

September 2025

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Strength and Stability (SH) 11:00 AM Iris Music Project: Music of the Labor Movement with the Trio (SH) 11:00 AM Courtside Classics: Outdoor Sports Court (meet at the art studio) (TART) 11:45 AM Walking Club (Meet at the Front Desk) (weather permitting) 2:00 PM Bingo (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: The Help (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Endurance Training (SH) 10:15 AM Iris Music: Open Rehearsal with the Trio (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Israeli/folk Dancing (MR) 2:00 PM Gentle Stretch (SH) 2:00 PM Brain Gams With Dana (#4) 3:00 PM Iris Music Project: Joan Baez-The Folk with Joanna (SH) 7:00 PM Poker Game (#2) 7:15 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (TR) 11:00 AM Art with Martina (TART) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Iris Music Project: Ring House Singers rehearsal with Roz and Jiyoung (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 8:00 PM Ballet Film: Giselle (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 3:00 PM Great Courses: Great Courses: Museum Master Pieces: The National Gallery, London Lectures 21 & 22 (MR) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the meeting room: Dr. T and the Women (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Iris Music Project: Life and music of Xavier Cugat with Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Golden Grooves: Friday Happy Hour Dance (NL) 3:00 PM Iris Music Project: Music Committee with Lauren (#4) 3:00 PM Music and movement with Dan (NL) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (TR) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:00 PM Jukebox Saturday Night with D.J Alan E. (#4) 8:00 PM Saturday Night Movie (975 & 8)
7	8	9	10	11	12	13
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: (TART) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Strength and Stability (SH) 11:00 AM Courtside Classics: Outdoor Sports Court (meet at the art studio) (TART) 11:45 AM Walking Club (Meet at the Front Desk) (weather permitting) 1:00 PM Theater J: Comedy Class with Erin Weaver (For those who signup) (TART) 2:00 PM Bingo (MR) 3:00 PM Guitarist Vladimir Friedman Performance (SH) 3:00 PM Learning and Discussion with Nina: (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR)	10:00 AM Endurance Training (SH) 10:15 AM Iris Music: Open rehearsal with Lauren and Joanna (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Israeli/folk Dancing (MR) 2:00 PM Gentle Stretch (SH) 3:00 PM Iris Music Project: Helaine's Show (SH) 7:00 PM Poker Game (#2) 7:15 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Hadassah Meeting (MR) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Jewish Scholar: (MR) 3:00 PM "What is Care Management?" with Pamela Mills, Associate Care Management Director (SH) 7:00 PM Singer and Keyboardist Bob Clark Performance (SH) 7:00 PM Poker Game (#2) 8:00 PM Ballet Film (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Bingo (MR) 3:00 PM Mystery Book Club (#4) 3:00 PM Great Courses: (MR) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Iris Music Project: Esther's Children: A portrait of Iranian Jews in prose and music (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Creativity Plus (Poetry Prose) (#4) 1:00 PM Golden Grooves: Friday Happy Hour Dance (NL) 3:00 PM Iris Music Project: Drum Circle with Lauren (#4) 3:00 PM Music and movement with Dan (NL) 4:15 PM Shabbat Services (MR) 7:15 PM Zemiroi (#4)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (TR) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:00 PM Jukebox Saturday Night with D.J Alan E. (#4) 7:15 PM Book Club (TR) 8:00 PM Saturday Night Movie (975 & 8)

Bold activity = Sign up mandatory

WC = Wellness Center, SH = Social Hall, TART = Terrace Art Studio, MR = Meeting Room, #1 = Activity Room #1, 975 & 8 = Channels 975 and 8, NL = North Lobby, #4 = Activity Room #4, #2 = Activity Room #2, TR = T.V. Room

