

November 2022



Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:00 AM Daily Chronicles 10:30 AM Trivia Games 11:00 AM Sing - Along - Songs 2:00 PM Music with John Oliver 2:15 PM Music with Joanna (Connections) 3:00 PM Exercise Class with Marcus 3:30 PM Afternoon Snacks 4:00 PM Arts and Crafts " Flower Arrangements"	10:00 AM Daily Chronicles 10:30 AM Bus Ride with Cohen Rosen House 11:00 AM Music & Movement with Lauren & Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:30 PM Afternoon Snacks 4:00 PM Art Work with Carol	10:00 AM Daily Chronicles 10:50 AM Chair Zumba with Sharon 11:00 AM Accordion Music with Dave Lovings 1:30 PM Reminiscing 3:00 PM Exercise Class with Marcus 3:30 PM B-CAT Stories with Yolene 3:30 PM Afternoon Snacks 4:00 PM Water Coloring with Yolene	10:00 AM Daily Chronicles 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM First Lady of Jazz: Ella Fitzgerald 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service (Th)	10:00 AM Daily Chronicles 10:30 AM Shabbat Services 11:00 AM Shabbat Sing - Along with Joyce 2:00 PM Shabbat Short Stories 3:30 PM Afternoon Stretch with Joyce 3:30 PM Afternoon Snacks 4:00 PM Word Games with Joyce
6	7	8	9	10	11	12
10:00 AM Morning Stretch with Joyce (SF) 10:00 AM Daily Chronicles 11:00 AM Travels Around the World (SF) 3:30 PM Afternoon Snacks 4:30 PM Music Relaxation	10:00 AM Daily Chronicles 10:30 AM Music and Movement with Yolene 1:30 PM Musical Gems for Cello & Piano with Jeannie and Lauren (SF) 3:30 PM Trivia Games with Yolene 3:30 PM Afternoon Snacks 4:00 PM Classic Television Shows	10:00 AM Daily Chronicles 10:30 AM Trivia Games 11:00 AM Sing - Along - Songs 2:15 PM Table Top Games 3:00 PM Exercise Class with Marcus 3:30 PM Afternoon Snacks 4:00 PM Arts and Crafts " Flower Arrangements"	10:00 AM Daily Chronicles 10:30 AM Bus Ride with Cohen Rosen House 11:00 AM Music & Movement with Lauren & Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:30 PM Afternoon Snacks 4:00 PM Art Work with Carol	10:00 AM Daily Chronicles 10:50 AM Chair Zumba with Sharon 1:30 PM Reminiscing 3:00 PM Exercise Class with Marcus 3:30 PM B-CAT Stories with Yolene 3:30 PM Afternoon Snacks 4:00 PM Water Coloring with Yolene	10:00 AM Daily Chronicles 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Patriotic Music a Veteran Special with IRIS Music & Alan Breitler (SF) 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service (Th)	10:00 AM Daily Chronicles 10:30 AM Shabbat Services 11:00 AM Shabbat Sing - Along with Joyce 2:00 PM Shabbat Short Stories 3:30 PM Afternoon Stretch with Joyce 3:30 PM Afternoon Snacks 4:00 PM Word Games with Joyce
					Veterans Day	
13	14	15	16	17	18	19
10:00 AM Morning Stretch with Joyce (SF) 10:00 AM Daily Chronicles 11:00 AM Travels Around the World (SF) 3:30 PM Afternoon Snacks 4:30 PM Music Relaxation	10:00 AM Daily Chronicles 10:00 AM Just for Us Program "National Gallery Trip" (LB) 10:30 AM Music and Movement with Yolene 1:30 PM Commercial Jingles with Diane and The Trio! (SF) 3:30 PM Trivia Games with Yolene 3:30 PM Afternoon Snacks 4:00 PM Classic Television Shows	10:00 AM Daily Chronicles 10:30 AM Trivia Games 11:00 AM Sing - Along - Songs 2:15 PM Table Top Games 3:00 PM Exercise Class with Marcus 3:30 PM Afternoon Snacks 4:00 PM Arts and Crafts " Flower Arrangements"	10:00 AM Daily Chronicles 10:30 AM Bus Ride with Cohen Rosen House 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:30 PM Afternoon Snacks 4:00 PM Art Work with Carol	10:00 AM Daily Chronicles 10:50 AM Chair Zumba with Sharon 1:30 PM Reminiscing 3:00 PM Exercise Class with Marcus 3:30 PM B-CAT Stories with Yolene 3:30 PM Afternoon Snacks 4:00 PM Water Coloring with Yolene	10:00 AM Daily Chronicles 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 1:30 PM Giving Thanks Through Music 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service (Th)	10:00 AM Daily Chronicles 10:30 AM Shabbat Services 11:00 AM Shabbat Sing - Along with Joyce 2:00 PM Shabbat Short Stories 3:30 PM Afternoon Stretch with Joyce 3:30 PM Afternoon Snacks 4:00 PM Word Games with Joyce
20	21	22	23	24	25	26
10:00 AM Morning Stretch with Joyce (SF) 10:00 AM Daily Chronicles 11:00 AM Travels Around the World (SF) 3:30 PM Afternoon Snacks 4:30 PM Music Relaxation	10:00 AM Daily Chronicles 10:30 AM Music and Movement with Yolene 1:30 PM Landow Presents Musical Festival : "Songs from Fiddler on The Roof" (SF) 3:30 PM Trivia Games with Yolene 3:30 PM Afternoon Snacks 4:00 PM Classic Television Shows	10:00 AM Daily Chronicles 10:30 AM Trivia Games 11:00 AM Sing - Along - Songs 2:15 PM Music with Joanna (Connections) 3:00 PM Exercise Class with Marcus 3:30 PM Afternoon Snacks 4:00 PM Arts and Crafts " Flower Arrangements"	10:00 AM Daily Chronicles 10:30 AM Bus Ride with Cohen Rosen House 10:30 AM Scenic Drive (LB) 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:30 PM Afternoon Snacks 4:00 PM Art Work with Carol	10:00 AM Macy's Day Parade 11:00 AM Morning Strech 2:00 PM Thanksgiving Music Perfomance (Th)	10:00 AM Daily Chronicles 10:30 AM Chair Exercise 11:00 AM Word Games: Name Five 2:00 PM Music Performance with Alan MacEwen (Th) 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service (Th)	10:00 AM Daily Chronicles 10:30 AM Shabbat Services 11:00 AM Shabbat Sing - Along with Joyce 2:00 PM Shabbat Short Stories 3:30 PM Afternoon Stretch with Joyce 3:30 PM Afternoon Snacks 4:00 PM Word Games with Joyce
				"Happy Thanksgiving"		
27	28	29	30		Calendar legend	Location
10:00 AM Morning Stretch with Joyce (SF) 10:00 AM Daily Chronicles 11:00 AM Travels Around the World (SF) 3:30 PM Afternoon Snacks 4:30 PM Music Relaxation	10:00 AM Daily Chronicles 10:30 AM Music and Movement with Yolene 1:30 PM Music with Joy, Ann & The Trio (SF) 3:30 PM Trivia Games with Yolene 3:30 PM Afternoon Snacks 4:00 PM Classic Television Shows	10:00 AM Daily Chronicles 10:30 AM Trivia Games 11:00 AM Sing - Along - Songs 2:15 PM Music with Joanna (Connections) 3:00 PM Exercise Class with Marcus 3:30 PM Afternoon Snacks 4:00 PM Arts and Crafts " Flower Arrangements"	10:00 AM Daily Chronicles 10:30 AM Bus Ride with Cohen Rosen House 11:00 AM Music & Movement with Lauren & Yolene 1:30 PM Manicures 2:00 PM Art Workshop with Carol 3:30 PM Afternoon Snacks 4:00 PM Art Work with Carol		Sign up mandatory	LB Lobby SF Second Floor Th Theater