

July 2024



Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 INDEPENDENCE DAY	5	6
	<p>10:00 AM Chair Dance with Mariah (SF)</p> <p>11:00 AM Nature Break</p> <p>1:30 PM Spirit of Independence Day with Jiyoung and Lauren (TH)</p> <p>2:45 PM The Crown Netflix Series: "Gelignite" Episode 6 (SF)</p> <p>4:00 PM One On One Visits with Mariah</p> <p>4:00 PM Family Feud Game with Nyah (SF)</p>	<p>10:00 AM Scenic Drive: "DC Monuments"</p> <p>10:00 AM Resistance Band Exercise with Nyah (SF)</p> <p>1:30 PM The 1970's Presentation by Claudia (SF)</p> <p>3:00 PM Classic Television Shows</p> <p>4:00 PM Stories & Reminiscence (BCAT) (SF)</p>	<p>10:00 AM Workout with Lori (SF)</p> <p>11:00 AM Mind Joggers</p> <p>1:30 PM Art Workshop with Claudia (AR)</p> <p>3:00 PM Current Events with Mariah</p> <p>4:00 PM Table Games (SF)</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF)</p> <p>11:00 AM The History and Music of the American Revolution and love with Dr. Alan & Lauren (TH)</p> <p>1:30 PM 4th of July Celebration with Senorita Sunshine USO Special</p> <p>2:30 PM Ice Cream Social (L&C)</p>	<p>10:00 AM Strengthening Exercise (SF)</p> <p>11:00 AM Music & History The Great Course Lectures: "Crumb: Black Angels (1970)" (SF)</p> <p>1:30 PM Landow Singers with Jiyoung Music (TH)</p> <p>3:00 PM Landow House Happy Hour (Café)</p> <p>4:00 PM Shabbat Service (TH)</p>	<p>10:30 AM Shabbat Services (TH)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF)</p> <p>3:00 PM Table Top Games</p> <p>4:00 PM Classic Movies</p> <p>8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
7	8	9	10	11	12	13
<p>10:00 AM Morning Exercise with Joyce (SF)</p> <p>11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF)</p> <p>1:30 PM Karaoke with Joyce (SF)</p> <p>3:00 PM Lemonade & Cookies Social</p>	<p>10:00 AM Dance Class with the Clancy Company (SF)</p> <p>11:00 AM Nature Break</p> <p>1:30 PM What's Music Chamber? with Joanna (TH)</p> <p>2:45 PM The Crown Netflix Series: "Scientia Potentia Est" Episode 7 (SF)</p> <p>4:00 PM One On One Visits with Mariah</p> <p>4:00 PM Spotlight Players Drama Club (SF)</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF)</p> <p>11:00 AM Mind Joggers (SF)</p> <p>2:15 PM Music with Joanna</p> <p>3:00 PM Classic Television Shows</p> <p>4:00 PM Stories & Reminiscence (BCAT) (SF)</p>	<p>10:00 AM Workout (SF)</p> <p>11:00 AM Mind Joggers</p> <p>1:30 PM Art Workshop with Claudia (AR)</p> <p>3:00 PM Current Events with Mariah</p> <p>4:00 PM One On One Visits with Mariah</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF)</p> <p>1:30 PM Afternoon Movie : "Brooklyn" (TH)</p> <p>2:00 PM Manicures & Music</p> <p>3:30 PM Exercise Class with Taylor (SF)</p> <p>4:00 PM BCAT Reminiscing Stories</p>	<p>10:00 AM Strengthening Exercise with Claudia (SF)</p> <p>11:00 AM Great Performance: Now Hear This: "Rising Stars" (SF)</p> <p>1:00 PM Quiet Time</p> <p>1:30 PM Taylor swift and Beyoncé with Madelyn and Lauren (TH)</p> <p>4:00 PM Shabbat Service (TH)</p>	<p>10:30 AM Shabbat Services (TH)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF)</p> <p>3:00 PM Table Top Games</p> <p>4:00 PM Classic Movies</p> <p>8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
14	15	16	17	18	19	20
