



Monday, October 26, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Theater J Golden Age of Cinema (For those who have sign up) <i>Social Hall</i>
2:00 PM	Bingo <i>Social Hall</i>
3:00 PM	Mindful Monday's Workshops, with Marilyn who is therapist <i>Activity Room #3</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: The Mad Adventures of Rabbi Jacob <i>Meeting Room</i>



Tuesday, October 27, 2026

10:00 AM	Movement with Dan: Better Balance <i>Social Hall</i>
10:15 AM	Iris Music: Open Rehearsal with the Trio <i>North Lobby</i>
11:00 AM	The Israeli Elections- How They Work and Why They Matter with Steve Kerbel <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Israeli/Folk Dancing <i>North Lobby</i>
1:00 PM	Creativity Plus (Poetry & Prose) updated <i>Activity Room #3</i>
3:00 PM	Iris Music Project: Why Symphony Fantastique Sounds So Scary? with Joanna <i>Social Hall</i>



Wednesday, October 28, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	Write Now with Christine <i>Activity Room #3</i>
11:00 AM	Broadway Lectures and Tours with Steve Friedman <i>Social Hall</i>
11:00 AM	Courtyard Garden & Outdoor Sports Court <i>Meet outside of the social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Health Seminar: Health Literacy & Dental Wellness: Know Your Health <i>Activity Room #3</i>
1:00 PM	Poker (Resident Run) <i>Activity Room #2</i>
2:30 PM	Cabaret Show with Jerry and Roz <i>Social Hall</i>



Thursday, October 29, 2026

10:00 AM	Virtual Movement (On the big screen in the Social Hall) <i>Social Hall</i>
11:00 AM	Laughter Yoga class with Dan <i>Activity Room #3</i>
11:00 AM	"Riot" to Revelation: Premiere Performances That Changed Music (Part 2) <i>Social Hall</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
2:00 PM	Bingo <i>Social Hall</i>
2:00 PM	Chug Ivri- Hebrew Club <i>Activity Room #3</i>
3:00 PM	Great Courses: 11:West Texas: Where the West Is Still Wild 12: Adventures in the Ozarks and Ouachitas <i>Social Hall</i>
7:30 PM	Movie in the Meeting Room: Thelma <i>Meeting Room</i>



Friday, October 30, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Iris Music Project: Spooky Classic with Lauren <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Happy Hour <i>North Lobby</i>
2:00 PM	Erin Frisby-1940's-1970's pop/rock and jazz music <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
3:00 PM	Iris Music Project: Music Committee Meeting <i>Activity Room #3</i>
4:15 PM	Erev Shabbat Services-Steve Kerbel <i>Social Hall</i>



Saturday, October 31, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services-Cantor Jeff Moss <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>Activity Room #3</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
6:57 PM	Havdalah (Resident Run) Rabbi Marvin Bash and attendees <i>North Lobby</i>



Sunday, November 1, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Virtual Movement (On the big screen in the Social Hall) <i>Social Hall</i>
11:00 AM	News & Views with Stan Wolf <i>Activity Room #3</i>
11:00 AM	Jade Wesley-1940's to 1970's Pop and Rock music <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Trivia with Jeff <i>Activity Room #3</i>
2:00 PM	JSSA L'Chaim (To Life) Chorale Practice <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>