

SUN	MON	TUE	WED	THUR	FRI	SAT
	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Arm Chair Travels 2:00 PM Table Games 3:00 PM Afternoon Snacks 3:30 PM Trivia Games with Yolene	10:00 AM Music Relaxation 10:30 AM Trivia Games 11:30 AM Sing - Along - Songs 2:00 PM Board Games 3:00 PM Afternoon Snacks 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Music and Movement with Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:00 PM Afternoon Snacks 3:00 PM Classic Movies 4:00 PM Art Workshop with Carol	10:00 AM Music Relaxation 11:00 AM Accordion Music "Dave Lovins" (Connections) 11:00 AM Table Games 1:30 PM Reminiscing 3:00 PM Afternoon Snacks 3:00 PM BCAT Stories with Yolene 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Nature Video 3:00 PM Afternoon Snacks 3:00 PM Shabbat Songs 4:00 PM Shabbat Service (Theater)	Erev Tish'a B'av 10:00 AM Shabbat Songs 10:30 AM Shabbat Service (Theater) 2:00 PM Reminiscing BCAT Stories 3:00 PM Afternoon Snacks 3:30 PM Afternoon Stretchs with Joyce
Tish'a B'av 10:00 AM Morning Stretch (Connections) 11:00 AM Sensory Games (Connections) 2:30 PM Sing Along Songs with Joyce (Connections) 3:00 PM Afternoon Snacks 3:30 PM Name Five (Connections) 3:30 PM Table Games (Connections) 4:00 PM Arts & Crafts Pursuits (Connections) 4:30 PM Music Relaxation (Connections)	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Arm Chair Travels 11:00 AM Echoes of Nature (2nd Floor) 2:00 PM Broadway Tunes with Bertram McLeish (Theater) 2:00 PM Table Games 3:00 PM Afternoon Snacks 3:30 PM Trivia Games with Yolene	10:00 AM Music Relaxation 10:30 AM Trivia Games 11:30 AM Sing - Along - Songs 2:00 PM Board Games 2:00 PM Broadway Tunes with John Oliver (Theater) 3:00 PM Afternoon Snacks 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Music and Movement with Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:00 PM Afternoon Snacks 3:00 PM Classic Movies 4:00 PM Art Workshop with Carol	10:00 AM Music Relaxation 11:00 AM Table Games 1:30 PM Reminiscing 3:00 PM Afternoon Snacks 3:00 PM BCAT Stories with Yolene 3:00 PM Exercise Class with Marcus	Tu B'av 10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Nature Video 2:00 PM Music Entertainment (Theater) 3:00 PM Afternoon Snacks 3:00 PM Shabbat Songs 4:00 PM Shabbat Service (Theater)	10:00 AM Shabbat Songs 10:30 AM Shabbat Service (Theater) 2:00 PM Reminiscing BCAT Stories 3:00 PM Afternoon Snacks 3:30 PM Afternoon Stretchs with Joyce
10:00 AM Morning Stretch (Second Floor) 11:00 AM Word Games (Second Floor) 2:00 PM Travels Around the World (Theater) 3:00 PM Afternoon Snacks 3:30 PM Broadway Music & Dance with Victor (Second Floor) 3:30 PM Table Games (Connections) 4:30 PM Music Relaxation (Connections)	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Arm Chair Travels 2:00 PM Table Games 3:00 PM Afternoon Snacks 3:30 PM Trivia Games with Yolene	10:00 AM Music Relaxation 10:30 AM Trivia Games 11:30 AM Sing - Along - Songs 2:00 PM Board Games 2:30 PM Guitar Performance by Vladimir (Theater) 3:00 PM Afternoon Snacks 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Music and Movement with Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:00 PM Afternoon Snacks 3:00 PM Classic Movies 4:00 PM Art Workshop with Carol	10:00 AM Music Relaxation 11:00 AM Table Games 1:30 PM Reminiscing 3:00 PM Afternoon Snacks 3:00 PM BCAT Stories with Yolene 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Nature Video 3:00 PM Afternoon Snacks 3:00 PM Shabbat Songs 4:00 PM Shabbat Service (Theater)	10:00 AM Shabbat Songs 10:30 AM Shabbat Service (Theater) 2:00 PM Reminiscing BCAT Stories 3:00 PM Afternoon Snacks 3:30 PM Afternoon Stretchs with Joyce
10:00 AM Morning Stretch (Second Floor) 11:00 AM Word Games (Second Floor) 1:30 PM Vocal Performance with Dan Harper (Theater) 3:00 PM Afternoon Snacks 3:30 PM Table Games (Connections) 4:30 PM Music Relaxation (Connections)	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Arm Chair Travels 2:00 PM Table Games 3:00 PM Afternoon Snacks 3:30 PM Trivia Games with Yolene	10:00 AM Music Relaxation 10:30 AM Trivia Games 11:30 AM Sing - Along - Songs 2:00 PM Board Games 3:00 PM Afternoon Snacks 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Music and Movement with Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:00 PM Afternoon Snacks 3:00 PM Classic Movies 4:00 PM Art Workshop with Carol	10:00 AM Music Relaxation 11:00 AM Table Games 1:30 PM Reminiscing 3:00 PM Afternoon Snacks 3:00 PM BCAT Stories with Yolene 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Nature Video 2:00 PM Music Entertainment (Theater) 3:00 PM Afternoon Snacks 3:00 PM Shabbat Songs 4:00 PM Shabbat Service (Theater)	10:00 AM Shabbat Songs 10:30 AM Shabbat Service (Theater) 2:00 PM Reminiscing BCAT Stories 3:00 PM Afternoon Snacks 3:30 PM Afternoon Stretchs with Joyce
10:00 AM Morning Stretch (Second Floor) 11:00 AM Word Games (Second Floor) 2:00 PM Sunday Music (Theater) 3:00 PM Afternoon Snacks 3:30 PM Table Games (Connections) 4:30 PM Music Relaxation (Connections)	10:00 AM Music Relaxation 10:30 AM Chair Exercise 11:00 AM Arm Chair Travels 1:30 PM Iris Music Program (Theater) 2:00 PM Table Games 3:00 PM Afternoon Snacks 3:30 PM Trivia Games with Yolene	10:00 AM Music Relaxation 10:30 AM Trivia Games 11:30 AM Sing - Along - Songs 2:00 PM Board Games 3:00 PM Afternoon Snacks 3:00 PM Exercise Class with Marcus	10:00 AM Music Relaxation 10:30 AM Music and Movement with Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 2:00 PM Birthday Celebration & Ice Cream Social (Cohen-Rosen) 3:00 PM Afternoon Snacks 3:00 PM Classic Movies 4:00 PM Art Workshop with Carol			

August 2022

Calendar Subject to Change



Charles E. Smith  
LIFE COMMUNITIES