

SUN	MON	TUE	WED	THUR	FRI	SAT	
	1 10:00 AM Healthy Learning Lecture w/ Thierry (MR) 10:30 AM Jewish Trivia w/ Shirley (MR) 2:00 PM What's My Line? (MR) 3:00 PM Bingo w/Bernie (#4)	2 11:00 AM Make & Take Art Class (ART) 1:00 PM Make & Take Art Class (ART) 1:00 PM Music Committee w/Lauren (#4) 3:00 PM Make & Take Art Class (ART) 3:30 PM Quilting Club with Shirley (ART)	3 10:00 AM Knitting Club (#1) 11:00 AM Tune-Up w/ Thierry (MR) 1:00 PM Tune-Up w/ Thierry (MR) 2:00 PM Walking Club w/Thierry (SL) 2:30 PM Theatre J: Introduction to Acting (MR) 3:00 PM Current Events w/Julie (TV) 4:00 PM Current Events w/Julie (TV)	4 11:10 AM Music & Meditation w/Eva (MR) 1:00 PM Drum Circle with Lauren (TV) 2:00 PM Ring House Road Show (#4) 3:00 PM Perspectives w/Julie (TV) 4:00 PM Perspectives w/Julie (TV)	5 11:00 AM Tune-Up w/ Thierry (#4) 11:00 AM Theatre J: Beyond the Script (MR) 2:00 PM Tune-Up w/Thierry (#4) 3:00 PM Russian Class w/Svetlana (#4) 3:00 PM Yiddish Club (TV)	6	7
8 10:30 AM Healthy Learning Lecture w/ Thierry (MR) 10:30 AM Jewish Trivia w/ Shirley (#4) 1:00 PM Trivial Pursuit (#4) 3:00 PM Bingo w/Bernie (#4)	9 11:00 AM Teaching Kitchen (MR) 1:00 PM Music Committee w/Lauren (#4) 1:00 PM Teaching Kitchen (MR) 3:00 PM Teaching Kitchen (MR) 4:00 PM Meet & Greet with Gabe (NL)	10 11:00 AM Tune-Up w/Thierry (#4) 11:00 AM Knitting Club (#1) 1:00 PM Tune-Up w/Thierry (#4) 1:00 PM What's My Line/I've got a Secret (#4) 2:00 PM Walking Club w/Thierry (SL) 2:30 PM Theatre J: Introduction to Acting (MR) 3:00 PM Current Events w/Julie (TV) 4:00 PM Current Events w/Julie (TV)	11 11:10 AM Music & Meditation w/Eva (MR) 1:00 PM Music from the Ring House Songbook with Lauren (TV/OUTSIDE) 2:00 PM Doron Shapir presents: "The Israeli Society & Economy" (#4) 3:00 PM Perspectives w/Julie (TV) 4:00 PM Perspectives w/Julie (TV)	12 11:00 AM Tune-Up w/ Thierry (#4) 11:00 AM Theatre J: Beyond the Script (MR) 2:00 PM Tune-Up w/Thierry (#4) 3:00 PM Russian Class w/Svetlana (#4) 3:00 PM Yiddish Club (TV)	13	14	
15 10:30 AM Healthy Learning Lecture w/ Thierry (MR) 10:30 AM Jewish Trivia w/ Shirley (#4) 1:00 PM Movie Committee 1:00 PM Trivial Pursuit (#4) 3:00 PM Bingo w/Bernie (#4)	16 11:00 AM Make & Take Art Class (ART) 1:00 PM Make & Take Art Class (ART) 2:30 PM Quilting Club with Shirley (ART) 3:00 PM Make & Take Art Class (ART)	17 11:00 AM Tune-Up w/Thierry (#4) 11:00 AM Knitting Club (#1) 1:00 PM Tune-Up w/Thierry (#4) 1:00 PM What's My Line/I've got a Secret (#4) 2:00 PM Walking Club w/Thierry (SL) 2:30 PM Theatre J: Introduction to Acting (MR) 3:00 PM Current Events w/Julie (TV) 4:00 PM Current Events w/Julie (TV)	18 11:10 AM Music & Meditation w/Eva (MR) 1:00 PM Music & Poetry with Lauren (#4) 2:00 PM Miriam Feinberg Presents: "WHAT DOES A JEW LOOK LIKE?: Meeting Jewish Worldwide" (#4) 3:00 PM Perspectives w/Julie (TV) 4:00 PM Perspectives w/Julie (TV)	19 11:00 AM Tune-Up w/ Thierry (#4) 11:00 AM Theatre J: Beyond the Script (MR) 2:00 PM Tune-Up w/Thierry (#4) 3:00 PM Russian Class w/Svetlana (#4) 3:00 PM Yiddish Club (TV)	20	21	