<p>10:00 AM Morning Exercise with Joyce (SF)</p> <p>11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF)</p> <p>1:30 PM PBS Documentary: "Coney Island" (SF)</p> <p>3:00 PM Tacy Foundation Music Rehearsals</p>	<p>10:15 AM Music and Movement with Lauren</p> <p>11:00 AM Nature Break</p> <p>1:30 PM Movie Music, from Mancini to Williams with the Trio (TH)</p> <p>2:45 PM The Crown Netflix Series: "Pride & Joy" Episode 8 (SF)</p> <p>4:00 PM One On One Visits with Mariah</p>	<p>10:00 AM Resistance Band Exercise with Nyah (SF)</p> <p>11:00 AM Mind Joggers (SF)</p> <p>2:15 PM Music with Joanna</p> <p>3:00 PM Classic Television Shows</p> <p>4:00 PM Stories & Reminiscence (BCAT) (SF)</p>	<p>10:00 AM Workout (SF)</p> <p>11:00 AM Mind Joggers</p> <p>1:30 PM Celebrating a Moon Landing Anniversary! Music with Joanna (TH)</p> <p>3:00 PM Current Events with Mariah</p> <p>4:00 PM One On One Visits with Mariah</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF)</p> <p>1:30 PM New Release Movie : "Arthur the King" (TH)</p> <p>2:00 PM Manicures & Music</p> <p>3:30 PM Exercise Class with Taylor (SF)</p> <p>4:00 PM BCAT Reminiscing Stories</p>	<p>10:00 AM Strengthening Exercise with Claudia (SF)</p> <p>11:00 AM Great Performance: Now Hear This: "Virtuosos"</p> <p>1:30 PM Songs that made them famous with Marilyn and Lauren! (TH)</p> <p>3:00 PM Monthly Birthday Celebrations Social</p> <p>4:00 PM Shabbat Service (TH)</p>	<p>10:30 AM Shabbat Services (TH)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF)</p> <p>3:00 PM Table Top Games</p> <p>4:00 PM Classic Movies</p> <p>8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
21	22	23	24	25	26	27
<p>10:00 AM Morning Exercise with Joyce (SF)</p> <p>11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT (SF)</p> <p>1:30 PM Karaoke with Joyce (SF)</p> <p>3:00 PM Lemonade & Cookies Social</p>	<p>10:00 AM Chair Dance with Marcy (SF)</p> <p>10:15 AM Music and Movement with Lauren</p> <p>11:00 AM Nature Break</p> <p>2:00 PM Presentation on Elections by Dr. Alan Breitler (SF)</p> <p>3:30 PM The Crown Netflix Series: "Assassins" Episode 9 (SF)</p> <p>4:00 PM One On One Visits with Mariah</p> <p>4:00 PM Spotlight Players Drama Club (SF)</p>	<p>10:00 AM Scenic Drive: "The Marine Corp/ Iwo Jima Memorial"</p> <p>10:00 AM Resistance Band Exercise with Nyah (SF)</p> <p>11:00 AM Current Events with Judy Cohen (SF)</p> <p>2:00 PM Torah Talk with Rabbah Arlene (SF)</p> <p>3:00 PM Classic Television Shows</p> <p>4:00 PM Stories & Reminiscence (BCAT) (SF)</p>	<p>10:00 AM Workout (SF)</p> <p>11:00 AM Mind Joggers</p> <p>1:30 PM From Canvas to Concert - Music Inspired by Paintings with Joanna (TH)</p> <p>3:00 PM Current Events with Mariah</p> <p>4:00 PM One On One Visits with Mariah</p>	<p>10:00 AM Morning Stretch Class with Mariah (SF)</p> <p>1:30 PM New Release Movie : "The Fall Guy" (TH)</p> <p>2:00 PM Manicures & Music</p> <p>3:30 PM Exercise Class with Taylor (SF)</p> <p>4:00 PM BCAT Reminiscing Stories</p>	<p>10:00 AM Strengthening Exercise with Claudia (SF)</p> <p>11:00 AM Great Performance: Now Hear This: "Old Friends"</p> <p>1:30 PM Exploring Bach's cello suites with Lauren (TH)</p> <p>3:00 PM Landow House Happy Hour (Café)</p> <p>4:00 PM Shabbat Service (TH)</p>	<p>10:30 AM Shabbat Services (TH)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF)</p> <p>3:00 PM Table Top Games</p> <p>4:00 PM Classic Movies</p> <p>8:45 PM Havdalah Blessings with Dr. Alan Breitler (L&C)</p>
28	29	30	31			
<p>10:00 AM Morning Exercise with Joyce (SF)</p> <p>11:00 AM Mind Mastery: "A collection of Challenging Brain Games" BCAT</p> <p>3:00 PM Bingo (Café)</p>	<p>10:00 AM Chair Dance (SF)</p> <p>11:00 AM Echoes of Nature (SF)</p> <p>1:30 PM Tim Pan Alley Music Programing with the Trio (TH)</p> <p>2:45 PM The Crown Netflix Series: "Gloriana" Episode 10 (SF)</p> <p>4:00 PM Family Feud Game with Nyah (SF)</p>	<p>10:00 AM Trip to The Strathmore Mansion Gallery</p> <p>10:00 AM Resistance Band Exercise with Nyah (SF)</p> <p>11:00 AM Mind Joggers (SF)</p> <p>2:15 PM Music with Joanna</p> <p>3:00 PM Classic Television Shows</p> <p>4:00 PM Stories & Reminiscence (BCAT)</p>	<p>10:00 AM Workout (SF)</p> <p>11:00 AM Mind Joggers</p> <p>1:30 PM Special Event featuring The Revitz String Ensemble (TH)</p> <p>3:00 PM Current Events with Mariah</p> <p>4:00 PM One On One Visits with Mariah</p>			