

SUN	MON	TUE	WED	THUR	FRI	SAT
	<p>8:30 Breakfast 10:00 Daily Chronicles 10:00 Exercise (2nd Floor) 11:00 Morning Stretch 12:15 Lunch 1:30 Iris Music Program (Theater) 2:00 Table Top Games 4:00 Baking 5:00 Dinner 7:00 Evening Movie</p> <p>1</p>	<p>1:30 Iris Music at Connections 8:30 Breakfast 10:00 Beauty Day 10:00 Exercise (2nd Floor) 11:00 Manicures 11:00 Word Games (2nd Floor) 12:15 Lunch 1:30 Music with Lauren (Connections) 2:30 Broadway Tunes on the Piano with John Oliver (Theater) 3:00 Movie 3:30 Pool Noodle Exercise Class 4:00 Literature Corner with Carol (2nd Floor) 5:00 Dinner 7:00 Evening Movie</p> <p>2</p>	<p>8:30 Breakfast 10:00 Current Events 11:00 Armchair Travel 12:15 Lunch 1:30 Musical Program with Joanna (Theater) 2:00 Word Games 4:00 Get Up & Move 4:00 Religious Program with Michael Rosenberg (2nd Floor) 5:00 Dinner 6:30 Pianist Bertram McLeish (Theater) 7:00 Evening Movie</p> <p>3</p>	<p>8:30 Breakfast 10:00 Chair Zumba with Sharon (2nd Floor) 11:00 Move to Music 11:00 Music Program with Lauren (Theater) 11:00 Trivia 12:15 Lunch 1:30 Accordion Music with Dave Lovins (Theater) 2:00 Active Games 2:30 BCAT Brain Games (Lobby) 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>4</p>	<p>8:30 Breakfast 10:00 Bingo (Connections) 11:00 Positive Thinking (2nd Floor) 12:15 Lunch 1:30 Music with Jiyoung (Theater) 2:00 Brain Games 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby) 5:00 Dinner 7:00 Evening Movie</p> <p>5</p>	<p>8:30 Breakfast 10:00 Shabbat Sing a Long 10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 12:15 Lunch 2:00 Afternoon Matinee (Channel 975) 2:00 Virtual Iris Music Program (Channel 8) 2:00 Word in a Word 3:00 Afternoon Matinee 5:00 Dinner 7:00 Evening Movie</p> <p>6</p>
<p>8:30 Breakfast 10:00 Good News 11:00 Games (2nd Floor) 12:15 Lunch 2:00 Afternoon Social 2:00 Sunday Afternoon Matinee 4:00 Circle Chat 5:00 Dinner 7:00 Evening Movie</p> <p>7</p>	<p>8:30 Breakfast 10:00 Daily Chronicles 10:00 Exercise (2nd Floor) 11:00 Morning Stretch 12:15 Lunch 1:30 Iris Music Program (Theater) 2:00 Table Top Games 4:00 Baking 5:00 Dinner 7:00 Evening Movie</p> <p>8</p>	<p>1:30 Iris Music at Connections 8:30 Breakfast 10:00 Beauty Day 10:00 Exercise (2nd Floor) 11:00 Manicures 12:15 Lunch 1:30 Music with Lauren (Connections) 2:00 Let's Talk Torah with Rabbah Arlene (2nd Floor) 3:00 BCAT Brain Games (Lobby) 3:00 Movie 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>9</p>	<p>8:30 Breakfast 10:00 Current Events 11:00 Armchair Travel 11:00 Teaching Kitchen (2nd Floor) 12:15 Lunch 1:30 Musical Program with Joanna (Theater) 2:00 Word Games 4:00 Discussion Group (2nd Floor) 4:00 Get Up & Move 5:00 Dinner 7:00 Evening Movie</p> <p>10</p>	<p>8:30 Breakfast 10:00 Chair Zumba with Sharon (2nd Floor) 11:00 Move to Music 11:00 Music with Lauren: Veterans Day Celebration (Theater) 11:00 Trivia 12:15 Lunch 1:30 Concert with Ron Howard (Theater) 2:00 Active Games 2:30 BCAT Brain Games (Lobby) 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>11</p>	<p>8:30 Breakfast 10:00 Bingo (Connections) 11:00 Morning Meditation (2nd Floor) 12:15 Lunch 1:30 Music with Jiyoung (Theater) 2:00 Brain Games 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby) 5:00 Dinner 7:00 Evening Movie</p> <p>12</p>	<p>8:30 Breakfast 10:00 Shabbat Sing a Long 10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 12:15 Lunch 2:00 Afternoon Matinee (Channel 975) 2:00 Virtual Iris Music Program (Channel 8) 2:00 Word in a Word 3:00 Afternoon Matinee 5:00 Dinner 7:00 Evening Movie</p> <p>13</p>
