

August 2023



Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 AM Morning Stretch 10:30 AM Trivia Games 11:00 AM My Cooking Show 1:00 PM Quiet Time 2:00 PM Arts and Crafts " Flower Arrangements" 3:30 PM Afternoon Snacks 3:30 PM Exercise Class with Monique 4:00 PM Sing - Along - Songs	2 TU B'AV 10:00 AM Bus Ride with Cohen Rosen House 11:00 AM Art Workshop with Claudia & Kay (AR) 1:00 PM Quiet Time 1:30 PM Movie Classics 1:30 PM Tuba for Tu'Bav! With Michael Burner 3:30 PM Afternoon Snacks 4:00 PM Famous Art Trivia	3 10:00 AM Morning Stretch 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Relaxation Sounds 3:00 PM Exercise with Monique 3:30 PM Afternoon Snacks 4:00 PM Water Coloring	4 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Music with Acoustic Guitarist Patty Reese (TH) 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	5 10:30 AM Shabbat Services 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 3:30 PM Afternoon Snacks 4:00 PM Reminiscing Top Songs
6 10:00 AM Morning Stretch 11:00 AM Name Five Game 1:00 PM Quiet Time 2:00 PM Name the Song 3:00 PM Table Games 3:30 PM Afternoon Snacks 4:00 PM Leonard Bernstein Young People's Concerts What Does Music Mean?	7 10:00 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 1:30 PM Music with The Piano Man Jerry Roman 2:00 PM Table top Games 3:30 PM Afternoon Snacks 3:30 PM Trivia Games 4:00 PM Classic Television Shows	8 10:00 AM Morning Stretch 10:30 AM Trivia Games 11:00 AM My Cooking Show 1:00 PM Quiet Time 2:00 PM Arts and Crafts "Canvas Painting" 3:30 PM Afternoon Snacks 3:30 PM Exercise Class with Monique 4:00 PM Sing - Along - Songs	9 10:00 AM Bus Ride with Cohen Rosen House 11:00 AM Art Workshop with Claudia & Kay (AR) 1:00 PM Quiet Time 1:30 PM Movie Classics 3:30 PM Afternoon Snacks 4:00 PM Famous Art Trivia	10 10:00 AM Morning Stretch 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Relaxation Sounds 3:00 PM Exercise with Monique 3:30 PM Afternoon Snacks 4:00 PM Water Coloring	11 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Music Entertainment (TH) 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	12 10:30 AM Shabbat Services 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 3:30 PM Afternoon Snacks 4:00 PM Reminiscing Top Songs
13 10:00 AM Morning Stretch 11:00 AM Name Five Game 1:00 PM Quiet Time 2:00 PM Name the Song 3:00 PM Table Games 3:30 PM Afternoon Snacks 4:00 PM Leonard Bernstein Young People's Concerts: What Is American Music?	14 10:00 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 2:00 PM Table top Games 3:30 PM Afternoon Snacks 3:30 PM Trivia Games 4:00 PM Classic Television Shows	15 10:00 AM Morning Stretch 10:30 AM Trivia Games 11:00 AM My Cooking Show 1:00 PM Quiet Time 2:00 PM Guitar Music with Vladimir 3:30 PM Afternoon Snacks 3:30 PM Exercise Class with Monique 4:00 PM Sing - Along - Songs	16 10:00 AM Bus Ride with Cohen Rosen House 11:00 AM Art Workshop with Claudia & Kay (AR) 1:00 PM Quiet Time 1:30 PM Movie Classics 3:30 PM Afternoon Snacks 4:00 PM Famous Art Trivia	17 10:00 AM Morning Stretch 11:00 AM Accordion Music with Dave Lovins 1:00 PM Quiet Time 2:00 PM Luau Social with a Hawaiian Dancer 3:00 PM Exercise with Monique 3:30 PM Afternoon Snacks 4:00 PM Water Coloring	18 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Music Entertainment (TH) 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	19 10:30 AM Shabbat Services 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 3:30 PM Afternoon Snacks 4:00 PM Reminiscing Top Songs
20 10:00 AM Morning Stretch 11:00 AM Name Five Game 1:00 PM Quiet Time 2:00 PM Name the Song 3:00 PM Table Games 3:30 PM Afternoon Snacks 4:00 PM Leonard Bernstein - Young People's Concerts: What Is Orchestration?	21 10:00 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 1:30 PM Harp Music Hector Munoz 2:00 PM Table top Games 3:30 PM Afternoon Snacks 3:30 PM Trivia Games 4:00 PM Classic Television Shows	22 10:00 AM Morning Stretch 10:30 AM Trivia Games 11:00 AM My Cooking Show 1:00 PM Quiet Time 2:00 PM Arts and Crafts " Wood Painting" 3:30 PM Afternoon Snacks 3:30 PM Exercise Class with Monique 4:00 PM Sing - Along - Songs	23 10:00 AM Bus Ride with Cohen Rosen House 11:00 AM Art Workshop with Claudia & Kay (AR) 1:00 PM Quiet Time 1:30 PM Movie Classics 3:30 PM Afternoon Snacks 4:00 PM Famous Art Trivia	24 10:00 AM Morning Stretch 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Relaxation Sounds 3:00 PM Exercise with Monique 3:30 PM Afternoon Snacks 4:00 PM Water Coloring	25 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Caribbean Social with Steel Drums Music 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	26 10:30 AM Shabbat Services 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 3:30 PM Afternoon Snacks 4:00 PM Reminiscing Top Songs
27 10:00 AM Morning Stretch 11:00 AM Name Five Game 1:00 PM Quiet Time 2:00 PM Name the Song 3:00 PM Table Games 3:30 PM Afternoon Snacks 4:00 PM Leonard Bernstein Young People's Concerts: What Makes Music Symphonic?	28 10:00 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 2:00 PM Table top Games 3:30 PM Afternoon Snacks 3:30 PM Trivia Games 4:00 PM Classic Television Shows	29 10:00 AM Morning Stretch 10:30 AM Trivia Games 11:00 AM My Cooking Show 1:00 PM Quiet Time 2:00 PM Arts and Crafts "Clay Molding" 3:30 PM Afternoon Snacks 3:30 PM Exercise Class with Monique 4:00 PM Sing - Along - Songs	30 10:00 AM Bus Ride with Cohen Rosen House 11:00 AM Art Workshop with Claudia & Kay (AR) 1:00 PM Quiet Time 1:30 PM Movie Classics 3:30 PM Afternoon Snacks 4:00 PM Famous Art Trivia	31 10:00 AM Morning Stretch 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Relaxation Sounds 3:00 PM Exercise with Monique 3:30 PM Afternoon Snacks 4:00 PM Water Coloring		

Bold activity = Sign up mandatory

AR = Art Room, SF = Second Floor