

October 2025

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Guided Meditation 11:00 Art with Martina 11:00 Iris Music Project: Musical Prelude to Kol Nidre 11:00 History Discussion Group Canceled For Kol Nidre Program 12:30 Bridge (Resident Run) 1:00 Health Seminar: Managing memory loss challenges 3:00 Current Events with Jeff Topic: Recent Supreme Court Cases 5:30 Testing Movies for 2 mins only 5:34 Testing Movies for 2 seconds only 6:30 Kol Nidre with Rabbi David Greenspoon 8:00 Ballet Film:	10:00 Movement with Marcus (Only in apartments) 10:00 Morning Service with Yizkor with Rabbi David Greenspoon 3:15 Afternoon discussion with Rabbi Daniel Braune-Friedman 6:00 Neila (Evening service) with Rabbi David Greenspoon 7:30 Final Shofar and Fast Ends with Rabbi David Greenspoon 8:00 Thursday Night Movie	9:30 Blood Pressure Screenings 10:00 Movement-Strength and Stability 11:00 Iris Music Project: Music by the Decade: 1900-1910 with Lauren 12:00 October 7 Remembrance 12:30 Bridge (Resident Run) 1:00 Happy Hour 1:00 Golden Grooves: Friday Happy Hour Dance 1:00 Creativity Plus (Poetry Prose) 3:00 Music and movement with Dan 3:00 Iris Music Project: Drum Circle with Lauren 4:15 Shabbat Services 8:30 Friday Night Movie	9:00 Soothing Nature Sounds 10:00 Movement 10:30 Shabbat Services 12:30 Bridge (Resident Run) 1:00 Scrabble Games (Resident Run) 1:30 Talmud Study (in English Translation) 2:00 Saturday Afternoon Movie 3:00 Yiddish Group 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game 7:00 Jukebox Saturday Night with D.J Alan E. 8:00 Saturday Night Movie
5	6	7	8	9	10	11
9:00 Soothing Nature Sounds 10:30 Virtual Movement (On the big screen in the Meeting Room) 12:30 Bridge (Resident Run) 1:00 Trivia with Jeff 2:00 Sunday Afternoon Movie: 2:00 Adventures in Visual Art: 3:15 Mahjong Game (Resident run) 4:00 Seated Chair Exercise: Yoga	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Live Music for the Outdoor Sports Court 11:00 Courtside Classics: Outdoor Sports Court (meet at the Hirsh Center) 11:45 Walking Club (Meet at the Front Desk) (weather permitting) 1:00 Theater J: Comedy Class with Erin Weaver (For those	10:00 Movement with Marcus (apartments only) 10:30 Morning Sukkot Service with Rabbi Mark Raphael 8:00 Tuesday Night Movie	10:00 Movement with Marcus (apartments only) 10:30 Sukkot Morning service with Rabbi Mark Raphael 8:00 Ballet Film	10:00 Virtual Movement (On the big screen in the Meeting Room) 11:00 Better Balance & Fall Prevention Training 1:00 Ice Cream Thursdays 2:00 Bingo 3:00 Great Courses: 7:00 Poker Game (Resident Run) 7:30 Movie in the Meeting Room: Stage Door 8:00 Thursday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music: Stories Behind the Music: Bruch's Kol Nidre with Lauren and Jiyoung 12:30 Bridge (Resident Run) 1:00 Happy Hour 1:00 Creativity Plus (Poetry Prose) 1:00 Golden Grooves: Friday Happy Hour Dance 3:00 Music and movement with Dan	9:00 Soothing Nature Sounds 10:00 Movement 10:30 Shabbat Services 12:30 Bridge (Resident Run) 1:00 Scrabble Games (Resident Run) 1:30 Talmud Study (in English Translation) 2:00 Saturday Afternoon Movie 3:00 Yiddish Group 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game