<p>8:30 Breakfast 10:00 Good News 11:00 Games (2nd Floor) 12:15 Lunch 1:30 Vocal Performance by Harper Denhard (Theater) 2:00 Afternoon Social 2:00 Sunday Afternoon Matinee 4:00 Circle Chat 5:00 Dinner 7:00 Evening Movie</p> <p>14</p>	<p>8:30 Breakfast 10:00 Daily Chronicles 10:00 Exercise (2nd Floor) 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Morning Stretch 12:15 Lunch 1:30 Music Festival: Life and Music of George Gershwin (Theater) 2:00 Table Top Games 4:00 Baking 5:00 Dinner 7:00 Evening Movie</p> <p>15</p>	<p>1:30 Iris Music at Connections 8:30 Breakfast 10:00 Beauty Day 10:00 Exercise (2nd Floor) 11:00 Manicures 11:00 Music Festival: Drum Circle with Trio (Theater) 12:15 Lunch 1:30 Music with Lauren (Connections) 2:30 Music Festival: Performance by Vladimir (guitar) and Lauren (Theater) 3:00 Movie 3:30 Pool Noodle Exercise Class 4:00 Literature Corner with Carol (2nd Floor) 5:00 Dinner 7:00 Evening Movie</p> <p>16</p>	<p>8:30 Breakfast 10:00 Current Events 11:00 Armchair Travel 12:15 Lunch 2:00 Word Games 2:00 Music Festival: Finale (Theater) 4:00 Get Up & Move 4:00 Religious Program with Michael Rosenberg (2nd Floor) 5:00 Dinner 7:00 Evening Movie</p> <p>17</p>	<p>8:30 Breakfast 10:00 Chair Zumba with Sharon (2nd Floor) 11:00 Move to Music 11:00 Music Program with Lauren (Theater) 11:00 Trivia 12:15 Lunch 1:30 Concert with Bob Clark (Theater) 2:00 Active Games 2:30 BCAT Brain Games (Lobby) 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>18</p>	<p>8:30 Breakfast 10:00 Bingo (Connections) 11:00 Morning Meditation (2nd Floor) 12:15 Lunch 1:30 Music with Jiyoung (Theater) 2:00 Brain Games 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby) 5:00 Dinner 7:00 Evening Movie</p> <p>19</p>	<p>8:30 Breakfast 10:00 Shabbat Sing a Long 10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 12:15 Lunch 2:00 Afternoon Matinee (Channel 975) 2:00 Virtual Iris Music Program (Channel 8) 2:00 Word in a Word 3:00 Afternoon Matinee 5:00 Dinner 7:00 Evening Movie</p> <p>20</p>
<p>8:30 Breakfast 10:00 Good News 11:00 Games (2nd Floor) 12:15 Lunch 2:00 Afternoon Social 2:00 Sunday Afternoon Matinee 4:00 Circle Chat 5:00 Dinner 7:00 Evening Movie</p> <p>21</p>	<p>8:30 Breakfast 10:00 Daily Chronicles 10:00 Exercise (2nd Floor) 11:00 Food Committee (2nd Floor) 11:00 Morning Stretch 12:15 Lunch 1:30 Iris Music Program (Theater) 2:00 Table Top Games 4:00 Baking 5:00 Dinner 7:00 Evening Movie</p> <p>22</p>	<p>8:30 Breakfast 10:00 Beauty Day 10:00 Exercise (2nd Floor) 11:00 Manicures 12:15 Lunch 1:30 Music with Lauren (Connections) 2:00 Let's Talk Torah with Rabbah Arlene (2nd Floor) 3:00 Movie 3:30 Dance with Victor (Theater) 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>23</p>	<p>8:30 Breakfast 10:00 Current Events 11:00 Armchair Travel 12:15 Lunch 1:30 Musical Program with Joanna (Theater) 2:00 Word Games 4:00 Get Up & Move 5:00 Dinner 7:00 Evening Movie</p> <p>24</p>	<p>8:30 Breakfast 10:00 Move to Music 11:00 Trivia 12:15 Lunch 2:00 Active Games 3:30 Pool Noodle Exercise Class 5:00 Dinner 7:00 Evening Movie</p> <p>25</p>	<p>8:30 Breakfast 10:00 Bingo (Connections) 12:15 Lunch 2:00 Brain Games 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby) 5:00 Dinner 7:00 Evening Movie</p> <p>26</p>	<p>8:30 Breakfast 10:00 Shabbat Sing a Long 10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 12:15 Lunch 2:00 Afternoon Matinee (Channel 975) 2:00 Virtual Iris Music Program (Channel 8) 2:00 Word in a Word 3:00 Afternoon Matinee 5:00 Dinner 7:00 Evening Movie</p> <p>27</p>
<p>8:30 Breakfast 10:00 Good News 11:00 Games (2nd Floor) 12:15 Lunch 2:00 Afternoon Social 2:00 Sunday Afternoon Matinee 2:30 Entertainment with Rearview Mirror (Theater) 4:00 Circle Chat 5:00 Dinner 5:00 Lighting 1 Chanukkah Candle (Lobby and cafe) 7:00 Evening Movie</p> <p>28</p>	<p>8:30 Breakfast 10:00 Daily Chronicles 10:00 Exercise (2nd Floor) 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Morning Stretch 12:15 Lunch 1:30 Iris Music Program: Hanukkah Concert (Theater) 2:00 Table Top Games 4:00 Baking 5:00 Dinner 7:00 Evening Movie</p> <p>29</p>	<p>1:30 Iris Music at Connections 8:30 Breakfast 10:00 Beauty Day 10:00 Exercise (2nd Floor) 11:00 Manicures 12:15 Lunch 1:30 Music with Lauren (Connections) 2:30 BCAT Brain Games (Lobby) 3:00 Movie 3:30 Pool Noodle Exercise Class 5:00 Dinner 5:00 Lighting 3 Chanukkah Candles (lobby and cafe) 7:00 Evening Movie</p> <p>30</p>				

November 2021

Calendar Subject to Change



LANDOW HOUSE