



שנה טובה

High Holidays Services  
2023/5784



Charles E. Smith  
LIFE COMMUNITIES

# Contents

- 1. Message from Rabbi Daniel Braune-Freidman..... 2
- 2. Schedule of Services..... 3
- 3. Clergy Biographies..... 10
- 4. Jewish Calendar ..... 14
- 5. High Holidays Explained ..... 15

As we approach the sacred and joyous occasion of the High Holidays, I am filled with gratitude and excitement to come together as a community to celebrate and reflect on the past year. It is my honor to extend a warm welcome to each one of you as we prepare for this meaningful and significant time of the year.

The High Holidays, Rosh Hashanah, Yom Kippur and Sukkot, provide us with a unique opportunity for introspection, renewal, and spiritual growth. These moments of reflection allow us to take stock of our lives, seek forgiveness, and set intentions for the coming year. Together, we stand united in our efforts to strengthen our bonds as a community and as individuals striving for personal and communal betterment. Our shared experiences will deepen our connections and foster a sense of belonging, reminding us of the strength and beauty that lies in our diverse and caring community.

This year, our community has faced various challenges, yet we have demonstrated time and again that we are resilient and united in times of adversity. As we gather for the High Holidays, let us celebrate not only our successes but also our ability to support and uplift one another during challenging times. Together, we find strength in unity and compassion.

I extend my heartfelt gratitude to all those who have contributed their time, talents, and resources to make this guide and the High Holidays possible. Our collective efforts have made this a truly inclusive and enriching experience for everyone involved.

As you embark on this spiritual journey with us, I encourage you to embrace the opportunity to grow and connect. Participate in our services, engage in discussions, and share your thoughts and ideas with fellow community members. Together, we can make this High Holiday season a deeply meaningful and transformative one.

May the High Holidays fill your hearts with hope, love, and peace. May we find inspiration in the ancient teachings and traditions that have sustained us for generations. And may the New Year be one of health, prosperity, and abundant blessings for you and your loved ones. With warm wishes for a meaningful and uplifting High Holiday season,



Rabbi Daniel Braune-Friedman

Senior Rabbi/Spiritual Life, Director | Charles E. Smith Life Communities  
(240) 283-3879 | [braune-friedman@ceslc.org](mailto:braune-friedman@ceslc.org)

LANDOW HOUSE			
Evening Service	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
REVITZ HOUSE			
Evening Service	7:30 p.m.	Activity Center	Rabbi Shlomo Zacharow
RING HOUSE			
Evening Service	6:15 p.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
SMITH-KOGOD RESIDENCE			
Evening Service	6:15 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Anna Markowitz Fedrick
WASSERMAN RESIDENCE			
Evening Service	6 p.m.	Social Hall	Rabbi Daniel Braune- Friedman



LANDOW HOUSE			
Morning Service	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
REVITZ HOUSE			
Morning Service	10 a.m.	Activity Center	Rabbi Shlomo Zacharow
RING HOUSE			
Morning Service	10 a.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
SMITH-KOGOD RESIDENCE			
Morning Service	10 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Anna Markowitz Fedrick
WASSERMAN RESIDENCE			
Morning Service	10 a.m.	Social Hall	Rabbi Daniel Braune- Friedman/Cantor Jeff Moss





LANDOW HOUSE

Morning Service with Shofar	10:30 a.m.		Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Spiritual Tashlich	Noon		
Tashlich with Ring House residents	3 p.m.	Meet in front of Cohen-Rosen House	Rabbi Daniel Braune-Friedman

REVITZ HOUSE

Morning Service with Shofar	10 a.m.	Activity Center	Rabbi Shlomo Zacharow
-----------------------------	---------	-----------------	-----------------------

RING HOUSE

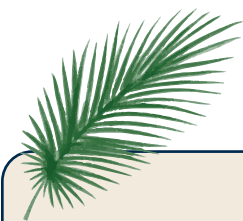
Morning Service with Shofar	10 a.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
Tashlich		Lobby	Rabbi Daniel Braune-Friedman

SMITH-KOGOD RESIDENCE

Morning Service with Shofar	10 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Cantor Anna Markowitz Fedrick
Tashlich	3 p.m.	Social Hall	Rabbi Daniel Braune-Friedman

WASSERMAN RESIDENCE

Morning Service with Shofar	10 a.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss
Tashlich	2 p.m.	Lobby	Rabbi Daniel Braune-Friedman



Need a Lulav for Sukkot?