7:00 Poker Game 8:00 Sunday Night Movie	who signup) 2:00 Bingo 4:15 Erev Sukkot-Evening Service with Rabbi Daniel Braune-Friedman 8:00 Monday Night Movie				3:00 Iris Music Project: Drum Circle with Lauren 4:15 Shabbat Services 7:15 Zemirot 8:30 Friday Night Movie	7:00 Jukebox Saturday Night with D.J Alan E. 7:15 Book Club 8:00 Saturday Night Movie
12	13	14	15	16	17	18
9:00 Soothing Nature Sounds 10:30 Virtual Movement (On the big screen in the Meeting Room) 11:00 News & Views with Stan Wolf 12:30 Bridge (Resident Run) 1:00 Trivia with Jeff 2:00 Sunday Afternoon Movie: 2:00 Adventures in Visual Art: 3:15 Mahjong Game (Resident run) 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game 8:00 Sunday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 10:30 Simchat Torah evening service with Rabbi Daniel Braune-Friedman 11:00 Iris Music Project: Music for Indigenous People's Day with the Trio 11:00 Courtside Classics: Outdoor Sports Court (meet at the Hirsh Center) 11:45 Walking Club (Meet at the Front Desk) (weather permitting) 1:00 Theater J: Comedy Class with Erin Weaver (For those who signup) 2:00 Bingo 3:00 Guitarist Vladimir Friedman Performance 4:15 Evening service with Rabbi Daniel Braune-Friedman 8:00 Monday Night Movie	10:00 Movement with Marcus (in apartments only) 10:30 Simcha Torah morning service and Yizkor 8:00 Tuesday Night Movie	10:00 Movement with Marcus (in apartments only) 11:00 Guided Meditation 4:00 Hakaftot and Kiddush Rabbi Daniel Braune-Friedman 8:00 Ballet Film:	10:00 Virtual Movement (On the big screen in the Meeting Room) 11:00 Golda lecture series with Steve Kerbel 1:00 Ice Cream Thursdays 2:00 Chug Ivri- Hebrew Club 2:00 Bingo 3:00 Mystery Book Club 7:00 Poker Game (Resident Run) 7:30 Movie in the Meeting Room: My Fair Lady 8:00 Thursday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Celebrating the Life and Music of Chuck Mangione with Lauren and Gary 12:30 Bridge (Resident Run) 1:00 Happy Hour 1:00 Golden Grooves: Friday Happy Hour Dance 3:00 Music and movement with Dan 3:00 Iris Music Project: Drum Circle with Lauren 4:15 Shabbat Services 8:30 Friday Night Movie	9:00 Soothing Nature Sounds 10:00 Movement 10:30 Shabbat Services 12:30 Bridge (Resident Run) 1:00 Scrabble Games (Resident Run) 1:30 Talmud Study (in English Translation) 2:00 Saturday Afternoon Movie 3:00 Yiddish Group 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game 7:00 Jukebox Saturday Night with D.J Alan E. 8:00 Saturday Night Movie
19	20	21	22	23	24	25
9:00 Soothing Nature Sounds 10:30 Virtual Movement (On the big screen in the Meeting Room) 12:30 Bridge (Resident Run) 1:00 Trivia with Jeff 2:00 Sunday Afternoon Movie: 2:00 Adventures in Visual Art: 3:15 Mahjong Game (Resident run) 4:00 Seated Chair Exercise: Yoga	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Painting to Music with Lauren and Joanna 11:00 Courtside Classics: Outdoor Sports Court (meet at the Hirsh Center) 11:45 Walking Club (Meet at the Front Desk) (weather permitting) 2:00 Short Story Group 2:00 Bingo 3:00 Learning and Discussion	10:00 Better Balance & Fall Prevention Training 10:15 Iris Music: Open Rehearsal 12:30 Bridge (Resident Run) 1:00 Resident Town Hall 2:00 Brain Game with Dana (Rummikub and word within a Word) 3:00 Iris Music Project: Mozart's Mastery of Vocal Music with Joanna 7:00 Poker Game 7:15 Sing Along Group	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Guided Meditation 12:30 Bridge (Resident Run) 1:00 Health Seminar: 1:00 Iris