## **Activities Calendar**



	Monday, September 22, 2025
9:30 AM	Blood Pressure Screenings Wellness Center
9:45 AM	Shofar Blowing North Lobby
10:00 AM	Strength and Stability Social Hall
11:00 AM	Iris Music Project: Music of Rosh Hashanah Social Hall
11:00 AM	Courtside Classics: Outdoor Sports Court (meet at the art studio)  Terrace Art Studio
11:45 AM	Walking Club (Meet at the Front Desk) (weather permitting) Front Desk
1:00 PM	Short Story Group T.V. Room
1:00 PM	Theater J: Comedy Class with Erin Weaver (For those who signup)  Social Hall
2:00 PM	Bingo Meeting Room
6:15 PM	Erev Rosh Hashanah Evening Services with Rabbi David Greenspoon Social Hall
8:00 PM	Monday Night Movie: Channels 975 and 8

## 9:45 AM Shofar Blowing *North Lobby* 10:00 AM Endurance Training (Apartments only) *Channels 975 and 8* 10:00 AM Morning Services with Shofar with Rabbi David Greenspoon

Social Hall

3:00 PM Tashlich with Rabbi Dan

Tuesday, September 23, 2025

7:00 PM Evening Services with Rabbi David Greenspoon Social Hall

8:00 PM Tuesday Night Movie Channels 975 and 8

Social Hall

## Wednesday, September 24, 2025

9:45 AM Shofar Blowing North Lobby

10:00 AM Movement (Only in Apartments)

Channels 975 and 8

10:00 AM Morning Services with Shofar with Rabbi David Greenspoon Social Hall

8:00 PM Opera Film Channels 975 and 8

	Thursday, September 25, 2025
10:00 AM	Virtual Movement (On the big screen in the Meeting Room)  Meeting Room
11:00 AM	Jewish Art Education  Meeting Room
11:00 AM	Better Balance & Fall Prevention Training  Meeting Room
1:00 PM	Ice Cream Thursdays North Lobby
2:00 PM	Bingo Meeting Room
2:00 PM	Short Story Group: New York Story: "An Unashamed Proposal" By Kiran Desai  T.V. Room
3:00 PM	Rear View Mirror Performance Social Hall
7:00 PM	Poker Game (Resident Run) Activity Room #2
7:30 PM	Movie in the Meeting Room: The Help  Meeting Room
8:00 PM	Thursday Night Movie

Channels 975 and 8

Friday, September 26, 2025			
9:30 AM	Blood Pressure Screenings Wellness Center		
10:00 AM	Movement-Strength and Stability Social Hall		
11:00 AM	Iris Music Project: Life and Music of Cole Porter Social Hall		
12:00 PM	Iris Trio rehearsal Social Hall		
12:30 PM	Bridge (Resident Run)  Activity Room #1		
1:00 PM	Creativity Plus (Poetry Prose)  Activity Room #4		
1:00 PM	Happy Hour: Birthday Happy Hour with the Ring House Singers North Lobby		
1:00 PM	Golden Grooves: Friday Happy Hour Dance North Lobby		
3:00 PM	Music and movement with Dan North Lobby		
4:15 PM	Shabbat Services Meeting Room		
7:15 PM	Zemirot Activity Room #4		
8:30 PM	Friday Night Movie Channels 975 and 8		

## Saturday, September 27, 2025

9:00 AM Soothing Nature Sounds Channels 975 and 8 10:00 AM Movement Channels 975 and 8 10:30 AM Shabbat Services Meeting Room 12:30 PM Bridge (Resident Run) Activity Room #1 1:00 PM Scrabble Games (Resident Run) Activity Room #2 1:30 PM Talmud Study (in English Translation) T.V. Room 2:00 PM Saturday Afternoon Movie Channels 975 and 8 3:00 PM Yiddish Group North Lobby 4:00 PM Seated Chair Exercise: Yoga Channels 975 and 8 7:00 PM Poker Game Activity Room #2 7:00 PM Jukebox Saturday Night with D.J Alan E. Activity Room #4 8:00 PM Saturday Night Movie

Channels 975 and 8

	Sunday, September 28, 2025
9:00 AM	Soothing Nature Sounds Channels 975 and 8
10:30 AM	Virtual Movement (On the big screen in the Meeting Room)  Meeting Room
11:00 AM	News & Views with Stan Wolf  T.V. Room
12:30 PM	Bridge (Resident Run)  Activity Room #1
1:00 PM	Trivia with Jeff Meeting Room
2:00 PM	Sunday Afternoon Movie: Channels 975 and 8
2:00 PM	Adventures in Visual Art: Terrace Art Studio
3:15 PM	Mahjong Game (Resident run)  Activity Room #1
4:00 PM	Seated Chair Exercise: Yoga Channels 975 and 8
7:00 PM	Poker Game Activity Room #2
7:30 PM	Comedy Night  Meeting Room
8:00 PM	Sunday Night Movie Channels 975 and 8

**Bold activity** = Sign up mandatory