Contact Rabbi Dan: (240) 283-3879 | [braune-friedman@ceslc.org](mailto:braune-friedman@ceslc.org)

LANDOW HOUSE			
Kol Nidre	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
REVITZ HOUSE			
Violin and Piano Prelude to Kol Nidre	2 p.m.	AC1	Joanna and Jiyoun
Kol Nidre	7:30 p.m.	Activity Center	Rabbi Shlomo Zacharow
RING HOUSE			
Musical Prelude to Kol Nidre	11 a.m.	Evelyn Auerbach Social Hall	Lauren Latessa with Cello Crossing
Kol Nidre	6:15 p.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
SMITH-KOGOD RESIDENCE			
Musical Prelude to Kol Nidre	2 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Lauren Latessa with Cello Crossing
Kol Nidre	6:15 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Rabbi Daniel Braune- Friedman/Cantor Jeff Moss
WASSERMAN RESIDENCE			
Musical Prelude to Kol Nidre	3:30 p.m.	Elizabeth Gelman Kossow Lobby	Lauren Latessa with Cello Crossing
Kol Nidre	6:15 p.m.	Social Hall	Cantor Anna Markowitz Fedrick

LANDOW HOUSE

Morning Service with Yizkor	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Discussions	3 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Mincha/Neila	4 p.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
Fast Ends	7:41 p.m.		

REVITZ HOUSE

Morning Service	10 a.m.	Activity Center	Rabbi Shlomo Zacharow
Afternoon Discussion	2:30 p.m.	Activity Center	Rabbi Shlomo Zacharow
Yizkor	3:30 p.m.	Activity Center	Rabbi Shlomo Zacharow
Mincha/Neila	7 p.m.	Activity Center	Rabbi Shlomo Zacharow
Fast Ends	7:41 p.m.		

RING HOUSE

Morning Service with Yizkor	10 a.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
Neilah Service	4 p.m.	Evelyn Auerbach Social Hall	Rabbi James Michaels
Fast Ends	7:41 p.m.		

SMITH-KOGOD RESIDENCE

Morning Service with Yizkor	10 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	Rabbi Shlomo Zacharow
Class	2 p.m.	2S Living Room	Rabbi Daniel Braune- Friedman
Fast Ends	7:41 p.m.		



Yom Kippur (Cont.)

Monday, September 25

WASSERMAN RESIDENCE			
Morning Service with Yizkor	9:30 a.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss
Class	3:30 p.m.	Elsie & Marvin Dekelbourn Family Lounge	Rabbi Daniel Braune-Friedman
Mincha	5:15 p.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss
Neilah Service and Havdallah	6:25 p.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss
Fast Ends	7:41 p.m.		

Evev Sukkot | Day 1

Friday, September 29

RING HOUSE		
Evening Service	4:15 p.m.	Rabbi Daniel Braune-Friedman

Sukkot | Day 1

Saturday, September 30

LANDOW HOUSE			
Morning Service	10:30 a.m.	Theater	Rabbah Arlene Berger/Cantorial Soloist Joan Wolf
REVITZ HOUSE			
Morning Service	10 a.m.	Activity Center	Emily Howard Meyer
SMITH-KOGOD RESIDENCE			
Morning Service	10:30 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	TBD
WASSERMAN RESIDENCE			
Morning Service	10:30 a.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss

REVITZ HOUSE			
Lulav Wave	4 p.m.	Patio	Emily Howard Meyer
RING HOUSE			
Morning Service	10:30 a.m.		Rabbi Mark Raphael
WASSERMAN RESIDENCE			
Morning Service	10:30 a.m.	Social Hall	Rabbi Daniel Braune-Friedman/Cantor Jeff Moss

Shemini Atzeret

Saturday, October 7

LANDOW HOUSE			
Morning Service and Yizkor	10:30 a.m.	Theater	Rabbah Arlene Berger/ Cantorial Soloist Joan Wolf
REVITZ HOUSE			
Yizkor	2 p.m.	Activity Center	TBD
SMITH-KOGOD RESIDENCE			
Morning Service and Yizkor	10:30 p.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	TBD
WASSERMAN RESIDENCE			
Morning Service and Yizkor	10:30 a.m.	Social Hall	TBD

Simchat Torah

Sunday, October 8

REVITZ HOUSE			
Simchat Torah Service	10 a.m.	Activity Center	Emily Howard Meyer
SMITH-KOGOD RESIDENCE			
Hakfot and Kiddush	10:30 a.m.	Yetta Krupsaw and Samuel Paul Cohen Social Hall	TBD
WASSERMAN RESIDENCE			
Hakfot and Kiddush	2:30 p.m.	Elizabeth Gelman Kossow Lobby	Rabbi Daniel Braune-Friedman

# Clergy Biographies



**RABBI DANIEL BRAUNE-FRIEDMAN**  
**CHARLES E. SMITH LIFE COMMUNITIES**  
**DIRECTOR OF SPIRITUAL LIFE/SENIOR RABBI**

---

Rabbi Daniel Braune-Friedman is director of spiritual life and senior rabbi at CESLC. He came to CESLC in 2018 after his tenure as director of pastoral care at Hebrew Healthcare and National Healthcare in West Hartford, Connecticut. Braune-Friedman was born in Montrose, New York, and graduated from the University of Massachusetts Amherst.

He studied at Yeshivat Darchei Noam in 2001 and began rabbinical school at Yeshivat Chovevei Torah in 2004. He became a chaplain at Oxford University in 2009. During his tenure at Oxford, he provided support to students, faculty members and community lay leaders. He returned to the United States after four years to complete his healthcare chaplaincy training at Hartford Hospital in Connecticut.

Rabbi Braune-Friedman is a board-certified chaplain through Neshama: Association of Jewish Chaplains.



**RABBI JAMES MICHAELS**  
**DIRECTOR OF PASTORAL CARE, EMERITUS, CESLC**

---

Rabbi James Michaels served as director of pastoral care at CESLC from 2003 until 2018. After he retired, he continued to serve as director of clinical pastoral education until his full retirement in 2021.

Born in Auburn, New York, Rabbi Michaels received his Bachelor of Arts degree from Cornell University in 1968. He was ordained and received his Master of Arts degree in Hebrew letters from Hebrew Union College-Jewish Institute of Religion in New York in 1974.

He became a board-certified chaplain in 2005 and received his Doctor of Ministry degree in pastoral counseling from the Graduate Theological Foundation in 2006 with a specialization in bereavement counseling. Rabbi Michaels was certified as a clinical pastoral education supervisor in 2007.

Rabbi Michaels has served in pulpits in New York, Pennsylvania and Michigan. Throughout those years, he also worked as a healthcare chaplain at Bronx Psychiatric Center and with the Veterans Administration.

He co-edited “Flourishing in the Later Years: Jewish Perspectives on Long-Term Pastoral Care” and has also published many articles in professional publications including “Dementia-Friendly Worship: A Multifaith Handbook for Chaplains, Clergy and Faith Communities,” published in 2019.



**RABBAH ARLENE BERGER**

Rabbah Arlene Berger has worked as a chaplain at Hebrew Home of Greater Washington since 2008. She and her children, Jennie and Alex, were the first people to lead Kabbalat Shabbat services at Landow House upon its opening.

