

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:00 AM Virtual Movement (On the big screen in the Meeting Room) (MR) 11:00 AM Laughter Yoga class with Dan (TR) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Poker Game (Resident Run) (#2) 2:00 PM Bingo (MR) 2:00 PM Chug Ivri Hebrew Club (TR) 3:00 PM Medicare Talk with Mark Gottlieb (MR) 7:30 PM Movie in the Meeting Room: Crossing Delancey (MR)	10:00 AM Movement with Dan: Strength and Stability (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM John Mataya 1940's to 1970's pop/rock and jazz (SH) 3:00 PM Music and Movement with Dan (NL) 3:00 PM Iris Music Project: Drum Circle (#4) 4:15 PM Erev Shemini Atzeret Evening Service-Rabbi Daniel Braune-Friedman (SH)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shemini Atzeret Morning Service and Yizkor-Rabbi Mark Raphael (SH) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:34 PM Havdalah (Shemini Atzeret) (Resident Run) Rabbi Marvin Bash and attendees (NL)
4	5	6	7	8	9	10
9:00 AM Soothing Nature Sounds (975 & 8) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 4:15 PM Simchat Torah Hakafot and Kiddush Rabbi Daniel Braune-Friedman (SH) 7:32 PM Havdalah (Simchat Torah) Rabbi Marvin Bash and attendees (NL)	10:00 AM Music and Movement with Dan and Joanna (SH) 11:00 AM Iris Music Project: The Fall Season is Here with the Trio (SH) 1:00 PM Poker Game (Resident Run) (#2) 1:00 PM Theater J Golden Age of Cinema (For those who have sign up) (SH) 2:00 PM Bingo (MR) 3:00 PM Rick Landers (Trio) 1940's to 1970's pop/rock and jazz (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting	10:00 AM Movement with Dan: Better Balance (SH) 10:15 AM Iris Music: Open Rehearsal (NL) 11:00 AM The Israeli Elections-How They Work and Why They Matter with Steve Kerbel (MR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Short Story Group (#3) 1:00 PM Women League of Voters (help with Ballots and more) (MR) 1:00 PM Israeli/Folk Dancing (NL) 2:00 PM Brain Game with Dana (Rummikub and word	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Art with Martina (TART) 11:00 AM Courtyard Garden & Outdoor Sports Court (SH) 11:00 AM History Discussion Group (TR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM October 7th Remembrance (SH) 1:00 PM Health Seminar: Active Aging Move Your Way (#4) 1:00 PM Poker (Resident Run)	10:00 AM Virtual Movement (On the big screen in the Meeting Room) (MR) 11:00 AM Laughter Yoga class with Dan (TR) 11:00 AM Instruments of the world and through History (Musical Program) with Jeff and Vica (SH) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Poker Game (Resident Run) (#2) 2:00 PM Bingo (MR) 3:00 PM Great Courses: 05: The Yankee Coast: Plymouth to Montauk 06: New Jersey Pineland Legends and	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: The Three Canadian Tenors and Pavoratti with Carol, Susie and Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour and Dance and Movement with Roz and Jerry Meet us on the dance floor Both seated and standing 2:00 PM Victoria Rosen (Duo) 1940's to 1970's pop/rock music (SH) 3:00 PM Music and Movement with Dan (NL) 3:00 PM Iris Music Project:	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services-Rabbi Mark Raphael (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (TR) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:20 PM Havdalah (Resident Run) Rabbi Marvin Bash and attendees (NL)

	Room: Divine Secrets of the Ya-Ya Sisterhood (MR)	within a Word) (#3) 3:00 PM Jade Wesley-1940's to 1970's pop/rock and jazz (SH) 7:00 PM Jewish Social Scene Sing Along (MR)	(#2) 2:00 PM Jewish Scholar: Rabbi Mark Raphael-“ Why Be Good? Striving to be a Mensch!” (MR) 3:00 PM Oni Georgia (Sy) (SH) 7:00 PM Starvation Army Jazz Band (SH)	Landscapes (MR) 7:30 PM Movie in the Meeting Room: Burn After Reading (SH)	Drum Circle with Lauren (#4) 4:15 PM Erev Shabbat Services-Rabbi Cheryl Stone (SH)	
11	12	13	14	15	16	17
