Resident Run) (#2)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)</p> <p><b>2:00 PM</b> Annie Stokes (Vocalist, Guitar) (SH)</p> <p><b>4:15 PM</b> Shabbat Services (MR)</p> <p><b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement (975 &amp; 8)</p> <p><b>10:00 AM</b> Poker Game (#2)</p> <p><b>10:30 AM</b> Shabbat Services (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Scrabble Games (Resident Run) (#2)</p> <p><b>2:00 PM</b> Saturday Afternoon Movie (975 &amp; 8)</p> <p><b>3:00 PM</b> Yiddish Speaking group (NL)</p> <p><b>4:00 PM</b> Seated Chair Exercise: Yoga (975 &amp; 8)</p> <p><b>7:15 PM</b> Music Listening Evening</p> <p><b>8:00 PM</b> Saturday Night Movie (975 &amp; 8)</p>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<p><b>9:00 AM</b> Soothing Nature Sounds (975 &amp; 8)</p> <p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Adventures in Visual Art: (TART)</p> <p><b>2:00 PM</b> Brain Games (MR)</p> <p><b>2:00 PM</b> Sunday Afternoon Movie: (975 &amp; 8)</p> <p><b>3:00 PM</b> Russian Speakers Group (#2)</p> <p><b>3:00 PM</b> Scottie Tate (Singer, Musicals and More) (SH)</p> <p><b>3:15 PM</b> Mahjong Game (Resident run) (#1)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>12:00 PM</b> Food Committee (MR)</p> <p><b>1:00 PM</b> Theater J: SKETCH COMEDY with Tayla (Only those signed up) (TART)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>7:15 PM</b> Mahjong Game (Resident Run) (#1)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Monday Night Movie (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>10:00 AM</b> Poker Game (#2)</p> <p><b>11:30 AM</b> Adventures in Visual Art (TART)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>2:00 PM</b> Brain Fitness with Dana (TR)</p> <p><b>3:00 PM</b> Iris Music Project: Scoring Movies-you choose the music, with Jeff and Joanna (SH)</p> <p><b>7:30 PM</b> Sing Along Group (Resident Run) (MR)</p> <p><b>8:00 PM</b> Tuesday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Guided Meditation (975 &amp; 8)</p> <p><b>1:00 PM</b> Great Courses: "From Monet to Van Gogh: A History of Impressionism" (MR)</p> <p><b>2:00 PM</b> Jewish Scholar: (MR)</p> <p><b>3:00 PM</b> Perspectives (Current Events) (MR)</p> <p><b>8:00 PM</b> Opera Film: (975 &amp; 8)</p>	<p><b>10:00 AM</b> Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p><b>1:00 PM</b> Ice Cream Thursdays (NL)</p> <p><b>1:00 PM</b> Iris Music Project: Drum Circle (MR)</p> <p><b>2:00 PM</b> Chug Ivri- Hebrew Club (TR)</p> <p><b>2:00 PM</b> Bingo (MR)</p> <p><b>2:00 PM</b> Adventures in Visual Art (TART)</p> <p><b>3:00 PM</b> Iris Music Project: Western and Cowboy music with Gary and Lauren (SH)</p> <p><b>7:00 PM</b> Poker Game (Resident Run) (#2)</p> <p><b>7:30 PM</b> Movie in the Meeting Room: (MR)</p> <p><b>8:00 PM</b> Thursday Night Movie (975 &amp; 8)</p>	<p><b>9:30 AM</b> Blood Pressure Checks (WC)</p> <p><b>10:00 AM</b> Movement (MR)</p> <p><b>11:00 AM</b> Iris Music Project: Ring House Singers (MR)</p> <p><b>12:30 PM</b> Bridge (Resident Run) (#1)</p> <p><b>1:00 PM</b> Dancing with DJ Foxy Frankie and Happy Hour (NL)</p> <p><b>2:00 PM</b> Michael McSweeney (Asian Folk Music) (SH)</p> <p><b>4:15 PM</b> Shabbat Services (MR)</p> <p><b>7:15 PM</b> Zemerot Sing Along (#4)</p> <p><b>8:30 PM</b> Friday Night Movie (975 &amp; 8)</p>	

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<b>4:00 PM</b> Seated Chair Exercise: Yoga (975 & 8) <b>7:00 PM</b> Poker Game (#2) <b>8:00 PM</b> Sunday Night Movie (975 & 8)						
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