Rabbah Berger is rabbi at Hevrat Shalom in Rockville, MD. She is also a chaplain for the Jewish Social Service Agency Community in Silver Spring, MD.

A graduate of the Reconstructionist Rabbinical College, Rabbah Berger earned MSW and MBA degrees from Boston College, as well as a certificate in gerontology. Prior to becoming a rabbi, she spent many years working as a social worker, gerontologist, senior mobility specialist and Jewish educator.



**LAUREN LATESSA WITH CELLO CROSSING**

Lauren Latessa, cellist and founder of Iris Music Project, has dedicated her career to exploring the ways music can infuse and transform communities. Her innovative work has earned her awards and recognition from the Tarisio Trust, the Association of Jewish Aging Services and the National Arts Strategies. Lauren holds degrees from Peabody Conservatory, Johns Hopkins University and Northwestern University. For these performances, she is joined by her colleagues from the Iris Music Project and the Cello Crossing ensemble.



### **CANTOR JEFF MOSS**

---

Cantor Jeff Moss has been leading High Holiday services at Hebrew Home of Greater Washington since 1986. He has led services on Shabbat at Wasserman Residence regularly since 1999 and has also led the sedarim on Passover.

Cantor Moss was born in Brooklyn, New York, where he attended Jewish day school and learned the liturgy from his father, Cantor Louis Moss, z"l, and his grandfather, Rabbi Aaron Masliansky, z"l. He grew up at Town and Village Synagogue in lower Manhattan, where his father was the cantor.

Upon graduating from New York University and SUNY-Binghamton, Cantor Moss moved to the Washington, D.C., area where he worked for IBM. He currently works in information technology for GEICO.

Cantor Moss is a member of B'nai Israel Congregation and has been active in the congregation, serving as men's club president and ritual vice president. He also was president of the Seaboard Region of the Federation of Jewish Men's Clubs (FJMC). He continues to be active in the FJMC and was awarded its Regional Man of the Year Award in 2013.



### **CANTORIAL SOLOIST JOAN WOLF**

---

Joan Wolf is cantorial soloist for the 2021 high holidays at Landow House. In her teens, she served as Vice President of the B'nai B'rith Youth Organization Chicago Council and was a member of their auditioned choral ensemble. She possesses a degree in Music and Vocal Performance from American University where she produced and performed in theatrical productions and in choirs, madrigal groups and recitals. Wolf is currently the Cantorial Soloist at Hevrat Shalom in Rockville, MD and the president of Zemer Chai, the Jewish Chorale of the Nation's Capital. Wolf is Vice President of Gerlach Real Estate, Inc. and has been a real estate sales agent since 1980.



## **RABBI SHLOMO ZACHAROW**

---

Rabbi Shlomo Zacharow has been leading High Holiday services in a variety of capacities for the last 25 years and returns for his second year at CESLC.

He received his Master of Arts degree and rabbinic ordination from the Schechter Rabbinical Seminary and now serves on its board of trustees. He has an additional investiture from the Beit Midrash for Israeli Rabbis, affiliated with The Shalom Hartman Institute and HaMidrasha at Oranim. He studied hazzanut at the Jerusalem Cantorial Institute.

Rabbi Zacharow is currently chairman of the Israel Rabbinical Assembly Law Committee and director of the Masorti Movement Bet Din for Divorces. He serves on the faculty of the Conservative Yeshiva and works in rabbinic development for Masorti Olami.

