

## Activities Calendar

### Monday, May 4, 2026

10:00 AM	Movement: Strength and Stability with Dan <i>Social Hall</i>
11:00 AM	Iris Music Project: Highlights of 250 Years of Music in America with Jiyoung and Joanna <i>Social Hall</i>
12:30 PM	Writing in the Moment with Dana <i>Activity Room #4</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Listening Circle with Assaf <i>Social Hall</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Pop/Oldies/R & Band Singalong-BW & The Danger Trio <i>Social Hall</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: Roxanne <i>Meeting Room</i>

## Activities Calendar

### Tuesday, May 5, 2026

10:00 AM	Better Balance <i>Social Hall</i>
11:00 AM	Iris Music Project: Musical Moments with Jiyoung (NL) <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Israeli/Folk Dancing <i>Meeting Room</i>
2:00 PM	Brain Game with Dana (Rummikub and word within a Word) <i>Activity Room #4</i>
2:00 PM	Technology Support with Jonathan <i>T.V. Room</i>
3:00 PM	Cinco De Mayo Tunes-Eric Scott Trio <i>Social Hall</i>
7:15 PM	Sing Along Group (Resident Run) <i>Meeting Room</i>

## Activities Calendar

# Wednesday, May 6, 2026

10:00 AM	Movement: Strength and Stability with Dan <i>Social Hall</i>
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	History Discussion Group <i>T.V. Room</i>
11:00 AM	Walking Club <i>Fish Tank</i>
11:00 AM	Art with Martina <i>Terrace Art Studio</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Health Seminar: Week 1: Seniors Helping Seniors <i>Activity Room #4</i>
2:00 PM	Jewish Scholar: Rabbi Ruth Friedman-BaOmer <i>Meeting Room</i>
2:30 PM	Mimi's 90th Birthday Party <i>North Lobby</i>
3:00 PM	NatPhil Chamber Players (Violinist and Pianist) <i>Social Hall</i>
7:00 PM	Knitting & Crocheting Club (Resident Run) <i>Activity Room #1</i>

## Activities Calendar

### Thursday, May 7, 2026

10:00 AM	Virtual Movement (On the Big Screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	Gentle Stretch <i>T.V. Room</i>
11:00 AM	American Judaism: It's Uniquely Pluralism-The History of the Four Movements Part Two with Steve Kerbel <i>Meeting Room</i>
12:30 PM	Want to Have Some Fun with Colors? Taught by Jeanette Paroly <i>Terrace Art Studio</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Great Courses: Understanding Japan: A Cultural History Lectures 1 & 2 <i>Meeting Room</i>
7:30 PM	Movie in the Meeting Room: Cat on a Hot Tin Roof <i>Meeting Room</i>

## Activities Calendar

### Friday, May 8, 2026

10:00 AM	Movement: Strength and Stability with Dan <i>Social Hall</i>
11:00 AM	Iris Music Project: Music by the Decade: 1940's (Part 2) <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Happy Hour <i>North Lobby</i>
1:00 PM	Creativity Plus (Poetry & Prose) <i>Activity Room #4</i>
2:00 PM	Jazz Music by Claudia Gargiulo (Duo) <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
3:00 PM	Iris Music Project: Drum Circle <i>Activity Room #4</i>
4:15 PM	Shabbat Services <i>Meeting Room</i>

## Activities Calendar

### Saturday, May 9, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services-Rabbi Mark Raphael <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>T.V. Room</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:00 PM	Jukebox Saturday Night with D.J Alan E. <i>Meeting Room</i>
8:49 PM	Havdalah (Resident Run) <i>North Lobby</i>

## Activities Calendar

# Sunday, May 10, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Social Hall</i>
11:00 AM	News & Views with Stan Wolf <i>T.V. Room</i>
11:00 AM	Trivia with Jeff <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
3:00 PM	Jazz Music including Mother's Day Music by Victoria Rosen (Duo) <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:30 PM	Comedy Night <i>Meeting Room</i>