

Monday, July 6, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
10:00 AM	Davis Library
11:00 AM	Iris Music Project: The Spirit of Independence-Stories Behind Your Favorite Patriotic Music <i>Social Hall</i>
12:30 PM	THEATER J: Radio Plays with Michael Russotto (those who have signup) <i>Meeting Room</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Educational Lectures with Nina: "The Blood Libel MY, NY <i>Social Hall</i>
1:00 PM	Giant/ Target
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Ro Cube-Oldies & Rock <i>Social Hall</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: Last Vegas <i>Meeting Room</i>

Tuesday, July 7, 2026

10:00 AM	Movement with Dan: Better Balance <i>Social Hall</i>
10:00 AM	Trip: Casino Live and Arundel Mills Outlet Shopping for 3 Hours
10:00 AM	Dollar Store/ Moti's
10:15 AM	Iris Music: Open Rehearsal <i>North Lobby</i>
12:00 PM	Montgomery Mall
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Israeli/Folk Dancing <i>Meeting Room</i>
2:00 PM	Brain Game with Dana (Rummikub and word within a Word) <i>Activity Room #4</i>
3:00 PM	Victoria Rosen-Jazz Duo <i>Social Hall</i>
7:15 PM	Sing Along Group (Resident Run) <i>Meeting Room</i>

Wednesday, July 8, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
10:00 AM	Plazas/ CVS
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	Wellness Wednesday: Courtyard Garden/Outdoor Sports Court <i>Fish Tank</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Health Seminar: All About Massage Therapy: Relax, Restore, Renew <i>Activity Room #4</i>
1:00 PM	Iris Music Project: From Jitterbug to the Twist! with Barbara and Jiyoung <i>Meeting Room</i>
1:00 PM	Wegmans
2:00 PM	Stand-up Comedy Class With Carmiya <i>Activity Room #4</i>
3:00 PM	Karaoke with Kika <i>Meeting Room</i>

Thursday, July 9, 2026

10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
10:00 AM	Giant/ Target
11:00 AM	Laughter Yoga class with Dan <i>T.V. Room</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Dutch Market in Germantown
1:00 PM	Harris Teeter
2:00 PM	Chug Ivri- Hebrew Club <i>T.V. Room</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Areas of Wellness to Consider with Delores Clearfield <i>Meeting Room</i>
4:15 PM	Trip: Hunan Delight for a Chinese Dinner
7:30 PM	Movie in the Meeting Room: Sunset Boulevard <i>Meeting Room</i>

Friday, July 10, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
10:00 AM	Trip: Kreger Museum and Art Gallery \$10.00
11:00 AM	Iris Music Project: Music by the Decades-1970's <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Creativity Plus (Poetry & Prose) <i>Activity Room #4</i>
1:00 PM	Happy Hour and Dance and Movement with Roz and Jerry Meet us on the dance floor Both seated and standing
1:00 PM	Wal-Mart
2:00 PM	Laurie Mangold: Pop & Sing-a-long <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
3:00 PM	Iris Music Project: Drum Circle <i>Activity Room #4</i>
4:15 PM	Shabbat Services-Rabbi Dan <i>Meeting Room</i>

Saturday, July 11, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services-Cantor Jeff Moss <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>T.V. Room</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:00 PM	Jukebox Saturday Night with D.J Alan E. <i>Meeting Room</i>
9:16 PM	Havdalah (Resident Run) <i>North Lobby</i>

Sunday, July 12, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
9:45 AM	Trip: Cracker Barrel and Golden Corral for Brunch
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	News & Views with Stan Wolf <i>T.V. Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Trivia with Jeff <i>Meeting Room</i>
1:15 PM	Trip: F Scott Fitzgerald Theatre "Sister Act" \$23.50
3:00 PM	Rear View Mirror Performance <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:30 PM	Comedy Night <i>Meeting Room</i>