9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Virtual Movement (On the big screen in the Meeting Room) (MR) 11:00 AM News & Views with Stan Wolf (TR) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (MR) 2:00 PM JSSA L'Chaim (To Life) Chorale Practice (for those who have signed up) (MR) 3:00 PM Final Torah Signing (SH) 3:15 PM Mahjong Game (Resident Run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:30 PM Comedy Night (MR)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: Classical Duos with Joanna and Lauren (SH) 1:00 PM Poker Game (Resident Run) (#2) 1:00 PM Theater J Golden Age of Cinema (For those who have sign up) (SH) 2:00 PM Bingo (MR) 3:00 PM "Love Story Of Guitar and Balalaika." Regarding the Transatlantic Duo, Vladmir and Alexander (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Meeting Room: A Bag of Marbles (MR)	10:00 AM Movement with Dan: Better Balance (MR) 11:00 AM Torah Dedication Program (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Creativity Plus (Poetry & Prose) updated (#3) 1:00 PM Israeli/Folk Dancing (NL) 2:00 PM Presentation on “American Icon” with Zachary (MR) 3:00 PM Ed Schafer-Lively and Engaging music (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Hadassah Meeting (SH) 11:00 AM Courtyard Garden & Outdoor Sports Court (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Iris Music Project: Ring House Singers: Ring House Chorus Interest Meeting (SH) 1:00 PM Health Seminar: Heart Health: Love Your Heart (#3) 1:00 PM Poker (Resident Run) (#2) 2:00 PM Stand-up Comedy Class With Carmiya (#3) 3:00 PM Karaoke with Kika (SH)	10:00 AM Virtual Movement (On the big screen in the Social Hall) (SH) 11:00 AM "Riot" to Revelation: Premiere Performances That Changed Music (Part 1) (SH) 11:00 AM Laughter Yoga class with Dan (#3) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Rosh Chodesh with Rabbah Arlene Berger (#3) 1:00 PM Poker Game (Resident Run) (#2) 2:00 PM Chug Ivri- Hebrew Club (#3) 2:00 PM Bingo (SH) 3:00 PM Great Courses: 07:The Tidewater South: America’s Birthplace 08: Georgia and Carolina Islands: Lost in Time (SH) 7:30 PM Movie in the Social Hall: Anything Else (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: Celebrating Famous Arias with Betty and Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM Claudia Gargiulo(Duo)-1940's-1970's pop/rock and jazz (SH) 3:00 PM Music and Movement with Dan (NL) 3:00 PM Iris Music Project: Music Committee (#3) 4:15 PM Erev Shabbat Services-Steve Kerbel (SH)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services-Steve Kerbel (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (#3) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:15 PM Havdalah (Resident Run) Rabbi Marvin Bash and attendees (NL)
18	19	20	21	22	23	24
9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Virtual Movement (On the big screen in the Social Hall) (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (#3) 2:00 PM JSSA L'Chaim (To Life) Chorale Practice (for those who have signed up) (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: Canine Cadences: Music for Make a Dog's Day with Jiyoung and Lauren (SH) 1:00 PM Poker Game (Resident Run) (#2) 1:00 PM Theater J Golden Age of Cinema (For those who have sign up) (SH)	10:00 AM Movement with Dan: Better Balance (SH) 10:15 AM Iris Music: Open Rehearsal with Jiyoung and Lauren (NL) 11:00 AM The Israeli Elections-How They Work and Why They Matter with Steve Kerbel (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Resident Town Hall	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Art with Martina (TART) 11:00 AM Courtyard Garden & Outdoor Sports Court (SH) 11:00 AM History Discussion Group (#3) 12:30 PM Bridge (Resident	10:00 AM Virtual Movement (On the big screen in the Social Hall) (SH) 11:00 AM Jewish Art Education (SH) 11:00 AM Laughter Yoga class with Dan (#3) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Poker Game (Resident Run) (#2)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: Music by the Decade: 1990's! (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour and Dance and Movement with Roz and Jerry Meet us on the dance floor Both seated and standing	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services-Rabbi Kim Blumenthal (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (#3)

