

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 EREV Pesach 10:00 AM Workout with Lori (SF) 11:00 AM Discussions and study of the weekly Parsha with (SF) 1:30 PM Music for Passover with Joanna (TH) 4:45 PM Erev Pesach Seder with Marcia Friedman (DR)	2 Pesach I 10:30 AM Pesach Morning Services (TH) 4:45 PM Pesach II Seder with Rabbah Arlene Berger (DR)	3 Pesach II 10:30 AM Pesach Morning Services with Rabbah Arlene (TH) 4:00 PM Shabbat Service with Rabbi Betsy Roth (TH)	4 Pesach III 10:30 AM Shabbat Services with Cantor Ben Kintisch (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Service (Café)
5 Pesach IV 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 2:30 PM Classic Movie: "The Rose Bette Midler" (SF)	6 Pesach V 10:00 AM Movement with Marcy (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM The Sounds of Passover with the trio (TH) 3:00 PM One on One Visits 3:00 PM Mahjong Players (Café) 4:00 PM Table Games: Scrabble & Puzzles (SF)	7 Pesach VI 10:00 AM Strengthen Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Landow Chorus, Follies Rehearsal with Dottie and Jiyoung (TH) 2:30 PM B-Day Club Meeting (TH) 3:15 PM Open Gym 3:30 PM Bingo (SF)	8 Pesach VII 10:30 AM Pesach VII Morning Services with Rabbah Arlene Berger (TH)	9 Pesach VIII 10:30 AM Pesach VIII Morning Services with Rabbah Arlene Berger (TH)	10 10:00 AM Dance Movements with Clancy Works (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Stories of endurance, survival and resistance: Edith Piaf and Josephine Baker, presented by Lauren (TH) 4:00 PM Shabbat Service (TH)	11 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Service (Café)
12 10:00 AM Morning Exercise with Mariah (SF) 11:00 AM Trivia Games with Mariah (SF) 1:30 PM The Washington Hebrew Congregation Choirs (TH) 3:00 PM Tacy Foundation Performances (TH)	13 10:00 AM Dance Movements with Marcy (SF) 11:00 AM Echoes of Nature (SF) 1:30 PM Folk Music from around the world (TH) 3:00 PM One on One Visits 3:00 PM Learning Mahjong (Café) 4:00 PM Table Games: Scrabble & Puzzles (SF)	14 YOM HA'SHOAH 10:00 AM Resistance Band Exercise with Nyah (SF) 1:30 PM Holocaust Remembrance Day (TH) 2:30 PM Torah Talk with Rabbah Arlene (SF) 3:15 PM Open Gym 3:30 PM The Jewish Journey: America (SF)	15 10:00 AM Workout with Lori (SF) 11:00 AM Discussions and study of the weekly Parsha with (SF) 1:30 PM Prokofiev's Ballet Music with Joanna (TH) 3:00 PM Landow Women's Club (SF) 4:00 PM Healthy Aging Seminar with Dan: Celebrate the Earth Through Gardening (CY)	16 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events (SF) 1:30 PM Afternoon Movie: Take Home "The John Denver Story" (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)	17 10:00 AM Dance Movements with Clancy Works (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Life and music of Bette Midler: with Andy, Madelyn and Lauren (TH) 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service (TH)	18 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Service (Café)
19 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea, Coffee & Cookies Social (L&C)	20 10:00 AM Exercise with Mariah (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM Operatic Hits with the Trio (TH) 3:00 PM One on One Visits 4:00 PM Mariah's Jazz Presentation: Benny Goodman (SF) EREV Yom HaZikaron	21 Yom HaZikaron 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Landow Chorus and Follies Rehearsal with Dottie and Jiyoung (TH) 2:30 PM Music of Remembrance with Vladimir (SF) 3:15 PM Open Gym	22 Yom HaAtzmaut 10:00 AM Workout with Lori (SF) 11:00 AM Discussions and study of the weekly Parsha (SF) 2:00 PM Resident Council (SF)	23 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events (SF) 1:30 PM Classic Movie: "Rebel Without A Cause" with foreword by Rabbi Kamens. (SF) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF) 6:30 PM The Landow Follies Present: "The World Fair" (TH)	24 10:00 AM Dance Movements with Clancy Works (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Drums with Lauren (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	25 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Service (Café)
26 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Karaoke with Joyce (SF) 3:00 PM Tea, Coffee & Cookies Social (L&C)	27 10:00 AM Exercise with Mariah (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM Stories & Reminiscing with Mariah: William Shakespeare 3:00 PM One on One Visits 3:00 PM Learning Mahjong (Café) 4:00 PM Table Games: Scrabble & Puzzles (SF)	28 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Music inspired by nature with Jiyoung (TH) 2:30 PM Torah Talk with Rabbah Arlene (SF) 3:15 PM Open Gym 3:30 PM Bingo (SF)	29 10:00 AM Tai Chi Class with Claudia (SF) 11:00 AM Discussions and study of the weekly Parsha with (SF) 2:00 PM Music Entertainment (SF) 3:00 PM Men's Group 4:00 PM Healthy Aging Seminar with Dan: Stress Awareness & Community Connections (SF)	30 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events (SF) 1:30 PM Afternoon Movies: Blue Moon (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)		