

July 2024



Cohen Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 INDEPENDENCE DAY	5	6
	<p>10:00 AM Morning Stretch 11:00 AM Canada Day "History and Songs" 1:00 PM Quiet Time 1:30 PM Spirit of Independence Day with Jiyoung and Lauren (TH) 2:00 PM Culture and Style Around the World "Canada" 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Canadian Folk Music</p>	<p>10:00 AM Beauty Salon Visits 11:00 AM Lost Sitcoms & Forgotten Comedy Michael Rankin 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Great Violinists of 40s and 50s</p>	<p>10:30 AM Scenic Bus Ride "Exploring through the City " 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 3:30 PM Toss Games 4:00 PM Armchair Travels</p>	<p>10:15 AM Patriotic Drum Circle with Lauren 11:00 AM July 4th Acrostic Poem 1:00 PM Quiet Time 2:00 PM Independence Day Trivia 3:30 PM Afternoon Snacks 4:00 PM Music Entertainment Seniorita Sunshine USO Tribute</p>	<p>10:30 AM Exploring through the City Ride 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 2:30 PM The Greatest Jewish Americans Music Artist 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Top Table Games 3:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Sing Along Songs & Instruments</p>
7	8	9	10	11	12	13
<p>10:00 AM Name Categories Game 11:00 AM Finish the Old English Proverb 1:00 PM Quiet Time 2:00 PM Reminiscing Songs and Musical Instruments 3:00 PM Chair Exercise 3:30 PM Mind Joggers 4:00 PM Sing A Long</p>	<p>10:00 AM Neighborhood Strolls 11:00 AM You Be the Judge 1:00 PM Quiet Time 1:30 PM What's Music Chamber? with Joanna (TH) 2:00 PM Culture and Style Around the World 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM July Fun Facts</p>	<p>10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM The Wonder's of Dogs Presentation by Mariah 3:30 PM Afternoon Snacks 4:00 PM Music with Joanna</p>	<p>10:30 AM Tour at Maryland Aviation Museum 1:00 PM Quiet Time 2:00 PM Mind Jogger "Guess the Historical Figure" 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels</p>	<p>10:15 AM Drum Circle with Lauren 11:00 AM Board Games "Match words" 1:00 PM Quiet Time 2:30 PM Word unscrambles. 3:30 PM Afternoon Movie: "This is the Army" 3:30 PM Rootbeer Foat Social</p>	<p>10:00 AM Trip to Locust Grove Nature Center 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Short Stories Reading 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Top Table Games 3:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Sing Along Songs & Instruments</p>
14	15	16	17	18	19	20
<p>10:00 AM Name Categories Game 11:00 AM Finish the Old English Proverb 1:00 PM Quiet Time 2:00 PM My Travel Experience with Mariah "Indonesia" 3:00 PM Chair Exercise 3:30 PM Mind Joggers 4:00 PM Sing A Long</p>	<p>10:00 AM Morning Tennis with Sylvie 11:00 AM Art And Craft 1:00 PM Quiet Time 1:30 PM Movie Music, from Mancini to Williams with the Trio (TH) 2:00 PM Culture and Style Around the World 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Brain Teaser "Choose one Button"</p>	<p>10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM One on One with Joanna 4:00 PM Shakespeare-Inspired Songs</p>	<p>10:30 AM Scenic Bus Ride "Exploring through the City " 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie (Ridle me this) 2:30 PM Music with Joanna 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels</p>	<p>10:15 AM Drum Circle with Lauren 11:00 AM National Moon Day "Songs with Moon in the Lyrics" 1:00 PM Quiet Time 2:00 PM World Listening Day "Guess The Sound" 3:30 PM Afternoon Movie: It Happened to Jane 1959 3:30 PM Ice Cream Bar Social</p>	<p>10:30 AM Trip to Woodlawn Museum 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 2:30 PM Classic Summer Songs 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Top Table Games 3:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Sing Along Songs & Instruments</p>
21	22	23	24	25	26	27
<p>10:00 AM Name Categories Game 11:00 AM Finish the Old English Proverb 1:00 PM Quiet Time 2:00 PM The 1940's Presented by Mariah 3:00 PM Chair Exercise 3:30 PM Mind Joggers 4:00 PM Sing A Long</p>	<p>10:00 AM Morning Stretch 11:00 AM Music and Poetry 1:00 PM Quiet Time 2:00 PM Puzzling 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 3:30 PM Afternoon Tennis Game 4:00 PM Family Feud Game</p>	<p>10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Elvis Presley's Song facts</p>	<p>10:30 AM Tour to Rockville Manor 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie (Name that Song) 2:30 PM Music with Joanna 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels</p>	<p>10:15 AM Drum Circle with Lauren 11:00 AM Board Games "Guess the correct word" 1:00 PM Quiet Time 2:30 PM Word unscrambles. 3:30 PM Afternoon Snacks 3:30 PM Afternoon Movie: Yours, Mine & Ours 1968</p>	<p>10:30 AM Trip to Meadowside Nature Center 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Shabbat Service with Rabbah Arlene 3:30 PM Afternoon Snacks 4:00 PM Hebrew Bible Trivia</p>	<p>10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Top Table Games 3:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Sing Along Songs & Instruments</p>
28	29	30	31			
<p>10:00 AM Name Categories Game 11:00 AM Finish the Old English Proverb 1:00 PM Quiet Time 2:00 PM My Travel Experience with Mariah "Tanzania" 3:00 PM Chair Exercise 3:30 PM Mind Joggers 4:00 PM Sing A Long</p>	<p>10:00 AM Morning Stretch 10:00 AM Echoes of Nature 11:00 AM NASA History 1:00 PM Quiet Time 1:30 PM Tim Pan Alley Music Programing with the Trio (TH) 2:00 PM NASA Fan Fact 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Classic Family Music</p>	<p>10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM One on One with Joanna 4:00 PM Summer Movie Soundtracks</p>	<p>10:30 AM Scenic Bus Ride "Exploring through the City " 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels</p>			