

November 2024



Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Ring House Singers (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM Ro Cube Trio: Pop, Rock, and Standards (SH) 4:15 PM Shabbat Services (MR) 6:49 PM Shabbat Candle Lighting (DR) 8:30 PM Friday Night Movie: "Big Eyes" (Biographical dtama) (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: "Raise the Titanic" (Adventure) (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Saturday Night Movie: "Stagecoach" (Western) (975 & 8)
3	4	5	6	7	8	9
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Brain Games: Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: https: "Born Free" (Drama) (975 & 8) 3:00 PM Empty Ecstasy Duo: Pop and Rock vocals & guitar (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie: "That Uncertain Feeling" (Romantic comedy) (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Painting to Music (SH) 11:30 AM Walking Club (Meet at the Front Desk) 1:00 PM Theater J: You Think That's Funny with Holly (TART) 2:00 PM Bingo (MR) 3:00 PM The Development and Significance of the Talmud With Rabbi Michell Berkowitz, Bnai Israel (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: "The Great Gatsby" (MR) 8:00 PM Monday Night Movie: "Miss Firecracker" (Comedy) (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 11:00 AM Great Courses: Dead Sea Scroll Part 24 (repeat as requested) with special talk with Hans (MR) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Technology support with Jonathan (Must signup at the front desk) (TR) 3:00 PM Iris Music Project: Election Time: Vote for Brahms or Beethoven with Joanna (SH) 7:00 PM Poker Game (#2) 7:15 PM Watch the Election Live (MR) 7:30 PM Sing Along Group (Resident Run) (SH) 8:00 PM Tuesday Night Movie: "Foreign Correspondent" (Action-Adventure) (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Art with Marina (TART) 11:00 AM History Discussion Group (TR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art: Fall Door Decoration (TART) 2:00 PM Jewish Scholar: Q and A With Rabbi Dan (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 8:00 PM Opera film: "Verdi's Aida" (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM History of Israel through its waves of immigration with Steve Kerbel (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Iris Music Project: Music Committee Meeting (#4) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Iris Music Project: "Weird Classical Music-what were they thinking? with Jeff and Lauren (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: "Grease" (Musical) (MR) 8:00 PM Thursday Night Movie: "Brief Encounter" (Romantic Drama) (975 & 8)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Ring House Singers (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour with Iris Music Project: Ring House Singers: Birthday Happy to Oct & Nov (NL) 1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4) 2:00 PM Diana Quinn: Country, Bluegrass, and Rock n' Roll from the 40s, 50s, and 60s (SH) 4:15 PM Shabbat Services (MR) 4:41 PM Shabbat Candle Lighting (DR) 7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie: "The Naked Gun" (Comedy) (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie: "The War Wagon" (Western) (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Music Listening Evening 8:00 PM Saturday Night Movie: "Hamlet" (Drama) (975 & 8)
10	11	12	13	14	15	16
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM MGJDS School Visit: (TART) 2:00 PM Brain Games: Trivia with	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Veteran's Day with Bob and Iris Trio (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Guitarist Vladimir Friedman Performance (SH)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Great Courses: (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM What is on my plate (MR) 2:00 PM Brain Fitness with Dana (#4) 3:00 PM Iris Music Project: Life and Music of Tchaikovsky (pre-concert) with Joanna (SH)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Hadassah Meeting: (MR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Steve Broadway and tours (SH) 2:00 PM Jewish Scholar: (MR)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM History of Israel through its waves of immigration with Steve Kerbel (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Iris Music Project: Music Committee Meeting (#4) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR)	9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Ring House Singers (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM Jennifer Hosmer: Opera Singer (SH) 4:15 PM Shabbat Services (MR) 4:35 PM Shabbat Candle Lighting (DR)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL)

Bold activity = Sign up mandatory

WC = Wellness Center, MR = Meeting Room, #1 = Activity Room #1, NL = North Lobby, SH = Social Hall, DR = Dining Room, 975 & 8 = Channels 975 and 8, #2 = Activity Room #2, #4 = Activity Room #4, TART = Terrace Art Studio, TR = T.V. Room, #3 = Activity Room #3