Music Project: Ring House Singers Rehearsal with Jiyoung 2:00 Jewish Scholar: 3:00 Current Events with Jeff Topic: Recent Supreme Court Cases 7:00 Poker Game 8:00 Ballet Film	10:00 Virtual Movement (On the big screen in the Meeting Room) 11:00 Jewish Art Education 11:00 Better Balance & Fall Prevention Training 1:00 Ice Cream Thursdays 2:00 Bingo 3:00 SmithLife Educational Talk: "Aging Well" 7:00 Poker Game (Resident Run) 7:30 Movie in the Meeting Room: The Band's Visit 8:00 Thursday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Drumming Bonanza with Lauren and the Drum Circle! 12:30 Bridge (Resident Run) 1:00 Creativity Plus (Poetry Prose) 1:00 Golden Grooves: Friday Happy Hour Dance 1:00 Birthday Happy Hour with the Ring House Singers 3:00 Music and movement with Dan	9:00 Soothing Nature Sounds 10:00 Movement 10:30 Shabbat Services 12:30 Bridge (Resident Run) 1:00 Scrabble Games (Resident Run) 1:30 Talmud Study (in English Translation) 2:00 Saturday Afternoon Movie 3:00 Yiddish Group 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game 7:00 Jukebox Saturday Night

7:00 Poker Game 8:00 Sunday Night Movie	with Nina: 7:15 Mahjong Game (Resident Run) 7:30 Movie in the Meeting Room: Philadelphia Story 8:00 Monday Night Movie	(Resident Run) 8:00 Tuesday Night Movie			4:15 Shabbat Services 7:15 Zemiroth 8:30 Friday Night Movie	with D.J Alan E. 8:00 Saturday Night Movie
26	27	28	29	30	31	
9:00 Soothing Nature Sounds 10:30 Virtual Movement (On the big screen in the Meeting Room) 11:00 News & Views with Stan Wolf 11:00 Boyd's Birthday Memorial 12:30 Bridge (Resident Run) 1:00 Trivia with Jeff 2:00 Sunday Afternoon Movie: 2:00 Adventures in Visual Art: 3:00 Beth El Simcha Band 3:15 Mahjong Game (Resident run) 4:00 Seated Chair Exercise: Yoga 7:00 Poker Game 8:00 Sunday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Mysterious, Ominous and Scary Classical Music with the Trio 11:00 Courtside Classics: Outdoor Sports Court (meet at the Hirsh Center) 11:45 Walking Club (Meet at the Front Desk) (weather permitting) 2:00 Bingo 7:15 Mahjong Game (Resident Run) 7:30 Movie in the Meeting Room: 8:00 Monday Night Movie	10:00 Better Balance & Fall Prevention Training 10:15 Iris Music: Open Rehearsal with the Trio 12:30 Bridge (Resident Run) 1:00 Israeli/folk Dancing 3:00 Iris Music Project: Legendary Bluegrass Fiddlers with Joanna 7:00 Poker Game 7:15 Sing Along Group (Resident Run) 8:00 Tuesday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Guided Meditation 12:30 Bridge (Resident Run) 1:00 Health Seminar: 1:00 Iris Music Project: Ring House Singers Rehearsal with Roz and Jiyoung 2:00 Jewish Scholar: Perspectives (Current Events) 7:00 Poker Game 8:00 Ballet Film:	10:00 Virtual Movement (On the big screen in the Meeting Room) 11:00 Golda lecture series with Steve Kerbel 1:00 Ice Cream Thursdays 2:00 Chug Ivri- Hebrew Club 2:00 Bingo 3:00 Great Courses: 7:00 Poker Game (Resident Run) 7:30 Movie in the Meeting Room: 8:00 Thursday Night Movie	9:30 Blood Pressure Screenings 10:00 Strength and Stability 11:00 Iris Music Project: Musical Depictions of Dybbuks and Golems in Music with Lauren 12:30 Bridge (Resident Run) 1:00 Happy Hour 1:00 Golden Grooves: Friday Happy Hour Dance 3:00 Music and movement with Dan 3:00 Iris Music Project: Music Committee with Lauren 4:15 Shabbat Services 8:30 Friday Night Movie	