22 10:30 AM Healthy Learning Lecture w/ Thierry (MR) 10:30 AM Jewish Trivia w/ Shirley (#4) 1:00 PM Trivial Pursuit (#4) 3:00 PM Bingo w/Bernie (#4)	23 11:00 AM Teaching Kitchen (MR) 1:00 PM Music Committee w/Lauren (#4) 1:00 PM Teaching Kitchen (MR) 2:00 PM Broadway Club (#4) 3:00 PM Teaching Kitchen (MR)	24 11:00 AM Tune-Up w/Thierry (#4) 11:00 AM Knitting Club (#1) 1:00 PM Tune-Up w/Thierry (#4) 1:00 PM What's My Line/I've got a Secret (#4) 2:00 PM Walking Club w/Thierry (SL) 2:30 PM Theatre J: Introduction to Acting (MR) 3:00 PM Current Events w/Julie (TV) 4:00 PM Current Events w/Julie (TV)	25 11:10 AM Music & Meditation w/Eva (MR) 3:00 PM Perspectives w/ Julie (TV) 4:00 PM Perspectives w/Julie (TV)	26 11:00 AM Tune-Up w/ Thierry (#4) 11:00 AM Theatre J: Beyond the Script (MR) 2:00 PM Tune-Up w/Thierry (#4) 2:00 PM Readings w/Ruth (#4) 3:00 PM Russian Class w/Svetlana (#4) 3:00 PM Yiddish Club (TV)	27	28	
29 10:30 AM Healthy Learning Lecture w/ Thierry (MR) 10:30 AM Jewish Trivia w/ Shirley (#4) 1:00 PM Trivial Pursuit (#4) 3:00 PM Bingo w/Bernie (#4)	30 ROOM KEY #1 - Activity Room #1 #4 - Activity Room #4 ART - Art Studio MR - Meeting Room NL - North Lobby SL - South Lobby TV - TV Room						

November 2020

Ring House Small Groups
Jamie Cooper 301-816-5090



SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Daylight Saving Time ends 10:30 AM Chair Dance Workout w/Gloria 2:00 PM Sunday Afternoon Movie 8:00 PM Sunday Night Movie</p> <p>1</p>	<p>10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:45 PM Great Courses Lecture: "Jewish Civilizations-Mohammed to Spinoza" 2:00 PM Whats My Line? 3:00 PM Bingo w/Bernie 4:00 PM Yoga w/Mary Beth 7:00 PM Noon News</p> <p>2</p>	<p>9:00 AM Virtual Tour: Venice, Italy 10:30 AM Balance Boogie w/ Peggy 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Science Tuesday 4:15 PM Guided Meditation 7:00 PM Noon News 8:00 PM Tuesday Night Movie</p> <p>3</p>	<p>9:00 AM Virtual Tour: Venice, Italy 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Opera Club 4:00 PM Parsha Class 7:00 PM Noon News 7:00 PM Popcorn Night (delivered to resident's apartments)</p> <p>4</p>	<p>9:00 AM Virtual Tour: Venice, Italy 10:30 AM Qi Gong, Tai Chi, Yoga w/Gloria 11:10 AM Iris Music Project 12:00 PM Noon News 2:00 PM Novelty Ice Cream Thursdays 2:00 PM Ring House Road Show 4:00 PM "The Crown" 7:00 PM Noon News 8:00 PM Thursday Night Movie</p> <p>5</p>	<p>9:00 AM Virtual Tour: Venice, Italy 10:30 AM Chair Workout w/ Coach Kozak & Claudia 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Dancing w/Bernie 2:00 PM Happy Hour 2:15 PM Yoga w/Mary Beth 4:30 PM Shabbat Services w/Rabbah Arlene 6:00 PM Shabbat Services w/Rabbah Arlene 7:00 PM Noon News 8:00 PM Friday Night Movie</p> <p>6</p>	<p>9:00 AM Virtual Tour: Venice, Italy 10:30 AM Kickboxing w/Dara 11:00 AM Shabbat Services w/ Rabbi Mark Raphael 2:00 PM Saturday Afternoon Movie 8:00 PM Saturday Night Movie</p> <p>7</p>
