

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NEW YEARS DAY	2	3	4	5	6
	10:00 AM One On One Visits with Mariah 10:30 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 3:00 PM Mind Joggers 4:00 PM Classic Television Shows	10:00 AM One On One Visits with Mariah 10:30 AM Morning Stretch 11:00 AM Sing - Along - Songs 1:00 PM Quiet Time 2:15 PM Music with Joanna 3:00 PM Exercise Class with Kendall 4:00 PM Arts and Crafts	10:00 AM One On One Visits with Mariah 10:30 AM Chair Exercise 11:00 AM Table Games: "Puzzles" 1:00 PM Quiet Time 2:00 PM Travel Experience 2:30 PM Art Workshop with Claudia (AR) 2:45 PM Music with The Piano Man Jerry Roman (TH) 3:30 PM Name Five Game 4:00 PM Poetry & Music	10:00 AM One On One Visits with Mariah 10:15 AM Music and Movement with Jiyoung and Mariah 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Music 3:00 PM Exercise Class with Kendall 4:00 PM Water Coloring	10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Landow Singers with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 4:00 PM Reminiscing Top Songs
7	8	9	10	11	12	13
10:00 AM Morning Stretch 10:30 AM Reminiscing 11:00 AM Memory Games 1:00 PM Quiet Time 1:30 PM Word Games 1:30 PM Vocal Performance with Harper Denhard (TH) 4:00 PM Sing - Along - Songs	10:00 AM One On One Visits with Mariah 10:30 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 1:30 PM Musical Prelude to 2024 with the Trio (TH) 3:00 PM Mind Joggers 4:00 PM Classic Television Shows	10:00 AM One On One Visits with Mariah 10:30 AM Morning Stretch 11:00 AM Sing - Along - Songs 1:00 PM Quiet Time 2:15 PM Music with Joanna 3:00 PM Exercise Class with Kendall 4:00 PM Arts and Crafts	10:00 AM One On One Visits with Mariah 10:30 AM Chair Exercise 11:00 AM Table Games: "Puzzles" 1:00 PM Quiet Time 2:00 PM Travel Experience 2:30 PM Art Workshop with Claudia (AR) 3:00 PM Name Five Game 4:00 PM Poetry & Music	10:00 AM One On One Visits with Mariah 10:15 AM Music and Movement with Jiyoung and Mariah 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Music 3:00 PM Exercise Class with Kendall 4:00 PM Water Coloring	10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Showcasing Jewish Pianists: Martha Argerich with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 4:00 PM Reminiscing Top Songs
14	15 MARTIN LUTHER KING JR DAY	16	17	18	19	20
10:00 AM Morning Stretch 10:30 AM Reminiscing: Broadway Tunes 11:00 AM Memory Games 1:00 PM Quiet Time 3:00 PM Tables Games 4:00 PM Sing - Along - Songs	10:00 AM One On One Visits with Mariah 10:30 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 1:30 PM Music Honoring MLK Day with the Trio (TH) 3:00 PM Mind Joggers 4:00 PM Classic Television Shows	10:00 AM One On One Visits with Mariah 10:30 AM Morning Stretch 11:00 AM Sing - Along - Songs 1:00 PM Quiet Time 2:00 PM Guitar Music with Vladimir (TH) 2:15 PM Music with Joanna 3:00 PM Exercise Class with Kendall 4:00 PM Arts and Crafts	10:00 AM One On One Visits with Mariah 10:30 AM Chair Exercise 11:00 AM Table Games: "Puzzles" 1:00 PM Quiet Time 2:00 PM Travel Experience 3:30 PM Name Five Game 4:00 PM Poetry & Music	10:00 AM One On One Visits with Mariah 10:15 AM Music and Movement with Jiyoung and Mariah 11:00 AM Accordion Music with Dave Lovins 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Music 3:00 PM Exercise Class with Kendall 4:00 PM Water Coloring	10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Landow Singers with Jiyoung (TH) 3:00 PM Landow House Happy Hour & Birthday Celebrations (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 4:00 PM Reminiscing Top Songs
21	22	23	24 EREV TU BISHVAT	25 TU BISHVAT	26	27
10:00 AM Morning Stretch 10:30 AM Reminiscing : "Songs, Movies of the 1940's" 11:00 AM Memory Games 1:00 PM Quiet Time 3:00 PM Tables Games 3:00 PM Tacy Foundation Performances (TH) 4:00 PM Sing - Along - Songs	10:00 AM One On One Visits with Mariah 10:30 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 2:00 PM Piano Tunes with Bertram Mcleish (TH) 3:00 PM Mind Joggers 4:00 PM Classic Television Shows	10:00 AM One On One Visits with Mariah 10:30 AM Scenic Drive with Landow 11:00 AM Sing - Along - Songs 1:00 PM Quiet Time 2:15 PM Music with Joanna 3:00 PM Exercise Class with Kendall 4:00 PM Arts and Crafts	10:00 AM One On One Visits with Mariah 10:30 AM Chair Exercise 11:00 AM Table Games: "Puzzles" 11:00 AM Art Workshop with Claudia (AR) 1:00 PM Quiet Time 2:00 PM Travel Experience 3:30 PM Name Five Game 4:00 PM Poetry & Music	10:00 AM One On One Visits with Mariah 10:15 AM Music and Movement with Jiyoung and Mariah 11:00 AM BCAT Reminiscing Stories 1:00 PM Quiet Time 2:00 PM Manicures & Music 3:00 PM Exercise Class with Kendall 4:00 PM Water Coloring	10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:00 PM Quiet Time 1:30 PM Life & Music of Irving Berlin with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	10:30 AM Shabbat Services (TH) 1:00 PM Quiet Time 2:00 PM Table Top Games 3:00 PM Sing - Along 4:00 PM Reminiscing Top Songs
28	29	30	31			
10:00 AM Morning Stretch 10:30 AM Reminiscing : 11:00 AM Memory Games 1:00 PM Quiet Time 1:30 PM Word Games 3:00 PM Tables Games 4:00 PM Sing - Along - Songs	10:00 AM One On One Visits with Mariah 10:30 AM Music and Movement 11:00 AM Name that Tune 1:00 PM Quiet Time 1:30 PM The Trio Performs with Joy & Ann (TH) 3:00 PM Mind Joggers 4:00 PM Classic Television Shows	10:00 AM One On One Visits with Mariah 10:30 AM Morning Stretch 11:00 AM Scenic Drive with Landow 1:00 PM Quiet Time 2:15 PM Music with Joanna 3:00 PM Exercise Class with Kendall 4:00 PM Arts and Crafts	10:00 AM One On One Visits with Mariah 10:30 AM Chair Exercise 11:00 AM Table Games: "Puzzles" 1:00 PM Quiet Time 2:00 PM Travel Experience 2:30 PM Art Workshop with Claudia (AR) 3:30 PM Name Five Game 4:00 PM Poetry & Music			