



# Short Term Care

## DISCHARGE PACKAGES

We want your recovery to be **safe and successful** and it is critical to follow your doctor's instructions to prevent potential complications in the first 24–72 hours.

SmithLife Homecare is a trusted provider of care to hospitals and rehabs. Our experienced CNAs promote a healing environment and improving your comfort, safety and peace of mind.

**Our program *Transition to Home* includes:**

- ✓ CNA transport home from rehab, hospital or surgery center
- ✓ Picking up pharmacy prescriptions
- ✓ Changing ice bags, safety sitting
- ✓ Medication reminders
- ✓ Assist with light housekeeping and laundry
- ✓ Assist with bathing and meal preparation

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**WE ARE JUST ONE CALL AWAY, 24/7:**

**301-816-5020**

*Serving D.C. and Montgomery County, MD*





# Discharge Packages

For over 20 years, we have been passionate about providing our clients with the best care so that you or your loved one has the best possible outcome.

## Home & Settled

**\$145**

5 hours of home care service with a CNA, which can include transport to home and picking up meds in Montgomery County or NW Washington, D.C.

## Transition to Home

**\$475**

**Perfect for knee and hip replacements.**

18 hours of home care service with a CNA, which includes transport to home and 6 hours of care for the first 3 days. In Montgomery County or NW Washington, D.C.

## Longer Care Assistance

**\$**

We can provide 24/7 care for short or long term. Or any variation of hours, starting with 4 hours per day. **We can also flex longer term care to meet your individual needs.**

**SMITHLIFEHOMECARE.COM**

SmithLife Homecare is a joint venture of Charles E. Smith Life Communities and Augustine Home Health Care. SmithLife Homecare combines the services and capabilities of these two respected providers. Licensed as a residential service agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality license number R1152R. DC NSA-0611

6/01/22

***Our caregivers will ensure that your residents are having a safe and engaging transition into your community.***

**For 10 days in a row at 8 hours a day our caregivers can:**

- Assist with the meal routine, escort services to and from the dining room
- Client orientation and a tour of the community
- Light organizational assistance in your new apartment
- Support with identifying activities, social events and how to get to them
- Reinforcing the use of the call bell for assistance, how and when to press it
- Encouraging new relationships in the community with other Residents
- Get them used to going to breakfast and dinner in the dining room
- Take them to activities so they can socialize with the new residents
- Getting them used to pushing the call bell when they need assistance and waiting for the GNA to respond

Landow House, Cohen Rosen, Landow Connections and Wasserman: \$1999

For more information, contact Leyla Henderson, Administrator, by phone at (301) 816-5020 or email [henderson@smithlifelifehomecare.com](mailto:henderson@smithlifelifehomecare.com)

*\*Subject to nursing assessment*

**Exceptional care.  
Enhanced safety.**

**(301) 816-5020**  
**smithlifelifehomecare.com**  
**info@smithlifelifehomecare.com**



# INDEPENDENCE PLUS!

Assistance when you need it.  
Independence when you don't.



The Independence Plus! program from SmithLife Homecare provides the help you need with no long-term commitment, no hidden charges, and at very reasonable rates.

Whether you are recovering from a minor setback or you just need a little extra help, Independence Plus! has a menu of supportive services. Choose just what you need and pay only for what you use.

**One phone call brings  
help you can trust.**

301-816-5020

**SMITHLIFEHOMECARE.COM**

## Menu of Services

Assistance with dressing	\$15.00
Assistance with ambulation	\$11.00
Laundry (one load)	\$25.00
Each additional load	\$10.00
Medication reminders	\$15.00
Safety checks (each time)	\$12.00
Escort	\$11.00
Walks	\$18.00
Sparkling Clean Initial	\$60.00
Sparkling Clean Service	\$30.00
Move out cleaning (3hr. min.)	\$175.00

INDEPENDENCE PLUS! SERVICES ARE AVAILABLE **EXCLUSIVELY** TO CESLC RESIDENTS

*Rates subject to change without notice. Time of service provision varies according to worker schedules and availability.*

A joint project of Charles E. Smith Life Communities and Augustine Home Health Care, SmithLife Homecare is a Maryland-licensed Residential Services Agency. Nursing Assistants are extensively trained, closely supervised, cleared by thorough background checks, licensed, fully bonded, and insured.

Licensed as a Residential Service Agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality license number R1152R. DC NSA-0611.

UPDATED 11/22





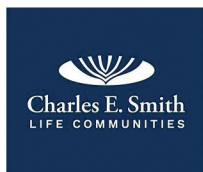
# A Gift Voucher For You

SmithLife Homecare invites you to try our caregiver services with this buy one hour get **one hour free coupon!**

Buy one hour of our service at one of the residences on the Charles E. Smith Life Communities Campus and get one hour FREE. A welcome gift from SmithLife Homecare.

Coupon code: 1free

Terms and condition: For new service only. Redeemable within 60 days of moving in. Must agree to the terms and conditions of our client agreement. Excludes Hebrew Home.



Call us today for more information or to schedule your service  
**(301) 816-5020**

1801 E. Jefferson St. Rockville, MD 20852

**SMITHLIFEHOMECARE.COM**

MD License # R1152R | DC License # NSA-0611



# Sparkling CLEAN



SmithLife Homecare can help take the work out of keeping your apartment home clean and fresh.

Our *Sparkling Clean* program offers you the deep cleaning services you need to keep your home at its finest. In addition to those listed, ask us about services such as oven cleaning, refrigerator cleaning, window washing, packing and unpacking, wall washing and cabinet cleaning and organization. **Special requests are always welcome!**

Standard Rates	
INITIAL VISIT (2 hrs)	\$60
SUBSEQUENT VISITS (1 hr)	\$30
MOVE OUT CLEANING (3 hr minimum)	\$175


- ✓ **Professional service**
- ✓ **Affordable rates**
- ✓ **Licensed, bonded and insured**

**SMITHLIFEHOMECARE.COM**

Licensed as a residential service agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality license number R1152. DC NSA-0294

## SERVICES INCLUDE:

- ✓ Vacuuming furniture and carpets
- ✓ Mopping all hard floors
- ✓ Cleaning, scrubbing and sanitizing showers, bathtubs and sinks
- ✓ Cleaning and sanitizing vanities, backsplashes and toilets
- ✓ Cleaning mirrors and polishing chrome
- ✓ Cleaning range top
- ✓ Cleaning refrigerator top and exterior
- ✓ Cleaning and wiping down kitchen appliances, counters, cabinets, tables and chairs
- ✓ Cleaning microwave oven inside and out
- ✓ Dusting furniture and baseboards
- ✓ Removing cobwebs
- ✓ Emptying and cleaning ashtrays and wastebaskets

 **Call today**  
**301-816-5020**