<p>9:00 AM Virtual Tour: Salzburg, Austria 10:30 AM Chair Dance Workout w/Gloria 2:00 PM Pastries & Coffee (delivered to residents apartments) 2:00 PM Sunday Afternoon Movie 8:00 PM Sunday Night Movie</p> <p>8</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:45 PM Great Courses Lecture: "Dead Sea Scrolls" 2:00 PM Whats My Line? 3:00 PM Bingo w/Bernie 4:00 PM Yoga w/Mary Beth 7:00 PM Noon News 8:00 PM Monday Night Movie</p> <p>9</p>	<p>9:00 AM Virtual Tour 10:30 AM Balance Boogie w/ Peggy 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Science Tuesday 3:00 PM Netflix Presents: "The Kominsky Method" 4:00 PM Meet & Greet with Gabe (NL) 4:15 PM Guided Meditation 7:00 PM Noon News 8:00 PM Tuesday Night Movie</p> <p>10</p>	<p>Veterans Day 9:00 AM Virtual Tour 10:30 AM Chair Exercise w/Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:00 PM Town Hall 1:00 PM Opera Club 4:00 PM Parsha Class 7:00 PM Noon News 7:00 PM Popcorn Night (delivered to resident's apartments) 8:00 PM Brass Quintet - Millennium Stage Performance</p> <p>11</p>	<p>9:00 AM Virtual Tour 10:30 AM Qi Gong, Tai Chi, Yoga w/Gloria 11:10 AM Iris Music Project 12:00 PM Noon News 2:00 PM Novelty Ice Cream Thursdays 2:00 PM Ring House Road Show 4:00 PM "The Crown" 7:00 PM Noon News 8:00 PM Thursday Night Movie</p> <p>12</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Workout w/ Coach Kozak & Claudia 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Dancing w/Bernie 2:00 PM Happy Hour 2:00 PM Happy Hour with Simone 2:15 PM Yoga w/Mary Beth 4:30 PM Shabbat Services w/Rabbah Arlene 6:00 PM Shabbat Services w/Rabbah Arlene 7:00 PM Noon News 8:00 PM Friday Night Movie</p> <p>13</p>	<p>9:00 AM Virtual Tour 10:30 AM Kickboxing w/Dara 11:00 AM Shabbat Services w/ Rabbi Mark Raphael 2:00 PM Saturday Afternoon Movie 8:00 PM Saturday Night Movie</p> <p>14</p>
<p>9:00 AM Virtual Tour 10:30 AM Chair Dance Workout w/Gloria 2:00 PM Pastries & Coffee (delivered to residents apartments) 2:00 PM Sunday Afternoon Movie 8:00 PM Sunday Night Movie</p> <p>15</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:45 PM Great Courses Lecture: "Dead Sea Scrolls" 2:00 PM Whats My Line? 3:00 PM Bingo w/Bernie 4:00 PM Yoga w/Mary Beth 7:00 PM Noon News 8:00 PM Monday Night Movie</p> <p>16</p>	<p>9:00 AM Virtual Tour 10:30 AM Balance Boogie w/Peggy 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Science Tuesday 2:00 PM Golden Ringers Presents: "Jewish Museum of Maryland: Jews in Space" 3:00 PM Simple & Sweet with Simone 4:00 PM Netflix Presents: "The Kominsky Method" 4:15 PM Guided Meditation 7:00 PM Noon News 8:00 PM Tuesday Night Movie</p> <p>17</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Opera Club 4:00 PM Parsha Class 7:00 PM Noon News 7:00 PM Popcorn Night (delivered to resident's apartments) 8:00 PM BAF Presents: "Sea Peoples in the Promised Land"</p> <p>18</p>	<p>9:00 AM Virtual Tour 10:30 AM Qi Gong, Tai Chi, Yoga w/Gloria 11:10 AM Iris Music Project 12:00 PM Noon News 2:00 PM Miriam Feinberg Presents: WHAT DOES A JEW LOOK LIKE Meeting Jewish Worldwide 2:00 