

# May 2024



# Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			<b>10:00 AM</b> Music & Movement with Mariah <b>10:00 AM</b> Workout with Lori (SF) <b>11:00 AM</b> Tabletop Puzzles <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Art Workshop with Claudia (AR) <b>2:00 PM</b> Travel Experience <b>2:45 PM</b> Music with The Piano Man Jerry Roman <b>3:00 PM</b> Poetry & Music (LC) <b>4:00 PM</b> One On One Visits with Mariah	<b>10:15 AM</b> Music and Movement with Jiyoung and Mariah <b>11:00 AM</b> Table Top Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Manicures & Music <b>3:30 PM</b> Exercise Class with Taylor (SF) <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> Chair Exercise <b>11:00 AM</b> Name that Tune <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Fiesta Hour with Mariachi Mensajeros Del Sur <b>2:30 PM</b> Landow House Hora Feliz! (Café) <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Services <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Sing - Along <b>3:00 PM</b> Table Top Games <b>4:00 PM</b> Classic Movies
<b>5</b>	<b>6 Yom HaShoah</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Reminiscing <b>11:00 AM</b> Memory Games <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Double Play Flute and Tuba (TH) <b>4:00 PM</b> Bingo (Café)	<b>11:00 AM</b> Word Games: Name Five <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Marking Yom HaShoah with The Iris Music and Prayers (TH) <b>2:30 PM</b> Nature Break <b>4:00 PM</b> Classic Television Shows <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Morning Stretch <b>10:00 AM</b> Supporting Older Adults to Rejuvenate with Clancy Dance Company (SF) <b>11:00 AM</b> Reminiscing <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Travel Experience with Mariah: "Tanzania" (SF) <b>3:30 PM</b> Arts and Crafts <b>4:00 PM</b> Stories & Reminiscence The 1950's with Mariah (BCAT) (SF)	<b>10:00 AM</b> Workout with Lori (SF) <b>11:00 AM</b> Tabletop Puzzles <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Travel Experience <b>3:00 PM</b> Poetry & Music (LC) <b>4:00 PM</b> One On One Visits with Mariah	<b>10:15 AM</b> Music and Movement with Jiyoung and Mariah <b>11:00 AM</b> Table Top Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Manicures & Music <b>3:30 PM</b> Exercise Class with Taylor (SF) <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> Chair Exercise <b>11:00 AM</b> Name that Tune <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Landow Singers with Jiyoung <b>3:00 PM</b> Landow House Happy Hour (Café) <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Services <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Sing - Along <b>3:00 PM</b> Table Top Games <b>4:00 PM</b> Classic Movies
<b>12 MOTHER'S DAY</b>	<b>13 Yom Hazikaro</b>	<b>14 Yom Ha'atzmaut</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Reminiscing <b>11:00 AM</b> Memory Games <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Musical Entertainment for Mother's Day (L&C)	<b>10:00 AM</b> Chair Exercise <b>11:00 AM</b> Word Games: Name Five <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> A Musical Celebration of Our Mothers' with The Trio (TH) <b>2:30 PM</b> Nature Break <b>4:00 PM</b> Classic Television Shows <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Morning Stretch <b>10:00 AM</b> "Supporting Older Adults to Rejuvenate with Clancy Dance Company" (SF) <b>1:00 PM</b> Quiet Time <b>2:15 PM</b> Music with Joanna <b>3:00 PM</b> Arts and Crafts <b>4:00 PM</b> Yom Ha'atzmaut Celebration with Violinist Anthony Hyatt (LB)	<b>10:00 AM</b> Workout with Lori (SF) <b>11:00 AM</b> Tabletop Puzzles <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Travel Experience <b>3:00 PM</b> Poetry & Music (LC) <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Music and Movement with Jiyoung <b>11:00 AM</b> Table Top Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Manicures & Music <b>3:30 PM</b> Exercise Class with Taylor (SF) <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> Chair Exercise <b>11:00 AM</b> Name that Tune <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Planning our Musical Festival <b>3:00 PM</b> Landow House Happy Hour (Café) <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Services <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Sing - Along <b>3:00 PM</b> Table Top Games <b>4:00 PM</b> Classic Movies
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Reminiscing <b>11:00 AM</b> Memory Games <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> <b>3:00 PM</b> Ice Tea, Lemonade & Cookies Social (Café) <b>4:00 PM</b> Bingo (Café)	<b>10:00 AM</b> Supporting Older Adults to Rejuvenate with Clancy Dance Company (SF) <b>11:00 AM</b> Word Games: Name Five <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Open Rehearsal with The Trio (TH) <b>2:30 PM</b> Nature Break <b>4:00 PM</b> Classic Television Shows <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Morning Stretch <b>11:00 AM</b> Outings (LB) <b>11:00 AM</b> Mind Joggers (SF) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Guitar Music with Vladimir <b>2:15 PM</b> Music with Joanna <b>3:00 PM</b> Arts and Crafts <b>4:00 PM</b> Stories & Reminiscence The 1960's with Nyah( BCAT) (SF)	<b>10:00 AM</b> Workout with Lori (SF) <b>11:00 AM</b> Art Workshop with Claudia (AR) <b>11:00 AM</b> Tabletop Puzzles <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Travel Experience <b>3:00 PM</b> Poetry & Music (LC) <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Morning Stretch with Mariah <b>11:00 AM</b> Table Top Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Manicures & Music <b>3:30 PM</b> Exercise Class with Taylor (SF) <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> Chair Exercise <b>11:00 AM</b> Name that Tune <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Life & Journey in Photography by Mark Semanoff (LB) <b>3:00 PM</b> Landow House Happy Hour & May Birthday's Celebrations (Café) <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Services <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Accordion Music with Dave <b>3:00 PM</b> Table Top Games <b>4:00 PM</b> Classic Movies
<b>26</b>	<b>27 MEMORIAL DAY</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Reminiscing <b>11:00 AM</b> Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Word Games <b>3:00 PM</b> Tacy Foundation <b>4:00 PM</b> Jewish American ( PBS Documentary) (SF)	<b>10:00 AM</b> Chair Dance with Marcy (SF) <b>11:00 AM</b> Word Games: Name Five <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> <b>2:30 PM</b> Ice Cream Social (CF) <b>4:00 PM</b> Classic Television Shows	<b>10:00 AM</b> Morning Stretch <b>11:00 AM</b> Reminiscing <b>1:00 PM</b> Quiet Time <b>2:15 PM</b> Music with Joanna <b>3:00 PM</b> Arts and Crafts <b>4:00 PM</b> Stories & Reminiscence The 1970's with Claudia (BCAT) (SF)	<b>10:00 AM</b> Workout with Lori (SF) <b>11:00 AM</b> Tabletop Puzzles <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Travel Experience <b>3:00 PM</b> Poetry & Music (LC) <b>4:00 PM</b> One On One Visits with Mariah	<b>10:00 AM</b> Music and Movement with Jiyoung <b>11:00 AM</b> Table Top Memory Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Manicures & Music <b>3:30 PM</b> Exercise Class with Taylor (SF) <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> Chair Exercise <b>11:00 AM</b> Name that Tune <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Planning Our Musical Festival with Jiyoung <b>3:00 PM</b> Landow House Happy Hour (Café) <b>4:00 PM</b> Shabbat Service	