# 2024 Jewish Calendar

## HOLIDAY

Rosh Hashanah	September 15–17
Tzom Gedaliah	September 18
Yom Kippur	September 25
Sukkot, First Days	September 30–October 1
Sukkot, Chol HaMoed	October 2–6
Shemini Atzeret	October 7
Simchat Torah	October 8
Chanukah	December 8–14
Tu Bishvat	January 25
Fast of Esther/Purim Night	March 23
Purim Day	March 24
Passover, First Days	April 23-24
Passover, Chol HaMoed	April 25-28
Passover 7th Day	April 29
Passover 8th Day	April 30
Yom Hashoah	May 6
Yom Hazikaron	May 13
Yom Ha'atzmaut	May 14
Lag Ba'omer	May 26
Shavuot, First Day	May 12–13
Tzom 17 Tammuz	July 23
Tisha B'Av	August 13

*Jewish holidays begin at sundown the day before.*



# High Holidays Explained

**Rosh Hashanah**, also known as the Jewish New Year, is one of the most significant and solemn holidays in the Jewish calendar. It marks the beginning of the Ten Days of Repentance, a period of introspection and spiritual reflection that culminates in Yom Kippur, the Day of Atonement. Rosh Hashanah usually falls in September or October, on the first and second days of the Jewish month of Tishrei.



On this day we blow the ram's horn, known as the *shofar*, which calls our attention to God's ruling power in the universe. We also eat special foods as ways to pray, like apples and honey to ask for sweetness and wholeness in the year ahead.

Rosh Hashanah is a time of reflection, renewal, and hope for a brighter future. It is a reminder to take stock of one's actions, seek forgiveness and reconciliation, and set positive intentions for the coming year. The holiday fosters a sense of community and unity among Jewish people worldwide as they embark on this spiritual journey together.

**Yom Kippur**, also known as the Day of Atonement, is the holiest and most solemn day in the Jewish calendar. It falls on the 10th day of the Jewish month of Tishrei, exactly ten days after Rosh Hashanah, the Jewish New Year. Yom Kippur is a day of fasting, prayer, and repentance, during which Jewish people seek atonement for their sins and transgressions committed during the past year. Yom Kippur concludes with the Neilah service, a powerful and emotional prayer recited as the day comes to an end. It is believed that at this moment, the "gates of heaven" are closing, signifying the end of the Day of Atonement. After Yom Kippur, Jewish people typically break their fast with a festive meal, expressing gratitude for the opportunity to seek forgiveness and start anew in the coming year.





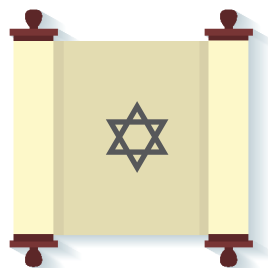
**Sukkot**, also known as the Feast of Tabernacles, is a joyous and significant Jewish holiday that follows shortly after Yom Kippur. It begins on the 15th day of the Jewish month of Tishrei and lasts for seven days, with an additional day celebrated outside of Israel, known as Shemini Atzeret. Sukkot is a time of harvest celebration, historical commemoration, and religious observance. We sit in a temporary booth, known as a sukkah, to show how important God's protection is. We also wave

forth plant species, a lulav (palm frond), an etrog (citron fruit), hadassim (myrtle branches), and aravot (willow branches). Each of these items has symbolic significance, and their unity represents the diverse nature of the Jewish community.



**Shemini Atzeret and Simchat Torah** are two Jewish holidays that are celebrated consecutively, immediately following the seven days of Sukkot. In some Jewish communities, they are considered as one combined holiday, while in others, they are observed as distinct celebrations.

Shemini Atzeret, which translates to "the eighth day of assembly," is celebrated on the 22nd day of the Jewish month of Tishrei, one day after the conclusion of Sukkot. It is a separate holiday, though it is often grouped together with Sukkot due to its proximity.



Simchat Torah is a day of immense joy and celebration. Synagogues are filled with singing, dancing, and merriment as the Torah scrolls are taken from the ark and paraded around the synagogue in a series of seven hakafot (circuits).

Shemini Atzeret and Simchat Torah together mark the conclusion and renewal of the annual Torah reading cycle. These holidays hold great significance in Jewish tradition, fostering a sense of community, celebration, and commitment to the study and observance of the Torah.

Charles E. Smith Life Communities  
delivers quality care and meaningful life  
experiences to older adults, with dignity and  
compassion rooted in Jewish values.

