



Monday, October 5, 2026

10:00 AM	Music and Movement with Dan and Joanna <i>Social Hall</i>
11:00 AM	Iris Music Project: The Fall Season is Here with the Trio <i>Social Hall</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
1:00 PM	Theater J Golden Age of Cinema (For those who have sign up) <i>Social Hall</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Rick Landers (Trio) 1940's to 1970's pop/rock and jazz <i>Social Hall</i>
7:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
7:30 PM	Movie in the Meeting Room: Divine Secrets of the Ya-Ya Sisterhood <i>Meeting Room</i>



Tuesday, October 6, 2026

10:00 AM	Movement with Dan: Better Balance <i>Social Hall</i>
10:15 AM	Iris Music: Open Rehearsal <i>North Lobby</i>
11:00 AM	The Israeli Elections- How They Work and Why They Matter with Steve Kerbel <i>Meeting Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Short Story Group <i>Activity Room #3</i>
1:00 PM	Women League of Voters (help with Ballots and more) <i>Meeting Room</i>
1:00 PM	Israeli/Folk Dancing <i>North Lobby</i>
2:00 PM	Brain Game with Dana (Rummikub and word within a Word) <i>Activity Room #3</i>
3:00 PM	Jade Wesley-1940's to 1970's pop/rock and jazz <i>Social Hall</i>
7:00 PM	Jewish Social Scene Sing Along <i>Meeting Room</i>



Wednesday, October 7, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Guided Meditation <i>Channels 975 and 8</i>
11:00 AM	Art with Martina <i>Terrace Art Studio</i>
11:00 AM	Courtyard Garden & Outdoor Sports Court <i>Social Hall</i>
11:00 AM	History Discussion Group <i>T.V. Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	October 7th Remembrance <i>Social Hall</i>
1:00 PM	Health Seminar: Active Aging Move Your Way <i>Activity Room #4</i>
1:00 PM	Poker (Resident Run) <i>Activity Room #2</i>
2:00 PM	Jewish Scholar: Rabbi Mark Raphael-“ Why Be Good? Striving to be a Mensch!” <i>Meeting Room</i>
3:00 PM	Oni Georgia (Sy) <i>Social Hall</i>
7:00 PM	Starvation Army Jazz Band <i>Social Hall</i>



Thursday, October 8, 2026

10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	Laughter Yoga class with Dan <i>T.V. Room</i>
11:00 AM	Instruments of the world and through History (Musical Program) with Jeff and Vica <i>Social Hall</i>
1:00 PM	Ice Cream Thursdays <i>North Lobby</i>
1:00 PM	Poker Game (Resident Run) <i>Activity Room #2</i>
2:00 PM	Bingo <i>Meeting Room</i>
3:00 PM	Great Courses: 05: The Yankee Coast: Plymouth to Montauk 06: New Jersey Pineland Legends and Landscapes <i>Meeting Room</i>
7:30 PM	Movie in the Meeting Room: Burn After Reading <i>Social Hall</i>



Friday, October 9, 2026

10:00 AM	Movement with Dan: Strength and Stability <i>Social Hall</i>
11:00 AM	Iris Music Project: The Three Canadian Tenors and Pavoratti with Carol, Susie and Lauren <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Happy Hour and Dance and Movement with Roz and Jerry Meet us on the dance floor Both seated and standing
2:00 PM	Victoria Rosen (Duo) 1940's to 1970's pop/rock music <i>Social Hall</i>
3:00 PM	Music and Movement with Dan <i>North Lobby</i>
3:00 PM	Iris Music Project: Drum Circle with Lauren <i>Activity Room #4</i>
4:15 PM	Erev Shabbat Services-Rabbi Cheryl Stone <i>Social Hall</i>



Saturday, October 10, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Movement <i>Channels 975 and 8</i>
10:30 AM	Shabbat Services-Rabbi Mark Raphael <i>Social Hall</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Scrabble Games (Resident Run) <i>Activity Room #2</i>
1:30 PM	Talmud Study (in English Translation) <i>T.V. Room</i>
3:00 PM	Yiddish Group <i>North Lobby</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:20 PM	Havdalah (Resident Run) Rabbi Marvin Bash and attendees <i>North Lobby</i>



Sunday, October 11, 2026

9:00 AM	Soothing Nature Sounds <i>Channels 975 and 8</i>
10:00 AM	Virtual Movement (On the big screen in the Meeting Room) <i>Meeting Room</i>
11:00 AM	News & Views with Stan Wolf <i>T.V. Room</i>
12:30 PM	Bridge (Resident Run) <i>Activity Room #1</i>
1:00 PM	Trivia with Jeff <i>Meeting Room</i>
2:00 PM	JSSA L'Chaim (To Life) Chorale Practice (for those who have signed up) <i>Meeting Room</i>
3:00 PM	Final Torah Signing <i>Social Hall</i>
3:15 PM	Mahjong Game (Resident Run) <i>Activity Room #1</i>
4:00 PM	Seated Chair Exercise: Yoga <i>Channels 975 and 8</i>
7:30 PM	Comedy Night <i>Meeting Room</i>