PM Novelty Ice Cream Thursdays 2:00 PM Ring House Road Show 4:00 PM "The Crown" 7:00 PM Noon News 8:00 PM Thursday Night Movie</p> <p>19</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Workout w/Coach Kozak & Claudia 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Dancing w/Bernie 2:00 PM Happy Hour 2:15 PM Yoga w/Mary Beth 3:00 PM Eldersafe Presents: "Mental Health and Self-Care" 4:30 PM Shabbat Services w/Rabbah Arlene 6:00 PM Shabbat Services w/Rabbah Arlene 7:00 PM Noon News 8:00 PM Friday Night Movie</p> <p>20</p>	<p>9:00 AM Virtual Tour 10:30 AM Kickboxing w/Dara 11:00 AM Shabbat Services w/ Rabbi Mark Raphael 2:00 PM Saturday Afternoon Movie 8:00 PM Saturday Night Movie</p> <p>21</p>
<p>9:00 AM Virtual Tour 10:30 AM Chair Dance Workout w/Gloria 2:00 PM Pastries & Coffee (delivered to residents apartments) 2:00 PM Sundae's with Simone 2:00 PM Sunday Afternoon Movie 8:00 PM Sunday Night Movie</p> <p>22</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:45 PM Great Courses Lecture: "Dead Sea Scrolls" 2:00 PM Whats My Line? 3:00 PM Bingo w/Bernie 4:00 PM Yoga w/Mary Beth 7:00 PM Noon News 8:00 PM Monday Night Movie</p> <p>23</p>	<p>9:00 AM Virtual Tour 10:30 AM Balance Boogie w/ Peggy 12:00 PM Noon News 1:00 PM Science Tuesday 3:00 PM Netflix Presents: "The Kominsky Method" 4:15 PM Guided Meditation 7:00 PM Noon News 8:00 PM Tuesday Night Movie</p> <p>24</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:00 PM Town Hall 1:00 PM Opera Club 4:00 PM Parsha Class 7:00 PM Noon News 7:00 PM Popcorn Night (delivered to resident's apartments) 8:00 PM Wednesday Night Movie</p> <p>25</p>	<p>Thanksgiving Day 9:00 AM Virtual Tour 10:30 AM Qi Gong, Tai Chi, Yoga w/Gloria 11:10 AM Iris Music Project 12:00 PM Noon News 2:00 PM Novelty Ice Cream Thursdays 2:00 PM Ring House Road Show 3:00 PM Iris Music Project 4:00 PM "The Crown" 7:00 PM Noon News 8:00 PM Thursday Night Movie</p> <p>26</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Workout w/ Coach Kozak & Claudia 11:10 AM Iris Music Project 12:00 PM Noon News 1:00 PM Dancing w/Bernie 2:00 PM Happy Hour 2:15 PM Yoga w/Mary Beth 4:30 PM Shabbat Services w/Rabbah Arlene 6:00 PM Shabbat Services w/Rabbah Arlene 7:00 PM Noon News 8:00 PM Friday Night Movie</p> <p>27</p>	<p>9:00 AM Virtual Tour 10:30 AM Kickboxing w/Dara 11:00 AM Shabbat Services w/ Rabbi Mark Raphael 2:00 PM Saturday Afternoon Movie 8:00 PM Saturday Night Movie</p> <p>28</p>
<p>9:00 AM Virtual Tour 10:30 AM Chair Dance Workout w/Gloria 2:00 PM Pastries & Coffee (delivered to residents apartments) 2:00 PM Sunday Afternoon Movie 8:00 PM Sunday Night Movie</p> <p>29</p>	<p>9:00 AM Virtual Tour 10:30 AM Chair Exercise w/ Alexis 11:10 AM Iris Music Project 12:00 PM Noon News 12:45 PM Great Courses Lecture: "Dead Sea Scrolls" 2:00 PM Whats My Line? 3:00 PM Bingo w/Bernie 4:00 PM Yoga w/Mary Beth 7:00 PM Noon News 8:00 PM Monday Night Movie</p> <p>30</p>	<p>ROOM KEY NL - North Lobby</p>				

November 2020

Ring House Activities
Jamie Cooper # 301-816-5090