3:00 PM Brad Emmett (Trio) 1040's to 1970's Lively and Engaging Music (SH) 3:15 PM Mahjong Game (Resident Run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8)	2:00 PM Bingo (SH) 3:00 PM Peter Grattan(Trio)-Lively and Engaging Music (SH) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Social Hall: Feast of Love (SH)	(SH) 2:00 PM Brain Game with Dana (Rummikub and word within a Word) (#3) 3:00 PM Iris Music Project: From Brooklyn to Broadway-Neil Diamond's Story with Joanna (SH)	Run) (#1) 1:00 PM Iris Music Project: Ring House Singers: Musical Exoticism-Sounds of Distant Lands with Jiyoung (SH) 1:00 PM Health Seminar: Emotional Wellness: Take Care of Your Whole Self (#3) 1:00 PM Poker (Resident Ran) (#2) 2:00 PM Jewish Scholar: Rabbi Daphe Price (SH) 3:00 PM Genealogy (Sy) (SH)	2:00 PM Bingo (SH) 3:00 PM Great Courses: 09:Southern Appalachian Peaks and Valleys 10: The Florida Keys: Tropical Paradise Parks (SH) 7:30 PM Movie in the Social Hall: Letters to Juliet (SH)	(NL) 2:00 PM Hal and His Pals Performance (SH) 3:00 PM Music and Movement with Dan (NL) 4:15 PM Erev Shabbat Services-Jeffrey Kirschenbaum (SH)	3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:05 PM Havdalah (Resident Run) Rabbi Marvin Bash and attendees (NL)
25	26	27	28	29	30	31
9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Virtual Movement (On the big screen in the Social Hall) (SH) 11:00 AM News & Views with Stan Wolf (#3) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Trivia with Jeff (#3) 2:00 PM JSSA L'Chaim (To Life) Chorale Practice (for those who have signed up) (SH) 3:00 PM Beth El Simcha Band (SH) 3:15 PM Mahjong Game (Resident Run) (#1) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 7:30 PM Comedy Night (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 1:00 PM Poker Game (Resident Run) (#2) 1:00 PM Theater J Golden Age of Cinema (For those who have sign up) (SH) 2:00 PM Bingo (SH) 3:00 PM Mindful Monday's Workshops, with Marilyn who is therapist (#3) 7:15 PM Mahjong Game (Resident Run) (#1) 7:30 PM Movie in the Social Hall: The Mad Adventures of Rabbi Jacob (SH)	10:00 AM Movement with Dan: Better Balance (SH) 10:15 AM Iris Music: Open Rehearsal with the Trio (NL) 11:00 AM The Israeli Elections-How They Work and Why They Matter with Steve Kerbel (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Israeli/Folk Dancing (NL) 1:00 PM Creativity Plus (Poetry & Prose) updated (#3) 3:00 PM Iris Music Project: Why Symphony Fantastique Sounds So Scary? with Joanna (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Guided Meditation (975 & 8) 11:00 AM Write Now with Christine (#3) 11:00 AM Courtyard Garden & Outdoor Sports Court (SH) 11:00 AM Broadway Lectures and Tours with Steve Friedman (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Health Seminar: Health Literacy & Dental Wellness: Know Your Health (#3) 1:00 PM Poker (Resident Run) (#2) 2:30 PM Caberet Show with Jerry and Roz (SH)	10:00 AM Virtual Movement (On the big screen in the Social Hall) (SH) 11:00 AM Laughter Yoga class with Dan (#3) 1:00 PM Ice Cream Thursdays (NL) 1:00 PM Poker Game (Resident Run) (#2) 2:00 PM Bingo (SH) 2:00 PM Chug Ivri- Hebrew Club (#3) 3:00 PM Great Courses: 11:West Texas: Where the West Is Still Wild 12: Adventures in the Ozarks and Ouachitas (SH) 7:30 PM Movie in the Social Hll: Thelma (SH)	10:00 AM Movement with Dan: Strength and Stability (SH) 11:00 AM Iris Music Project: Spooky Classic with Lauren (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Happy Hour (NL) 2:00 PM Erin Frisby-1940's-1970's pop/rock and jazz music (SH) 3:00 PM Music and Movement with Dan (NL) 3:00 PM Iris Music Project: Music Committee Meeting (#3) 4:15 PM Erev Shabbat Services-Steve Kerbel (SH)	9:00 AM Soothing Nature Sounds (975 & 8) 10:00 AM Movement (975 & 8) 10:30 AM Shabbat Services-Cantor Jeff Moss (SH) 12:30 PM Bridge (Resident Run) (#1) 1:00 PM Scrabble Games (Resident Run) (#2) 1:30 PM Talmud Study (in English Translation) (#3) 3:00 PM Yiddish Group (NL) 4:00 PM Seated Chair Exercise: Yoga (975 & 8) 6:57 PM Havdalah (Resident Run) Rabbi Marvin Bash and attendees (NL)