

Activities Calendar

Monday, August 31, 2026

9:30 AM	Daily Shofar Blowing for Elul <i>North Lobby</i>
10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Iris Music Project-Listening Like a Musician Series with the Trio <i>Social Hall</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
2:00 PM	Bingo <i>Meeting Room</i>
2:00 PM	Listening Circle with Assaf <i>Social Hall</i>
3:00 PM	Educational Lectures with Nina <i>Meeting Room</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: The Legend of Bagger Vance <i>Meeting Room</i>

Activities Calendar

Tuesday, September 1, 2026

9:30 AM	Daily Shofar Blowing for Elul: Rabbi Daniel Braune-Friedman <i>North Lobby</i>
10:00 AM	Movement with Dan: Better Balance <i>Social Hall</i>
10:15 AM	Iris Music: Open Rehearsal <i>North Lobby</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Israeli/Folk Dancing <i>Meeting Room</i>
2:00 PM	Brain Game with Dana (Rummikub and word within a Word) <i>Activity Room #4</i>
3:00 PM	Iris Music Project: Read Like a Writer featuring guest writer Michelle Brafman <i>Social Hall</i>

Activities Calendar

Wednesday, September 2, 2026

9:30 AM	Daily Shofar Blowing for Elul: Rabbi Daniel Braune-Friedman <i>North Lobby</i>
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	History Discussion Group <i>T.V. Room</i>
11:00 AM	Courtyard Garden & Outdoor Sports Court <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Iris Music Project: Ring House Singers-View Like A Painter featuring guest artist Martha Simons <i>Meeting Room</i>
1:00 PM	Health Seminar: Mind Matters: Brain Games & Memory Boosters <i>Activity Room #4</i>
2:00 PM	Jewish Scholar: Corey Helfand <i>Meeting Room</i>
3:00 PM	Karaoke with Kika-Recognizing African American Artists <i>Meeting Room</i>

Activities Calendar

Thursday, September 3, 2026

9:30 AM	Daily Shofar Blowing for Elul: Rabbi Daniel Braune-Friedman <i>North Lobby</i>
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	Laughter Yoga class with Dan <i>T.V. Room</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
2:00 PM	Chug Ivri- Hebrew Club <i>T.V. Room</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Great Courses: Niagara Falls: America's Oldest State Parks <i>Meeting Room</i>
7:30 PM	Movie in the Meeting Room: The Mayor of Casterbridge <i>Meeting Room</i>

Activities Calendar

Friday, September 4, 2026

9:30 AM	Daily Shofar Blowing for Elul: Rabbi Daniel Braune-Friedman <i>North Lobby</i>
11:00 AM	Iris Music Project: Panel Discussion <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Happy Hour <i>North Lobby</i>
2:00 PM	Lively and Engaging Music with Myca Townes <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
3:00 PM	Iris Music Project: Drum Circle <i>Activity Room #4</i>
4:15 PM	Shabbat Services: Dan Caplan <i>Meeting Room</i>

Activities Calendar

Saturday, September 5, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services: Rabbi Mark Raphael <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>T.V. Room</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
8:15 PM	Havdalah (Resident Run) <i>North Lobby</i>

Activities Calendar

Sunday, September 6, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
9:30 AM	Daily Shofar Blowing for Elul: Rabbi Daniel Braune-Friedman <i>North Lobby</i>
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	Singer and Keyboardist Bob Clark <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Trivia with Jeff <i>Meeting Room</i>
3:00 PM	Haydn's Cello Concerto in C <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:30 PM	Sechilot Service: Cantor Redfern <i>Social Hall</i>