<p>Jeff (MR) 2:00 PM Sunday Afternoon Movie: "South Specific" (Musical) (975 & 8) 3:00 PM Double Play flute and tuba Performance (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie: "Happy People: A Year in the Taiga" (Documentary) (975 & 8)</p>	<p>7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>	<p>7:00 PM Poker Game (#2) 7:15 PM Iris Music Project: Tchaikovsky's Seasons: A Recital with the Iris Piano Trio (SH) 8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>3:00 PM Perspectives (Current Events) (MR) 7:00 PM Singer and Keyboardist Bob Clark Performance (SH) 7:00 PM Poker Game (#2) 8:00 PM Wednesday Night Movie: "Little Lord Fauntleroy" (Drama) (975 & 8)</p>	<p>2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Iris Music Project: Life Comedy and Music of Mel Brooks (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)</p>	<p>7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie (975 & 8)</p>	<p>4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Saturday Night Movie (975 & 8)</p>
17	18	19	20	21	22	23
<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (#4) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM La Unica Trio: Latin and Celtic interpretations of popular music from the 50s thru 70s (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Ring House residents score silent film scenes, part 2 with Jeff, Joanna, Jiyoung (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Short Story Group (TR) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal (NL) 11:00 AM Great Courses: (MR) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Technology Support with Jonathan (must signup at the Front Desk) (TR) 3:00 PM Iris Music Project: Yiddish Theater: 2nd Avenue to Broadway with Lauren (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Art with Martina (TART) 11:00 AM History Discussion Group (TR) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 2:00 PM Jewish Scholar: (MR) 3:00 PM Resident Town Hall (SH) 7:00 PM Poker Game (#2) 7:30 PM Perspectives (Current Events) (MR) 8:00 PM Ballet Film (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Jewish Art Education: Art of Tikkun Olam/Fixing the World (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Iris Music Project: Drum Circle (MR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 3:00 PM Violinist and Piano Duo Performance (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Creativity Plus (Poetry Pros and Puppeteering) (#4) 2:00 PM Daniela Fujigaki: Jazz and Broadway vocalist (SH) 4:15 PM Shabbat Services (MR) 4:31 PM Shabbat Candle Lighting (DR) 8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:15 PM Music Listening Evening 8:00 PM Saturday Night Movie (975 & 8)</p>
24	25	26	27	28	29	30
<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Brain Games: Trivia with Jeff (MR) 3:00 PM Rob Tomaro Autium Leaves Peformance (SH) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Iris Music Project: Musical Thanksgiving with Joanna and Lauren (SH) 11:30 AM Walking Club (Meet at the Front Desk) 2:00 PM Bingo (MR) 3:00 PM Yoonsoo Shin: Opera and more (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 10:15 AM Iris Music: Open Rehearsal with special guest Ruth (NL) 11:00 AM Great Courses: (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Culinary Explorations (MR) 2:00 PM Brain Fitness with Dana (#4) 3:00 PM Iris Music Project: Helaine Show! (SH) 7:00 PM Poker Game (#2) 7:30 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (SH) 11:00 AM Guided Meditation (975 & 8) 11:30 AM Walking Club (Meet at the Front Desk) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Adventures in Visual Art (TART) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 7:00 PM Poker Game (#2) 8:00 PM Wednesday Night Movie: "Little Lord Fauntleroy" (Drama) (975 & 8)</p>	<p>10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 2:00 PM Ping Pong/Pool Playing (#3) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Checks (WC) 10:00 AM Movement (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM Susan McNelis: Pop, Jazz, Country and Folk with acoustic guitar (SH) 4:15 PM Shabbat Services (MR) 4:48 PM Shabbat Candle Lighting (DR) 7:15 PM Zemerot Sing Along (#4) 8:30 PM Friday Night Movie (975 & 8)</p>	<p>9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Speaking group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Saturday Night Movie (975 & 8)</p>

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