	8:00 PM Monday Night Movie (975 & 8)				8:30 PM Friday Night Movie (975 & 8)	
14	15	16	17	18	19	20
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (TR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: (TART) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:30 PM Comedy Night (SH) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Strength and Stability (SH) 11:00 AM Iris Music Project: Painting to Music (TART) 11:00 AM Courtside Classics: Outdoor Sports Court (meet at the art studio) (TART) 11:45 AM Walking Club (Meet at the Front Desk) (weather permitting) 1:00 PM Theater J: Comedy Class with Erin Weaver (For those who signup) (TART) 2:00 PM Short Story Group (TR) 2:00 PM Bingo (MR) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Monday Night Movie (975 & 8)	10:00 AM Endurance Training (SH) 10:15 AM Iris Music: Open Rehearsal with Lauren and Joanna (NL) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Israeli/folk Dancing (MR) 2:00 PM Gentle Stretch (SH) 2:00 PM Brain Gams With Dana (#4) 7:00 PM Poker Game (#2) 7:15 PM Sing Along Group (Resident Run) (MR) 8:00 PM Tuesday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM History Discussion Group (TR) 11:00 AM Art with Martina (TART) 12:30 PM Bridge (Resident Run) (#1) 2:00 PM Jewish Scholar: (MR) 3:00 PM Perspectives (Current Events) (MR) 7:00 PM Poker Game (#2) 8:00 PM Ballet Film: Giselle (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Chug Ivri- Hebrew Club (TR) 2:00 PM Bingo (MR) 3:00 PM Great Courses: (MR) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Iris Music Project: Great American Songbook: Hoagy Camichael with Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 1:00 PM Golden Grooves: Friday Happy Hour Dance (NL) 3:00 PM Iris Music Project: Brainstorm with Dan and Lauren: Music and wellness collaboration (#4) 3:00 PM Music and movement with Dan (NL) 4:15 PM Shabbat Services (MR) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (TR) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:00 PM Jukebox Saturday Night with D.J Alan E. (#4) 8:00 PM Saturday Night Movie (975 & 8)
21	22	23	24	25	26	27
9:00 AM Soothing Nature Sounds (975 & 8) 10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (MR) 2:00 PM Sunday Afternoon Movie: (975 & 8) 2:00 PM Adventures in Visual Art: (TART) 3:15 PM Mahjong Game (Resident run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 8:00 PM Sunday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Strength and Stability (SH) 11:00 AM Iris Music Project: Music of Rosh Hashanah (SH) 11:00 AM Courtside Classics: Outdoor Sports Court (meet at the art studio) (TART) 11:45 AM Walking Club (Meet at the Front Desk) (weather permitting) 1:00 PM Theater J: Comedy Class with Erin Weaver (For those who signup) (TART) 2:00 PM Bingo (MR) 3:00 PM Learning and Discussion with Nina: (MR) 6:15 PM Erev Rosh Hashanah Evening Services with Rabbi David Greenspoon (SH) 8:00 PM Monday Night Movie: (975 & 8)	10:00 AM Endurance Training (Apartments only) (975 & 8) 10:00 AM Morning Services with Shofar with Rabbi David Greenspoon (SH) 3:00 PM Tashlich with Rabbi Dan (SH) 7:00 PM Evening Services with Rabbi David Greenspoon (SH) 8:00 PM Tuesday Night Movie (975 & 8)	10:00 AM Endurance Training (Only in Apartments) (975 & 8) 10:00 AM Morning Services with Shofar with Rabbi David Greenspoon (SH) 8:00 PM Ballet Film (975 & 8)	10:00 AM Movement with Marcus (On the big screen in the Meeting Room) (MR) 11:00 AM Jewish Art Education (MR) 1:00 PM Ice Cream Thursdays (NL) 2:00 PM Bingo (MR) 3:00 PM Great Courses: (MR) 3:00 PM Rear View Mirror Performance (SH) 7:00 PM Poker Game (Resident Run) (#2) 7:30 PM Movie in the Meeting Room: (MR) 8:00 PM Thursday Night Movie (975 & 8)	9:30 AM Blood Pressure Screenings (WC) 10:00 AM Movement-Strength and Stability (SH) 11:00 AM Iris Music Project: Stars of Las Vegas with Loretta and Lauren (SH) 12:00 PM Iris Trio rehearsal (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Creativity Plus (Poetry Prose) (#4) 1:00 PM Happy Hour: Birthday Happy Hour with the Ring House Singers (NL) 1:00 PM Golden Grooves: Friday Happy Hour Dance (NL) 3:00 PM Music and movement with Dan (NL) 4:15 PM Shabbat Services (MR) 7:15 PM Zemiroth (#4) 8:30 PM Friday Night Movie (975 & 8)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (TR) 2:00 PM Saturday Afternoon Movie (975 & 8) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:00 PM Poker Game (#2) 7:00 PM Jukebox Saturday Night with D.J Alan E. (#4) 8:00 PM Saturday Night Movie (975 & 8)
28	29	30				

<p>9:00 AM Soothing Nature Sounds (975 & 8)</p> <p>10:30 AM Movement with Marcus (On the big screen in the Meeting Room) (MR)</p> <p>11:00 AM News & Views with Stan Wolf (TR)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Trivia with Jeff (MR)</p> <p>2:00 PM Sunday Afternoon Movie: (975 & 8)</p> <p>2:00 PM Adventures in Visual Art: (TART)</p> <p>3:15 PM Mahjong Game (Resident run) (#1)</p> <p>4:00 PM Seated Chair Exercise: Yoga (975 & 8)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:30 PM Comedy Night (SH)</p> <p>8:00 PM Sunday Night Movie (975 & 8)</p>	<p>9:30 AM Blood Pressure Screenings (WC)</p> <p>10:00 AM Strength and Stability (SH)</p> <p>11:00 AM Iris Music Project: Life and Music of Marvin Hamlisch (SH)</p> <p>11:00 AM Courtside Classics: Outdoor Sports Court (meet at the art studio) (TART)</p> <p>11:45 AM Walking Club (Meet at the Front Desk) (weather permitting)</p> <p>1:00 PM Theater J: Comedy Class with Erin Weaver (For those who signup) (TART)</p> <p>2:00 PM Bingo (MR)</p> <p>7:15 PM Mahjong Game (Resident Run) (#1)</p> <p>7:30 PM Movie in the Meeting Room: (MR)</p> <p>8:00 PM Monday Night Movie (975 & 8)</p>	<p>10:00 AM Endurance Training (SH)</p> <p>10:15 AM Iris Music: Open Rehearsal with the Trio (NL)</p> <p>12:30 PM Bridge (Resident Run) (#1)</p> <p>1:00 PM Israeli/folk Dancing (MR)</p> <p>2:00 PM Gentle Stretch (SH)</p> <p>3:00 PM Iris Music Project: Sounds of the High Holidays with Joanna (SH)</p> <p>7:00 PM Poker Game (#2)</p> <p>7:15 PM Sing Along Group (Resident Run) (MR)</p> <p>8:00 PM Tuesday Night Movie (975 & 8)</p>				
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