

Monday, July 20, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
10:30 AM	Giant/ Target
12:45 PM	THEATER J: Radio Plays with Michael Russotto PERFORMANCE!!! <i>Meeting Room</i>
1:00 PM	Rosh Chodesh with Rabbah Berger <i>Activity Room #4</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
2:00 PM	Short Story Group <i>T.V. Room</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Victor Hurtado-Pop, Oldies-40's to 60's with a little bit of 70's <i>Social Hall</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: Miss Congeniality 2 <i>Meeting Room</i>

Tuesday, July 21, 2026

10:00 AM	Movement with Dan: Better Balance <i>Social Hall</i>
10:00 AM	Montgomery Mall
11:00 AM	Writing a spy series with a Russian-Jewish-American secret agent in a time of rising antisemitism with Sandy Manning <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Resident Town Hall <i>Social Hall</i>
1:00 PM	Technology Support with Jonathan <i>T.V. Room</i>
2:00 PM	Brain Game with Dana (Rummikub and word within a Word) <i>Activity Room #4</i>
3:00 PM	Peter Grattan (Duo) Jazz, Oldies, Pop/Rock <i>Social Hall</i>
7:15 PM	Sing Along Group (Resident Run) <i>Meeting Room</i>

Wednesday, July 22, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	Wellness Wednesday: Courtyard Garden/Outdoor Sports Court <i>Fish Tank</i>
11:00 AM	Write in the moment with Christine <i>Activity Room #4</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Opera Club: Aida <i>Social Hall</i>
1:00 PM	Health Seminar: Heart Smart: Keeping Your Heart Healthy <i>Activity Room #4</i>
3:00 PM	Karaoke with Kika <i>Meeting Room</i>

Thursday, July 23, 2026

10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
10:00 AM	Trip: National Museum of Health and Medicine
11:00 AM	Jewish Art Education: Art of Shabbat <i>Social Hall</i>
11:00 AM	Tisha B'av service with Rabbi Mark Raphael <i>Meeting Room</i>
11:00 AM	Laughter Yoga class with Dan <i>T.V. Room</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Plazas/ CVS
2:00 PM	Chug Ivri- Hebrew Club <i>T.V. Room</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Great Courses: Understanding Japan-Lectures 17 & 18 <i>Meeting Room</i>
7:30 PM	Movie in the Meeting Room: My Blue Heaven <i>Meeting Room</i>

Friday, July 24, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
10:00 AM	Giant/ Target
10:00 AM	Wal-Mart
11:00 AM	Haberman Institute: Truman and Israel behind the scene story of US support for Statehood in 1948 <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
12:30 PM	Dollar Store/ Moti's
1:00 PM	Creativity Plus (Poetry & Prose) <i>Activity Room #4</i>
1:00 PM	Happy Hour and Dance and Movement with Roz and Jerry Meet us on the dance floor Both seated and standing
2:00 PM	Patty Reese-Oldies, Pop & Rock <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
4:15 PM	Shabbat Services-Jeffrey Kirschenbaum <i>Meeting Room</i>

Saturday, July 25, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services-Rabbi Kim Blumenthal <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>T.V. Room</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
6:45 PM	Trip: U of MD Clarice Smith Ctr "Summer Chorus Concert"
7:00 PM	Jukebox Saturday Night with D.J Alan E. <i>Meeting Room</i>
9:08 PM	Havdalah (Resident Run) <i>North Lobby</i>

Sunday, July 26, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	News & Views with Stan Wolf <i>T.V. Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Trivia with Jeff <i>Meeting Room</i>
3:00 PM	Mary Beth Kerley-Soul & R&B <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:30 PM	Comedy Night <i>Meeting Room</i>